

Incidence 1:10000
Carrier 1:60
♂ > ♀

Spinal muscular atrophy SMA

AR

motor neuron dis.

Lower

hypotonia
hypo reflexia
muscle atrophy
progressive weakness

أحبال عصبية
Bulbar weakness (medulla)
affect respiration.
↓
Resp. arrest
↓
death.

SMN

survival motor neuron.

✓ growth of axon
/ arrest of apoptosis.

types 1 2 3 4
المسئولة 90% of function
أصناف
كلما كان فيه زيادة كان الـ prognosis أحسن لأنه يعود النقص

ليجى الـ SMN
↓ SMN

according to SMN2 #
↑ prognosis
↑ age of incidence.

orthopedics | resp | #

Overview of spinal muscular atrophy types (1)					
Type of SMA	<i>prenatal or congenital</i> Type 0 SMA	<i>Infantile</i> Type I SMA (Werdnig-Hoffmann disease)	<i>late infantile</i> Type II SMA	<i>Juvenile</i> Type III SMA (Kugelberg-Welander disease)	<i>adult</i> Type IV SMA (adult SMA)
Proportion of all SMA cases [2]	< 1%	55% MC	~ 30%	~ 15%	< 1%
Severity	Very severe	Severe	Intermediate	Mild	Mild
Age of onset	Prenatal	0-6 months	7-18 months	> 18 months	10-30 years
Typical features	<ul style="list-style-type: none"> Prenatal: absent or decreased fetal movements At birth [3] <ul style="list-style-type: none"> Severe muscle weakness and hypotonia Respiratory failure 	<ul style="list-style-type: none"> Severe muscle weakness (flaccid paralysis) and infantile hypotonia (frog-leg posture) Symmetrical involvement of proximal muscles, mostly of the lower extremities Intercostal muscle weakness → paradoxical breathing Upper cranial nerves are not affected. Diminished or absent deep tendon reflexes Severe bulbar palsy <ul style="list-style-type: none"> Respiratory failure Atrophy and fasciculations of the tongue Fasciculations of the fingers Weak cry and cough Inability to swallow → difficulty feeding, drooling, ↑ risk of aspiration Recurrent hip dislocation 	<ul style="list-style-type: none"> Fine hand tremors Delayed motor milestones Poor weight gain Weak cough Musculoskeletal abnormalities <ul style="list-style-type: none"> Joint contractures Hip dislocation Kyphosis Scoliosis 	<ul style="list-style-type: none"> Delayed motor milestones Variable degree of muscle weakness Cramps, muscle aches Joint pain 	
Motor milestones	Typically, none are achieved	Never sits	Able to sit independently, but cannot stand without support	Able to stand and walk independently	
Life expectancy	< 6 months	~ 2 years	Approx. 30 years	Near normal life expectancy	

Diagnosis :-

- Genetic
- EMG
- large amplitude
- low frequency

Treatment :-

في الـ SMN2 ويونى كفايته
بإضافة النوع الـ SMN1

Genetic

- IV
- < 2 years old
- once life time

Nusinersen antisense oligonucleotide

- Intrathecal
- 7 doses → 1st 4 → loading 1 month
- All ages → then 3 → maintenance 5 months
- very expensive ~ \$M!



Risdiplam

- orally
- all ages > 2 months
- 60 mg / 80 mL

Prophyl