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# Renal Disease

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#### Diseases of the kidney

- Kidneys carry out many functions that require a high degree of structural complexity.
- Renal diseases are responsible for a great deal of morbidity & mortality
- Four basic morphologic components: glomeruli, tubules, interstitium, & blood vessels.

# CLINICAL MANIFESTATIONS OF RENAL DISEASES

- Azotemia an elevation of blood urea nitrogen(BUN) & creatinine levels → usually reflects a decreased glomerular filtration rate (GFR).
- Uremia: When azotemia gives rise to clinical manifestations & systemic biochemical abnormalities.

Failure of renal excretory function + metabolic & endocrine alterations incident to renal damage.



## CLINICAL MANIFESTATIONS OF RENAL DISEASES

- Acute kidney injury abrupt onset of renal dysfunction; an acute increase in serum creatinine often ass/w oliguria or anuria (decreased or no urine flow, respectively).
- Chronic kidney disease results from progressive scarring in the kidney of any cause.
  Metabolic & electrolyte abnormalities such as hyperphosphatemia, dyslipidemia, & metabolic acidosis. Often asymptomatic until the most advanced stages → symptoms of uremia develop.



## CLINICAL MANIFESTATIONS OF RENAL DISEASES

- End-stage renal disease (ESRD) is irreversible loss of renal function requiring dialysis or transplantation typically due to severe progressive scarring in the kidney from any cause.
- Urinary tract infection (UTI) bacteriuria & pyuria (bacteria and leukocytes in the urine).
   Symptomatic or asymptomatic. Affect the kidney (pyelonephritis) or the bladder (cystitis) only.
- Nephrolithiasis formation of stones in the collecting system. Manifested by renal colic & hematuria









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## **GLOMERULAR DISEASES**

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A major problems in nephrology; Chronic glomerulonephritis is one of the most common causes of chronic kidney disease

02 The glomerulus: anastomosing network of capillaries invested by: two layers of epithelium: visceral & parietal epithelium

The visceral epithelium (composed of podocytes) is part of the capillary wall

the parietal epithelium encircles Bowman space (urinary space), the cavity in which filtrate of plasma collects.

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Nephrin molecules from adjacent foot processes forming slit diaphragm

# Mechanisms of Glomerular Injury & Disease

**01** Glomerular diseases ...

#### **02** Immune mechanisms

most types of primary diseases & many of the secondary  Primary: kidney is the only or predominant organ involved

Secondary: Injured in the course of a systemic diseases

Deposition of circulating antigen-antibody complexes in the glomerular capillary wall or mesangium.

Antibodies reacting in situ within the glomerulus, either with fixed (intrinsic) glomerular antigens or with extrinsic molecules that are planted in the glomerulus

## The two most common syndromes associated with glomerular diseases:

#### **01** Nephr<u>o</u>tic syndrome

- Massive Proteinuria, daily protein loss in the urine of = > 3.5 g
- Hypoalbuminemia, with plasma albumin < 3 g/dL
- Generalized edema, the most obvious clinical manifestation
- Hyperlipidemia and lipiduria

## • Hematuria (red cells & red cell casts in urine)

Nephr<u>i</u>tic syndrome **02** 

- **Proteinuria** (subnephrotic range) with or without edema
- Azotemia: elevation of blood urea nitrogen & creatinine levels. Reflects a decreased glomerular filtration rate (GFR).
- Hypertension



- In children , it is almost always ass/w a primary kidney lesion. Among adult, in contrast , it is often associated with systemic disease.
- The most frequent systemic causes of nephrotic syndrome are; diabetes, amyloidosis, and SLE (systemic lupus erythematosus)
- The most important primary kidney diseases that mostly manifest as Nephrotic Syndrome
- 1. Minimal-Change Disease, most common in children
- 2. Focal Segmental Glomerulosclerosis, highest prevalence in adults
- 3. Membranous Nephropathy, most common in older adults

# Minimal-Change Disease (MCD)

A relatively benign disorder. The most frequent cause of nephrotic syndrome in children.

Characterized by glomeruli that have a normal appearance by light microscopy (minimal).

develop at any age, most common at 1-7 years of

Pathogenesis: Unknown ?, Tcell dysfunction  $\rightarrow$  release factors that damage podocytes & efface foot processes.

Normal glomeruli on light microscopy (LM) & negative IF

The only obvious glomerular abnormality is the diffuse effacement of the foot processes of the podocytes on EM.

age.





Minimal change disease





- Typically abrupt nephrotic syndrome in an otherwise healthy child.
- No hypertension, & renal function is often preserved.
- Protein loss chiefly albumin  $\rightarrow$  selective proteinuria
- Prognosis for children is favorable; > 90% of children respond to a short course of corticosteroid therapy.
- Adults with also respond to steroid therapy, but slower & relapses are more common.
- Less than 5% develop chronic kidney disease after 25 years.

# Minimal change disease -Clinical

With long-standing or heavy proteinuria  $\rightarrow$  serum albumin is decreased  $\rightarrow$ hypoalbuminemia  $\rightarrow$  a drop in plasma colloid osmotic pressure  $\rightarrow$ leakage of fluid from the blood into extravascular spaces.



# Focal segmental glomerulosclerosis (FSGS)

Characterized by sclerosis of some (but not all) glomeruli (focal) that involves only a part of each affected glomerulus (segmental).

May be primary (idiopathic) or secondary

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Pathogenesis: not fully understood; Injury to podocytes is thought to represent the initiating event of primary FSGS Hyaline deposition in the glomeruli → caused by entrapment of plasma proteins & lipids in foci of injury → sclerosis. Secondary causes: HIV infection (5-10% of HIV patients), Heroin abuse, other forms of GN ( IgA nephropathy), nephron loss

50% develop renal failure in 10 years . The response to corticosteroid therapy is poor.







- LM: Sclerosis in some glomeruli not all of them; & in a segment not all of the affected glomerulus
- IF: In affected glomeruli, negative or nonspecific trapping of immunoglobulins,
- EM: Podocytes exhibit effacement of foot processes as in minimal-change disease.
- Collapsing glomerulopathy- FSGS morphologic variant
- > Collapse glomerular tuft & epithelial cell hyperplasia.
- > severe form with worse prognosis
- > Can be: idiopathic, ass/with HIV infection, or drug-induced toxicities









Collapsing glomerulopathy-FSGS morphologic variant

## MCD vs FSGS

It is important to distinguish FSGS from minimal-change disease, because the clinical courses &responses to therapy are markedly different.

	MCD	FSGS
Hematuria.	Absent	Present
Hypertension	Absent	Present
Proteinuria	Selective	nonselective
Response to corticosteroid	Excellent	Poor

# Membranous Nephropathy

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Chronic immune complex glomerulonephritis

Antibodies reacting in situ to

endogenous antigens

Antibodies reacting in situ to planted glomerular antigens

**12** 75% of cases are Primary (called idiopathic)

Secondary

Antibodies against the podocyte antigen phospholipase A2 receptor (PLA2R)

Infections: chronic HBV, malaria , syphilis
 Malignancies ; Ca. of lung & colon, melanoma
 Autoimmune diseases, particularly SLE
 Exposure to inorganic salts (gold, mercury)
 Drugs (penicillamine, captopril, NSAIDs).

# Membranous Nephropathy - Morphology - LM

The main histologic feature is diffuse thickening of the capillary wall (GBM glomerular basement membrane)on routine H&E stains



# Membranous Nephropathy - Morphology - EM

EM reveals that thickening is caused by <u>subepithelial</u> deposits, which nestle against the GBM & are separated from each other by small, spike-like protrusions of GBM matrix that form in reaction to the deposits (**spike & dome pattern**)



# Membranous Nephropathy - Morphology - LM



A silver stain (black) of the GBM → appears with characteristics spikes (projections in capillary loops)





# Membranous Nephropathy - Morphology - IF



IFmicroscopy demonstrates that the **granular** deposits contain both immunoglobulins & complement

# Membranous Nephropathy -Clinical



- In contrast to MCD, the proteinuria is nonselective
- Usually fails to respond to corticosteroid therapy
- Secondary causes should always be ruled out
- Variable prognosis:
- Proteinuria persists in > 60% of patients
- > ~ 40% progress to renal failure over 2 to 20 years.
- > 10-30% benign course  $\rightarrow$  partial or complete remission of proteinuria.



- Often characterized by inflammation in the glomeruli; proliferation of the cells in glomeruli & leukocytic infiltrate.
- Inflammation causes injury in capillaries → permeable to RBCs & other contents → hematuria
- ↓↓ GFR + augmented Renin/aldosterone (fluid retention & ↑↑ plasma volume) → Hypertension
- The acute nephritic syndrome may be caused by primary glomerular diseases; postinfectious glomerulonephritis (GN) & various forms of crescentic GN, diffuse proliferative GN, IgA nephropathy or as a result of systemic disorders such as SLE

## Membrano-proliferative Glomerulonephritis (MPGN)

**Dest considered as a pattern of immune mediated injury rather than a specific disease:** Alterations in the GBM & mesangium, & proliferation of glomerular cells.

03) MPGN type I

80% of cases. Immune complex activate both classical & alternative complement pathways.

### Presentation **02**

50% of cases → nephrotic syndrome. It may begin as acute nephritis or as mild proteinuria

#### Dense Deposit Disease 🄅

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Formly MPGN type II. Excessive complement activation

## MPGN - Pathogenesis



- The antigens Mostly are proteins derived from infectious agents e.g., hepatitis C & B viruses;
- 1. "planted" antigens: after first binding to or becoming trapped within glomerular structures.
- 2. Contained in preformed immune complexes deposited from the circulation.

## Dense Deposit Disease 👔



- Complement dysregulation
- Autoantibody against C3 convertase (called C3 nephritic factor)
- Ab It stabilizes the enzyme
  → uncontrolled cleavage of C3 & activation of the alternative complement pathway

## MPGN- Morphology -LM

Glomeruli are large, have an accentuated **lobular** appearance; proliferation of <u>mesangial</u> & <u>endothelial</u> cells as well as infiltrating <u>leukocytes</u>



# MPGN- Morphology -LM

The GBM is thickened, and the glomerular capillary wall often shows a **double contour**, or "**tram track**," appearance, especially evident with use of silver



# MPGN I - Morphology -EM

Marked thickening of the glomerular capillary wall by immune deposits (short arrow) & by interposition of mesangial cell processes (long arrow).



# MPGN II/DDD - Morphology -EM

There are **dense** homogeneous deposits within the basement membrane. Ribbon-like appearance of subendothelial & intramembranous material





C3 is deposited in an irregular granular pattern, IgG and early complement components (C1q & C4) Only C3 is present in irregular foci in the GBM on either side but <u>not within the dense</u> <u>deposits</u>.





- The prognosis generally is **poor**.
- No complete remission;
- 40% progressed to renal failure
- 30% had variable degrees of renal insufficiency, & the remaining 30% had persistent nephrotic syndrome without renal failure.

#### Acute Postinfectious (Poststreptococcal) Glomerulonephritis

#### **01** About the Disease

Glomerular deposition of immune complexes resulting in (1) proliferation of & damage to glomerular cells (2) infiltration of leukocytes, (esp. neutrophils)

#### 03 Association

Initial infection in pharynx or skin. Classic pattern/most common  $\rightarrow$ poststreptococcal GN. (but ass/w other organisms; viral or bacterial) develops in a child 1-4 weeks after he/she recovers from a group A streptococcal infection.

#### Pathogenesis 🛛 🛛 🗛

Typically 02

Immune complexes containing streptococcal antigens & specific antibodies formed in situ → activate complement system

## Acute Postinfectious Glomerulonephritis Morphology -LM \_

Most characteristic change → increased cellularity of all glomeruli (nearly all glomeruli) → caused by (1) proliferation & swelling of endothelial & mesangial cells (2)by infiltrating neutrophils & monocytes.



### Acute Postinfectious Glomerulonephritis Morphology — IF & EM

EM: shows deposited immune complexes as **subepithelial "humps"** (on the epithelial side of GBM) IF: scattered granular deposits of IgG & complement within the capillary walls



# Acute Postinfectious Glomerulonephritis

- Most commonly present as acute nephritic syndrome
- Fever, nausea, gross hematuria, & mild proteinuria.
- Serum complement levels are low during the active phase of the disease.
- Serum anti-streptolysin 0 antibody titers are elevated in poststreptococcal cases.
- Recovery occurs in most children with poststreptococcal disease

# IgA Nephropathy (Berger Disease)

#### **01** About the Disease

One of the most common causes of recurrent microscopic or gross hematuria. Usually affects children & young adults

#### **03** Association

Similar IgA deposits are present in a systemic disorder of children, Henoch-Schonlein purpura. Renal manifestations occur in one third of patients. (same deposition pattern as IgA nephropathy)

#### Presentation (02

An episode of gross hematuria (within 1-2 days of a nonspecific URTI), hematuria lasts days & subsides, but it recurs periodically.

#### Pathogenesis ( 04

A genetically susceptible individual + URTI or GIT exposure to microbial or other antigens  $\rightarrow \uparrow\uparrow\uparrow$  IgA synthesis  $\rightarrow$ deposition of IgA & immune complexes in the mesangium

# IgA Nephropathy - Morphology

Different LM findings but whatevers the histologic lesions, the pathognomonic feature by IF is the deposition of IgA and C3, in the mesangial region. (diagnostic)



# **Rapidly Progressive (Crescentic) Glomerulonephritis**

Rapid loss of renal function if It is a clinical syndrome **N**1 untreated; (nephritic syndrome  $\rightarrow$ & not a specific etiologic oliguria  $\rightarrow$  renal failure ) in weeks to form of GN months 02

Characterized by the presence of crescents (crescentic GN)

Associated with number of disease

Formed by : (1) proliferation of epithelial cells & (2) migration of monocytes/ macrophages into Bowman's space in response to injury

Anti-GBM antibody-mediated crescentic GN (Goodpasture disease)

Any of the immune complex nephritides

Pauci-immune RPGN Serum ANCA

## RPGN — Goodpasture disease

#### Anti-GBM antibody—mediated crescentic GN

- Characterized by linear deposits of IgG in GBM.
- In some patients, anti-GBM antibodies
  bind to pulmonary alveolar capillary BM to produce the clinical picture of pulmonary hemorrhages ass/w renal failure →Goodpasture syndrome.
  - Anti-GBM Abs are in the serum  $\rightarrow$  Diagnosis.
- It is important to recognize Goodpasture disease→ benefit from plasmapheresis

 $\rightarrow$ removes pathogenic antibodies from the circulation.



# RPGN - Morphology - LM

Collapsed glomerular tufts and crescent-shaped mass of proliferating parietal epithelial cells & leukocytes internal to Bowman capsule



# Hereditary Nephritis - Alport Syndrome

- Hereditary nephritis: a group of heterogeneous familial renal diseases ass/w mutations in collagen genes & manifest primarily with glomerular injury.
- Alport syndrome manifest by nephritis + sensorineural deafness + various eye disorders (lens dislocation, posterior cataracts, & corneal dystrophy)
- Inherited as an X-linked trait in ~ 85% of cases
- GBM is composed of type IV collagen, heterotrimers of α3, α4, & α5 type IV collagen. This form of type IV collagen is crucial for function of the lens, cochlea, & glomerulus.
- Mutation of any one of the  $\alpha$  chains results in defective heterotrimer assembly  $\rightarrow$  manifestations of Alport syndrome

# Alport Syndrome — Morphology - EM

**Early**: GBM is thin & attenuated **Later**: develops irregular foci of thickening, splitting and lamination, yielding a "**basket-weave**"

appearance.















