# Lymph drainage of Abdomen, Head and Neck

# Dr. Aiman Qais Afar Al-Maathidy Surgical Anatomist

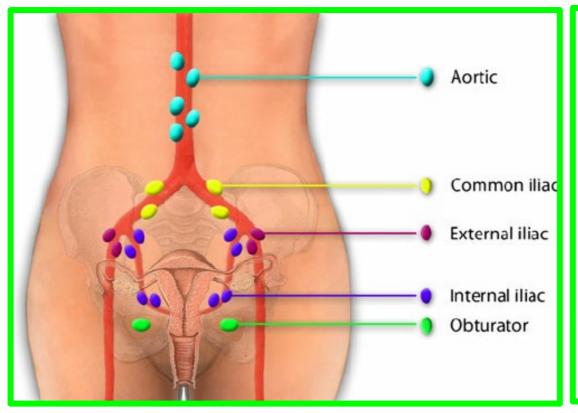
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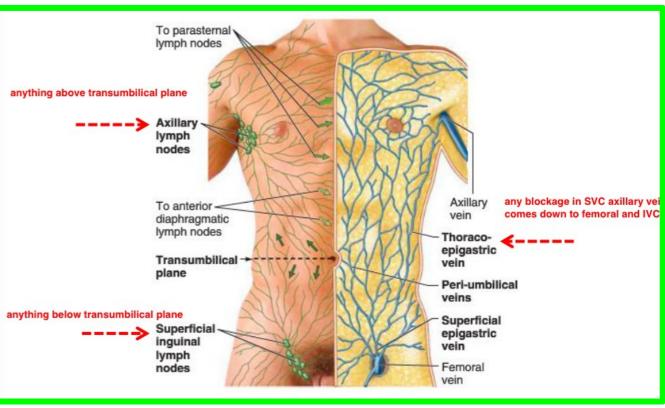
Wednesday 9 April 2025

Dr. Aiman Al Maathidy Wednesday 9 April 2025

#### \* Lymphatic Drainage of the Anterior Abdominal Wall

- **A- Superficial lymphatic**
- 1- Above the umbilicus: they drain into the axillary lymph nodes.
- 2- Below the umbilicus: they drain into the superficial inguinal lymph nodes.
- **B- Deep lymphatic**
- 1- Above the umbilicus: they drain into the parasternal lymph nodes.
- 2- Below the umbilicus: they drain into the external iliac Lymph nodes

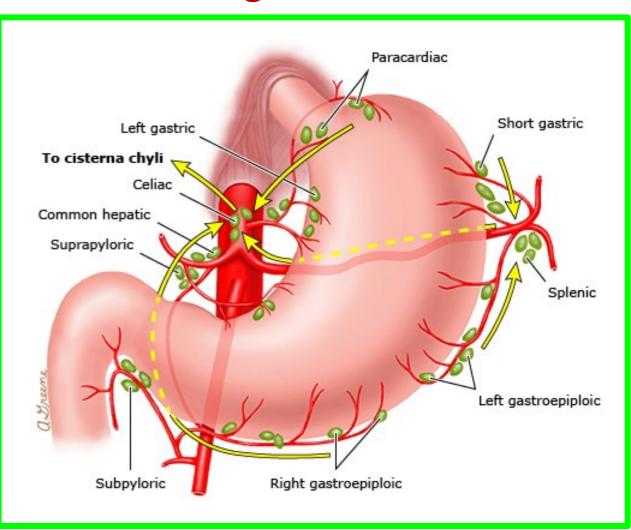




## \* Lymph Drainage of Stomach

✓ The lymph vessels follow the arteries into the left and right gastric nodes, the left and right gastroepiploic nodes, and the short gastric nodes.

✓ All lymph from the stomach eventually passes to the *celiac* nodes located around the root of the celiac artery on the posterior abdominal wall

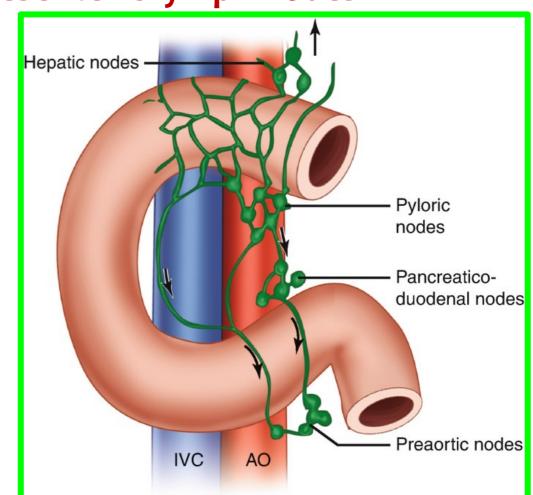


# \* Lymphatic drainage of the duodenum

- The upper part: drains into the hepatic lymph nodes
- The lower part: drains into the superior mesenteric lymph nodes

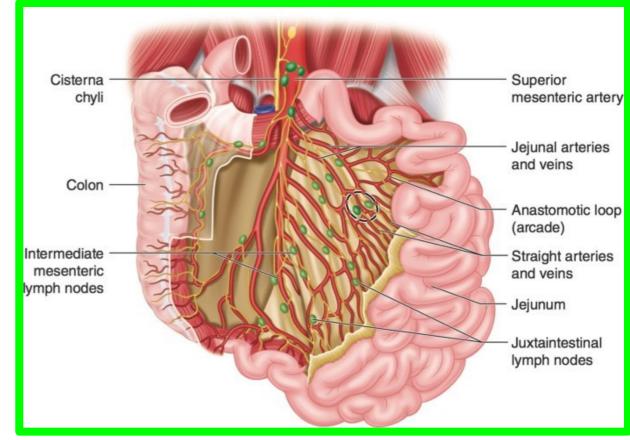
The lymph vessels follow the arteries and drain upward via pancreaticoduodenal nodes to the gastroduodenal nodes and then to the celiac nodes and

Downward via pancreaticoduodenal nodes to the superior mesenteric nodes around the origin of the superior mesenteric artery.



## \* Lymphatic drainage of the Jejunum and Ileum

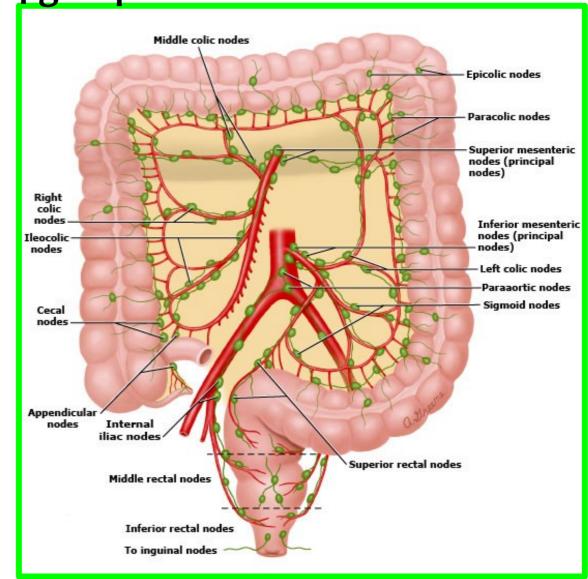
- ☐ The mesenteric lymph nodes are arranged into 3 groups:
- A) Small and numerous lymph nodes close to the small intestine.
- B)Larger and fewer lymph nodes along the jejunal and ileal vessels.
- C) Larger and fewer lymph nodes along the superior mesenteric vessels



5 Dr. Aiman Al Maathidy Wednesday 9 April 2025

# \* Lymphatic drainage of the colon

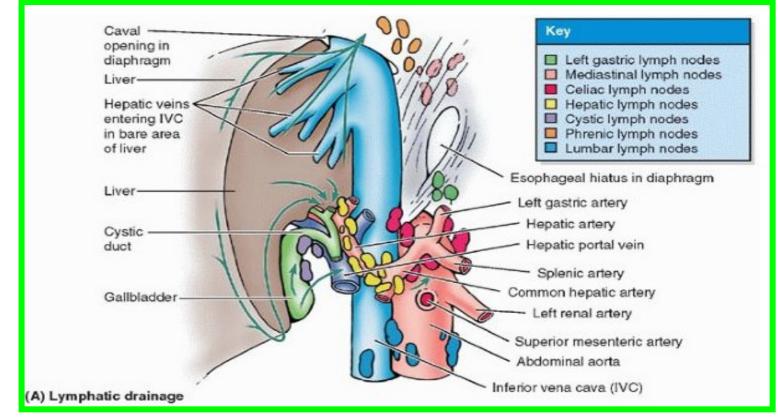
- ✓ The colic lymph nodes are arranged into 4 groups:
- 1- Epicolic lymph nodes: on the wall of the colon.
- 2- Paracolic lymph nodes: along the borders of the colon.
- 3- Intermediate colic lymph nodes: along the branches of the superior and inferior mesenteric vessels.
- 4- Terminal colic lymph nodes: along the superior and inferior mesenteric vessels.



# \* Lymph Drainage of the liver

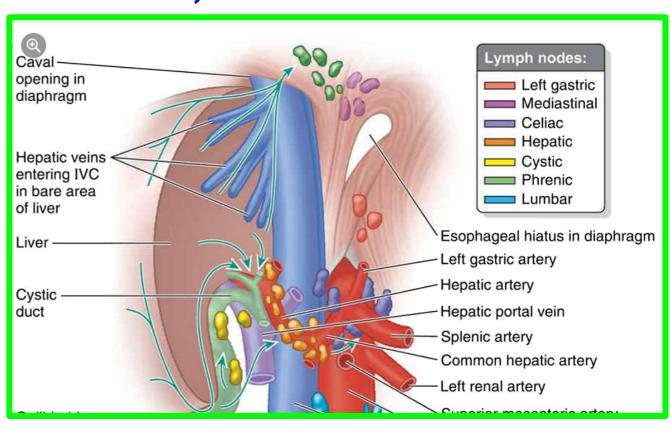
- ✓ The liver produces a large amount of lymph about one third to one half of all body lymph.
- ✓ The lymph vessels leave the liver and enter several lymph nodes in the portal hepatis.

✓ The efferent vessels pass to the celiac nodes.

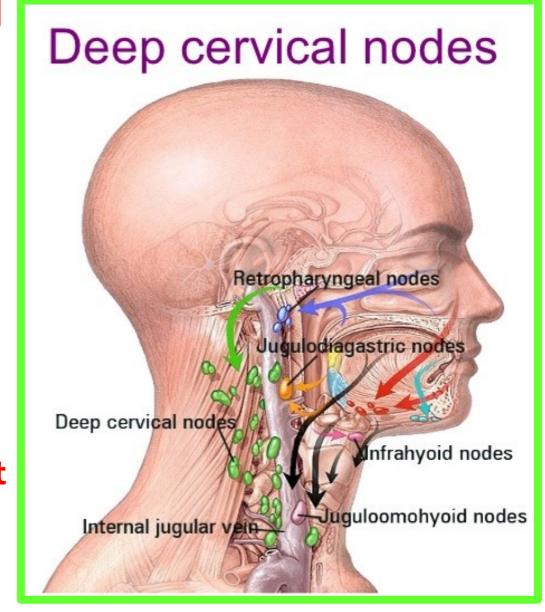


## \* Lymph Drainage of the liver

- 1- Superficial lymphatic drain the whole surfaces of the liver and end into:
  - a- The lymph nodes around the terminal part of IVC.
  - b- Hepatic lymph nodes (along hepatic artery).
  - c- Para-cardiac group (around the lower part of esophagus).
  - d- Celiac lymph nodes (around the celiac trunk).
  - 2-Deep lymphatics: divided into ascending and descending trunks
  - A. Ascending trunk end in the lymph nodes around the I.V.C.
  - B. Descending trunk end in the hepatic lymph nodes.



- All the lymph drainage from the head and neck goes to the deep cervical nodes.
- \* They receive afferents from other lymph node groups in the head and neck as well as directly from organs in these regions.
- ❖ Efferent from the deep cervical nodes form the jugular trunk which on the left drains into the thoracic duct and on the right into the right lymphatic duct.

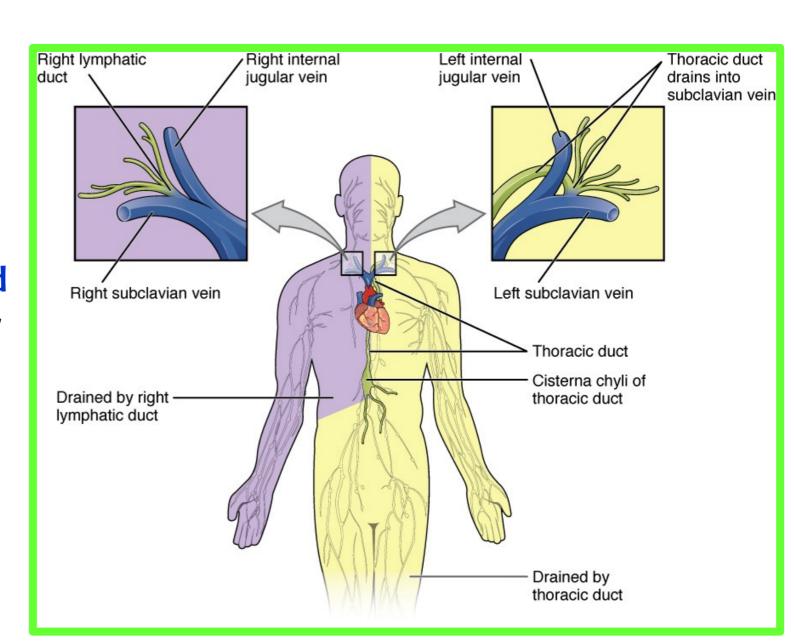


- The thoracic duct and
- The right lymphatic duct

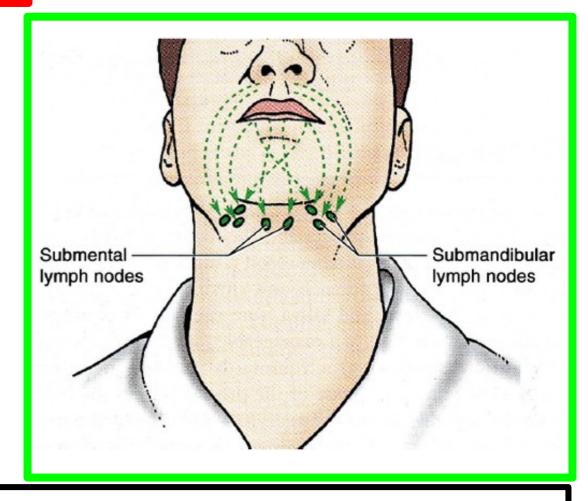
usually empty into the junction of the subclavian and internal jugular veins on their respective sides;

Otherwise they open into either of these veins.

Dr. Aiman Al Maathidy Wednesday 9 April 2025



- ❖There is a horizontal, encircling band of lymph node groups at the craniocervical junction.
- Nodes in all these groups are clinically palpable when enlarged.
- **❖1: Submental Nodes** lie across the midline, below the chin in the submental triangle

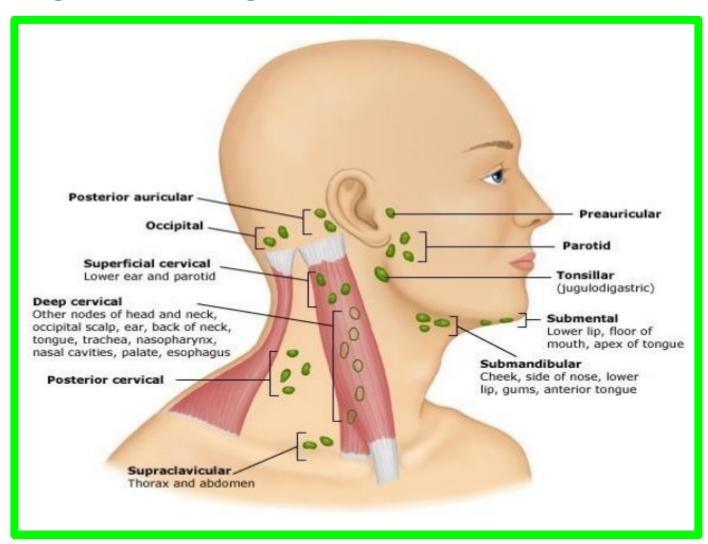


The other lymph node groups in the horizontal band are bilaterally represented.

\*2: Submandibular Nodes lie in the digastric triangle in relation to the

submandibular salivary gland

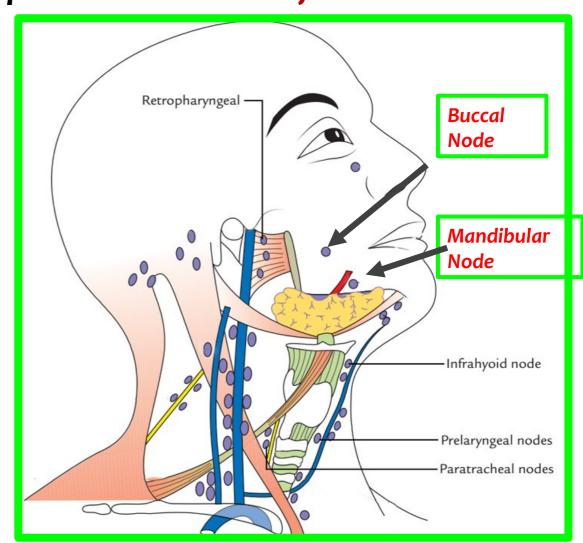
❖3:Preauricular Nodes are found both superficial and deep to the fascial capsule of the parotid, as well as within the gland



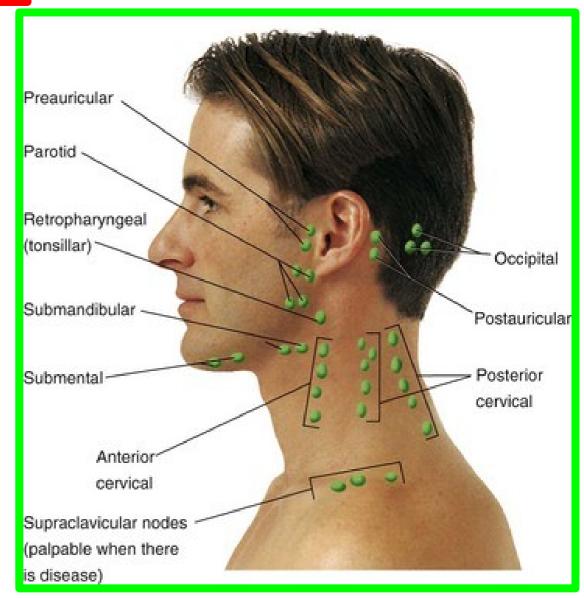
**4:** A Small Mandibular Node is frequently present where the facial vessels

cross the lower border of the mandible,

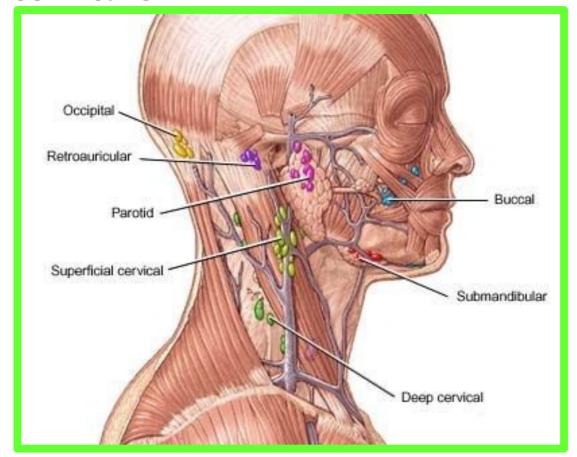
**❖5:** A Small Buccal Node lie on the lateral surface of the buccinator.



- **❖6:One or two mastoid (postauricular)**nodes lie on the mastoid process
- \*7:two or three occipital nodes are present at the apex of the posterior triangle of the neck.



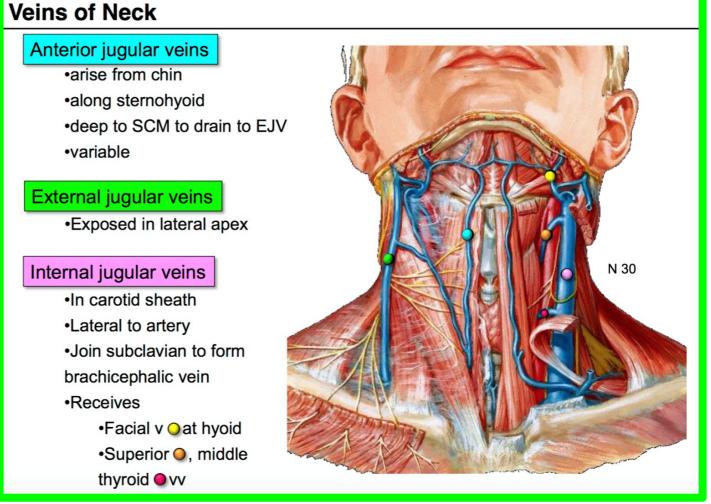
\*8:A few superficial cervical nodes lie along the external jugular vein, on the superficial surface of the sternocleidomastoid, and drain the lobule of the auricle, floor of the external acoustic meatus and skin over the lower parotid region, as well as the lateral cervical skin.



Dr. Aiman Al Maathidy Wednesday 9 April 2025

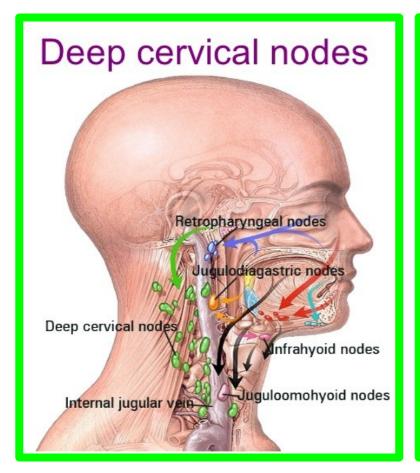
Anterior cervical skin drains to a few superficially located anterior cervical nodes along the anterior jugular veins; one such node frequently lies in the

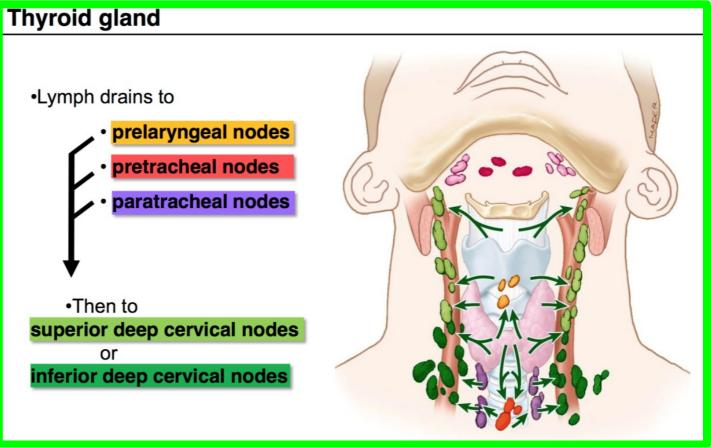
suprasternal space.



#### Deep cervical lymph nodes, Arranged into 2 groups

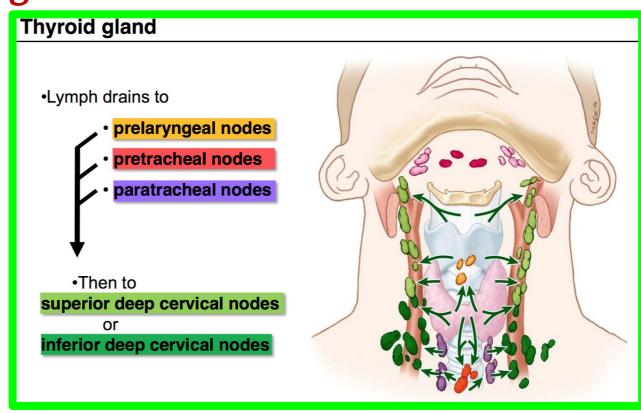
- 1- In the middle line
- 2- On the side of the neck



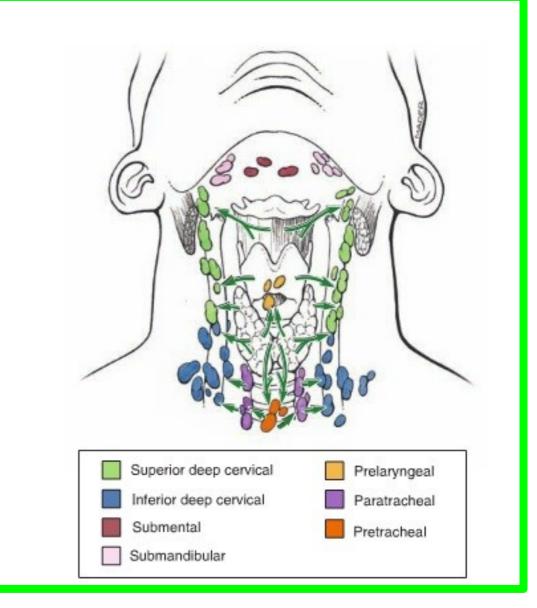


- 1- In the middle line
- ✓ Deep to the investing fascia at the front of the neck are
- ✓ Infrahyoid nodes lying on the thyrohyoid membrane,
- ✓ Prelaryngeal nodes on the cricothyroid membrane and
- **✓** Pretracheal nodes on the tracheal rings.

They drain the anterior cervical nodes and receive lymph from the larynx, trachea and thyroid gland

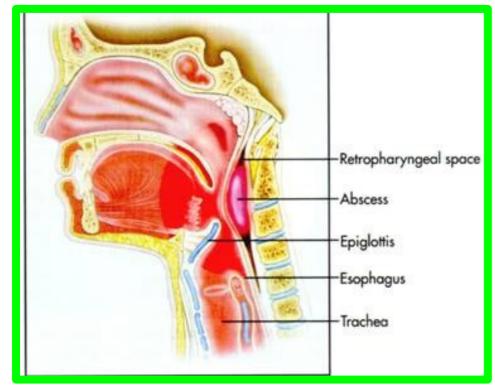


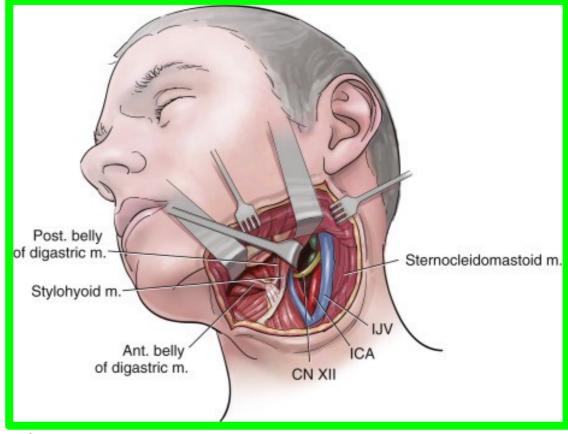
✓ Paratracheal nodes on either side of the trachea and oesophagus receive lymph from pretracheal nodes and directly from the trachea and oesophagus.



✓ Retropharyngeal nodes lie posterior to the pharynx and anterior to the prevertebral fascia. They drain the pharynx, soft palate, posterior parts of hard palate and nose, and the cervical vertebrae. When enlarged, these nodes can cause difficulty in swallowing (dysphagia) due to pressure on the

pharynx



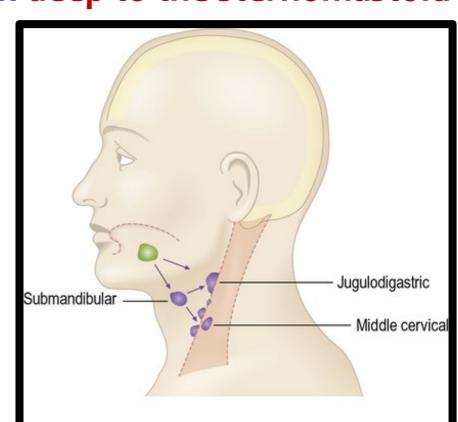


- 2- On the side of the neck
- These are the main lymph nodes in the neck.
- The lymph nodes are divided into 2 main groups,
- A- The upper deep cervical lymph nodes.

- Along the upper part of the internal jugular vein deep to the sternomastoid

muscle.

- ☐ The most important one is called the jugulo-digastric Lymph nodes. They lie in the angle between the posterior belly of digastnic and the internal jugular vein.
- ☐ It is concerned with the drainage of the tongue.



#### B- The lower deep cervical lymph nodes.

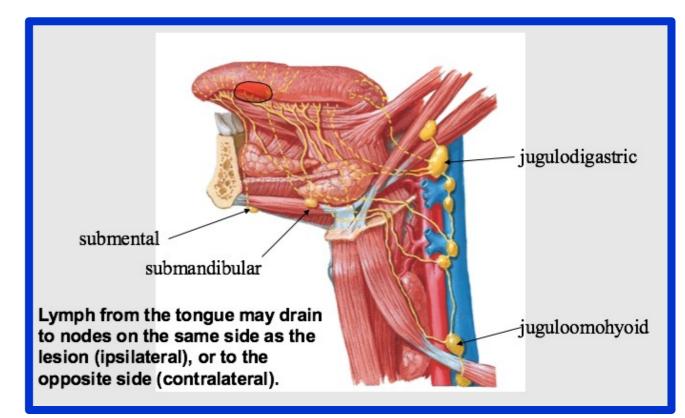
- Along the lower part of the internal jugular vein deep to the sternomastoid muscle.

- The most important one is called the jugulo-omohyoid lymph nodes. They lie in the angle between the intermediate tendon of omohyoid and the internal

jugular vein.

It is concerned specially with the drainage of the tongue.

 Efferent, The upper groups → lower groups → jugular lymph trunk



# Surgical approach

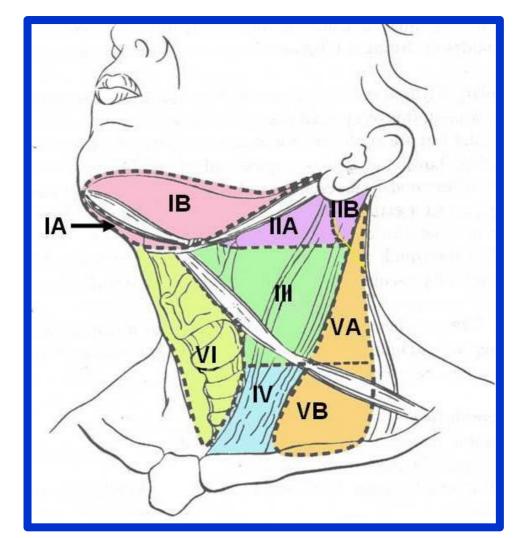
Surgeons treating malignant lymph nodes in the neck tend to classify them by

levels.

✓ Level I nodes are in the submental and submandibular triangles

✓ Level II–IV nodes are deep cervical nodes

✓ Level II being from the base of the skull to the carotid bifurcation (hyoid bone),



# Surgical approach

✓ Level III from there to the intermediate tendon of omohyoid (cricoid cartilage), and

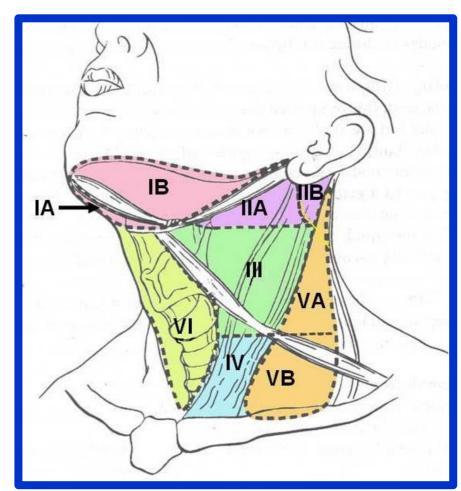
✓ Level IV from there down to the clavicle and including the supraclavicular

nodes.

✓ Level V nodes are in the posterior triangle of the neck, related to the accessory nerve.

✓ Level VI nodes are nodes surrounding the midline visceral structures and include the pretracheal and paratracheal nodes.

✓ Level VII nodes are in the superior mediastinum.



# Surgical approach

Classical radical neck dissection removed Level I–V nodes with the sternocleidomastoid muscle, internal jugular vein and accessory nerve.

Modified radical neck dissection (also called functional neck dissection) preserves some or all of these latter three structures.

Selective neck dissection removes some but not all Level I-V nodes.

