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Lecture 1

hypothalami. Pituitary relationship

Done by:

Tuqa al- massaeed



- 1. The hypothalamo hypophysial portal system carries hormones from the? Select one:
- A. Brain to thyroid gland
- B. Anterior pituitary to the hypothalamus
- C. Hypothalamus to the posterior pituitary
- D. Posterior pituitary to the hypothalamus
- E. Hypothalamus to the anterior pituitary/

answer: e

- 2. Which of the following not produce by anterior pituitary?
- A. TSH
- B. FSH
- C. GH
- D. Prolactin

E. ADH / Ans:e

- 3.Which of the following not secreted by anterior pituitary P
- A. TSH
- B. ACTH
- C. FSH
- D. Oxytocin / Answer:d
- 4. Which of the following anterior pituitary hormones plays a major role in the regulation of a nonendocrine target gland?
- A) Adrenocorticotropic hormone
- B) Thyroid-stimulating hormone
- C) Prolactin
- D) Follicle-stimulating hormone
- E) Luteinizing hormone

الْطُنُّ الْجُرادُةُ

Answer: c

5.All of the following affect by Inhibitory and stimulatory hormones of hypothalamus

except:

A - Prolactin.

B-TSH.

C-MSH.

E-ESH.

answer: c

6. Which of the following statement is correct:

- A Short loop feedback means physiological effect itself inhibits the secretion of the gland itself.
- B- Long loop feedback means control by the hormones of the effector organ.
- C-Long loop feedback means physiological effect itself inhibits the secretion of the gland itself.
- D-Short loop feedback means control by the hormones of the effector organ.
- E- Ultra short feedback means control by the pituitary hormones themselves.

Answer: b



- 7. Which is correct about connection between hypothalamus and pituitary gland:
- A- Vascular connection between hypothalamus and anterior pituitary in the form of hypothalamo-hypophyseal tract.
- B- Vascular connection between hypothalamus and anterior pituitary in the form of hypothalamo-hypophyseal portal circulation.
- C- Nervous connection between hypothalamus and anterior pituitary in the form of hypothalamo-hypophyseal portal circulation.
- D- Vascular connection between hypothalamus and posterior pituitary in the form of hypothalamo-hypophyseal tract.
- E- Nervous connection between hypothalamus and posterior pituitary in the form of Hypothalamo-hypophyseal portal circulation.

Answer: b



- 8.All of the following increase after taking glucocorticoid except:
- A Histamine.
- B-Blood pressure.
- C-Glucose.
- D-Plasma lipids.

answer: a

- 9.One of the following will inhibit prolactin secretion:
- A Bromocriptine.
- B- Ganirelix.
- C-Gonadorelin.
- D- Growth hormone.
- E-Leuprolide.

answer:a

- 10. Which of the following inhibit growth hormone secretion from hypothalamus:
- A Stress.
- B-Starvation.
- C- Hypoglycemia.
- D-Sleep.
- E- Somatomedin. Somatostatin

answer: e





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Lecture 2

Anterior pituitary

Done by:

Alaa hdayat



- 1. Which of the following inhibit growth hormone secretion from hypothalamus :
- A-Stress.
- B-Starvation.
- C- Hypoglycemia.
- D-Sleep.
- E-Somatomedin.

Answer: E

- 2)All of the following increase after taking glucocorticoid except:
- A- Histamine.
- B-Blood pressure.
- C-Glucose.
- D-Plasma lipids.

Answer: A

- 3-All of the following affect by Inhibitory and stimulatory hormones of hypothalamus except:
- A-Prolactin.
- B-TSH.
- C-MSH.
- D-LH.
- E-FSH.

Answer:c



- 4. Which of the following not produce by anterior pituitary?
- A. TSH
- B. FSH
- C. GH
- D. Prolactin
- E) ADH

Answer: E

5-Which of the following not secreted by anterior pituitary?

- A. TSH
- B. ACTH
- C. FSH
- D) Oxytocin E.PRL

Answer: D

6-The hypothalamo - hypophysial portal system carries hormones from the?

Select one:

- A. Brain to thyroid gland
- B. Anterior pituitary to the hypothalamus
- C. Hypothalamus to the posterior pituitary
- D. Posterior pituitary to the hypothalamus
- E) Hypothalamus to the anterior pituitary

Answer:E



- 7_All of the following is affected by inhibitory and stimulatory hormones of hypothalamus except?
- A) Thyrtotropic hormones
 - 8_l are true according to the gonadotropin toxicity and contraindication except?
 - A)multiple pregnancies
 - B)Headache
 - C)edema and depression
 - D)ovarian hypostimulation syndrome

Answer: D

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Lecture 3

Thyroid gland

Done by:

Alaa hdayat



- 1. Thyroxin responsible for:
- A-Increase peripheral resistance.
- B-Increase number of beta receptor.
- C- Decrease pulse pressure.
- D- Causes diuresis and decrease excretion of potassium in urine.
- E-Inhibit conversion of B-carotens to vitamin A.

Answer: B

- 2)All of the following associated with hypothyroidism except:
- A) weight gain
- B) cold intolerance
- C) slow heartbeat
- D) nervousness

Answer: D

- 3-All Adverse effects of thyroid hormones, except?
- A) tachycardia
- B) ~ Anginal attacks
- C) Hyperthyroidism with high doses
- D) Arthralgia

AnswerDc



- 4.thyrocalcitonin is secreted by:
- A) ante...rior pituitary
- B) hypothalamus *
- C) thyroid
- D) parathyroid
- E) adrenal

Answer: c

6-59) The goiter:

A.increase the function of thyroid gland

B)increase the size of thyroid gland *

C. increase the function and size of thyroid gland

Answer:B



- 8_l 2) All are true according to the adverse effects of thyroid hormones except?
- A)Muscle pain(myalgia) B)Anginal attacks
- C) Headache
- D)hyperthyrodism
- E)Arrhythmias

Answer: B

التحديات ليست سوى حجارة تُصقل بها عزيمتك، والفشل مجرد معلّم في رحلتك. لا تتراجع، فالنجاح لا يختار الأكثر موهبة، بل الأكثر إصرارًا.!





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Lecture 4

Post. Pituitary



Which of the following stimulate release of ADH:

- A- Decrease osmolarity which stimulate osmoreceptor.
- B-Increase osmolarity which Inhibit osmoreceptor.
- C- Hemorrhage is the most potent stimulus.
- D- Alcohol consumption.

Answer: C

All off the following related to oxytocin is incorrect except:

- A- Milk ejection is the most important function.
- B- Helps the process of normal labor.
- C- Helps involution of the uterus after delivery.
- D- Has antidiuretic effect.
- E-Increase uterus sensitivity to progesterone

Answer: E



If a woman hears her baby cry, she may experience milk ejection from the nipples even before the baby is placed to the breast. What is the explanation for this?

- A) The sound of the hungry baby's cry elicits secretion of oxytocin from the posterior pituitary, which reaches the breast and causes contraction of the myoepithelial cells
- B. The sound of the hungry baby 's cry causes a reflex relaxation of the myoepithelial cells, allowing the milk to flow
- C. The sound of the hungry baby's cry elicits a surge of prolactin from the anterior pituitary, which promptly stimulates milk production from the breast.
- D.The sound of the hungry baby 's cry elicits sympathetic nervous system discharge that causes contraction of the myoepithelial cell

Answer: A



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Lecture 5

Done by:

Mohammad Alzoubi



1)One of the following is correct about function of parathyroid hormone:

- .Increase calcium reabsorbtion from distal renal tubule
- .Decrease phosphate reabsorbtion from distal renal tubule

Answer: A

: Calcitonin is important in all of the following except(2

- A-hypercalemia
- B-Paget's disease of bone
- C-metastatic bone cancer
- D- post menopausal osteoporosis
- E- hypocalcemia

Answer:E

3) Which of the following is not involved in regulation of plasma Ca++ levels

- A.Kidneys
- B.Skin
- C. Liver
- D.Intestine
- E) Lungs

Answer:E

4All Treatment of hypercalcemia excep

- A)calcitonin
- <mark>B)Bisph</mark>osphonate
- C)phosphate
- D)PTH

Answer:D



?5All Treatment of hypocalcemia except?

A)calcium(iv or oral)

B)Vit.D

C)PTH

D)calcitonin

Answer:D

6) All Treatment of osteoporosis except?

- A)calcitonin
- B)Estrogen replacement therapy
- C)Dietary Ca supplements & Vit.D
- D)PTH

Answer:D

7) Calcitonin is secreted from?

- A)chief cells
- B)islet of langerhans
- C)parafollicular cells(c-cells)
- D)oxyphil cells

Answer: C



Endo - physiology

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Lecture 6

Done by:

Mohammad Alzoubi



1)All of the following act by same mechanism except:

- .A- Glucagon
- .B- GH
- .C-IGH
- .D- Cortisol
- .E-Epinephrine

Answer: C

: Steroid hormone that response for regulate blood glucose

- .A-Aldosterone
- .B-Estradiol
- .C-Cortisol
- .D- Testosterone
- .E-Progesterone

Answer: C

?Insulin deficiency causes(3 Increaed ketogenesis



Endo - physiology

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Lecture 7

adrenal gland,zona granulosa and fasciculata

Done by:

Razan fawwaz



- 1. Steroid hormone that response for regulate blood glucose:
- A- Aldosterone.
- B-Estradiol.
- C- Cortisol.
- D- Testosterone.
- E-Progesterone.

Answer: C

- 2. Deficiency in 11-beta hydroxylase can lead to:
- A-Decrease in aldosterone and cortisol.
- B- Salt wasting hypotension.
- C-Decrease renin.
- D-Decrease in aldosterone only.

Answer: A

- 3. Aldosterone:
- A) decrease Na absorption from ECF
- B)increase NAabsorption from 1cF
- C)increase NA absorption from GIT

Answer: c

Explanation: aldosterone increases Na in blood in order to control low blood pressure. The most important sites for aldosterone action are Gl and urinary systems



- 4. All of the following are related to high renin and high
- Aldosterone, except?
- A) Adrenal adenoma
- B)Hypotension
- C) Renal artery stenosis
- D) Hypokalemia

Answer:B

- 5. The strongest stim ulus on aldosterone?
- A. Low blood pressure
- B. Hyperkalemia
- C. hyponutrimia

Answer A

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Lecture 8

organ with endocrine function

Done by:

Razan fawwaz



- 1. One of the following statement is correct regarding melatonin:
- A-Secreted from anterior pituitary.
- B-Increase in darkness.
- C- Inhibited by adrenaline from sympathetic nervous system.
- D-Suppresses neuromuscular activity.
- E-Stimulate the onset of puberty.

Answer: B

2. All of the following affect by Inhibitory and stimulatory hormones of hypothalamus

except:

A-Prolactin.

B-TSH.

C-MSH.

D-LH.

E-FSH.

Answer: C



- 3. Secretin hormone:
- A- Stimulate pancreatic duct secretions.
- B-Increase glucagon secretion.
- C-Stimulate the secretion of gastric acid in stomach.
- D-Inhibiting contraction of gall bladder.
- E-Enhancing the absorption of nutrients in small intestine.

Answer: A

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Lecture 9

Medullary of adrenal gland and adrenal insufficiency

Done by:

Razan fawwaz

