**Psychiatry miniOSCE**

**Nabed**

**2-Aug-2023**

1- Irritability , poor concentration , sleep problems , All of the following should be considered in the differential diagnosis , EXCEPT ?

A- PTSD

B- Premenstrual dysphoric disorder

C- GAD

D- Social anxiety disorder

E- Depressive disorders

Ans:D

2-case of female fears of social situational including contact with strangers?

\*Social phobia

3-cocaine Mechanism of action :

\*Dopamine release

4--Which of these is not a side effect of lithium?

A-Nephrogenic DM

B-thyroid enlargement

C-benign leukocytosis

D-weigh loss

Ans: D

5-alcohol is: GABA agonist

6-benzodazepines : GABA agonist

7-lorazepam: GABA A

8-not poor prognosis in OCD? Episodic symptoms

9-case of person belief that he owned the world what is youre diagnosis :grandeur delusion

10- The period requires to diagnosis of illness anxiety disorder : 6 months

11-true about history of eating disorder : 50% of bulimia nervosa have history of anorexia nervosa

12-A patient presented to clinic that has Russel sign, normal weight, what is the most likely diagnosis?

\*bulimia nervosa

13-One is find in anorexia nervosa:increse BUN

14--70-year-old male in the ICU due to multiple MI and stroke, on EEG there is a low wave in the background, he is confused and disoriented but he is not agitated, what is the diagnosis? Delirium

15-case of a female patient that likes to cross-dress and wants to undergo sex-change surgery claiming that “she is in the wrong body”

a-transgender

b-gender dysphoria

c-transvestic fetishism

d-frotterurism

e-necrophilia

Ans: B

16- A patient on antipsychotic started to experience restlessness and he says he is unable to set still?

A- Rigidity

B- Akathisia

C- Dystonia

D- Bradykinesia

E- Ataxia

Ans: B

17- Good prognostic factor for MDD:Severe depression

18- which of these is not a side effect of carbamezapine ? hypernatremia

19- Difficulty recognizing words with slow inaccurate reading is called:Dyslexia

20- In DSM-V criteria for enuresis, what is the duration needed for diagnosis? 2 times a week for 3 Months

21-Patient brought by his brother to the ER, he had a broad-based gate , on examination he was confused, ocular examination showed nystagmus , what should you ask about? Alcoholاشي زي هيك

22-not present ofl lewy body dementia:blindness

23-all of the following Risk factors for depression in women except:

A-3 or more children under the age of 14 at home

B-Low socioeconomic state

C-Not working outside home

D-Lack of confiding relationships

E-Loss of mother by death or separation before the age of 11 years

Ans: B

24-In which of the following disorders does the individual have the motivation to assume the sick role in the absence of any secondary gain? Factitious disorder

25- The criminal act should be preceded with which of the following to be considered as a crime? Mens rea

26-the most common presentation of affective disorders among patient with epilepsy: interictal depression

27- sleep complex and K spindle with which stage of sleep? N2

28-differece between PTSD and acute stress disorder: time

29- which of these is not a side effect of valporic acid ?

30\_case of male excessive sleepiness in a day time and sleep in office during do tasks : narcolepsy

31- sleep walking stage is: stage 3&4

32-17 years old male,2 years of isolation and hates eating with his family because he believes they put poisen on it and associated with deterioration of function:

1. Schizophrenia
2. Delusional disorder
3. Major depressive disorder

Ans: A

33-a case of borderline personality disorder what is the effective therapy: DBT

34-the difference between illness anxiety disorder and somatic symptom disorder: somatic need treatment to pain relief

35-the percentage for depression occurrence in epilepsy patient with more than one seizures per month: 21%

36-postpartum psychosis strongly related to: bipolar disorder

37-percentage for postpartum depression is : 10%

38- one of the following is not a PTSD criteria

39-wrong about methylphenidate: weight gain

40-all of the following are characteristics of hypomania except: delusion

August archive

Done by:

Shahd muhaisen

Sondos AlQatawneh

Rama Hreseh

1)Insight meaning?

A)the relationship between the patient and the doctor.

B)Patient knowledge that he has illness.

C)patient behavior

D) abstract thinking

2)how to differentiate between deliruim and dementia?

A) Consciousness

B) age

C) behavior

3)one of the following is wrong about deliruim?

A) Chronic

B) acute

C) more in old

D) also known as ICU psycosis

4) affect is type of the following?

A) Thought

B) Cognition

C) Mood

D) behavior

5) Alexithymia meaning?

A) Inability or difficulty in describing or being aware of one’s emotions or mood

B) Unable to read

C) motor disability

6)somatic symptoms duration?

A)1 month

B)3month

C)6month

D) 1 year

7)patient who has a negative body image and occupied with their weight , she regularly engages in eating binges followed by self inducing vomiting her weight is 48kg and height is 1.70 cm .what is the diagnosis:-

A- Anorexia nervosa restricting type

B- Anorexia nervosa binge eating/purging type

C- Bulimia nervosa

D- Binge eating disorder

8)timing for bulimia diagnosis?

A)2 times /w  for one month

B)1 time/w every month for 3 months

C)1time/w  for one month

9)Russell sign is diagnostic for?

A) anorexia nervosa

B)     Binge eating

C)     bulimia

10) best description for OCD?

A) decrease eye contact

B) Elevated mood

C) Recurrent repetitive behaviors to reduce stress

مش نفس الصيغة\*

D) Sterotype

11)in which stage sleep walking and talking occur?

A) n1

B) N2

C) N3&4

D) rem

12)k complex and spindles?

A)     n1

B)    N2

C)     N3&4

D)     rem

13)in which stage ejaculation occur?

A) n1

B) n2

C)n2&3

D) rem

14) patient complains of 3 aliens following him,whichpart of the brain is affected?

A) Frontotemporal

B)     Cortex

C)    Prefrontal cortex

D) mesolimbic

15) poor prognosis of schizophrenia:

A)     Gradual

B)     Marred

C)     Older age

D).        Female

16) Person with odd behavior and magical thinking , lack of close friends believes in superstitions, what is his diagnosis?

A)    Schizoid

B)    Schizotypal

C)    Anti social

D)        border line

17)which of the following is not lithium side effect?

A) Constibation

B)    Sedation

C)    Polyureia/polydepsia

D) Hypothyroidism

18)which of the following is not VA side effect?

A) Nystigmus

B) Diplopia

C) hirsutism

D) Pancreatitis

19)Which of the following is not carbamazipine side effect?

A) Nystigmus

B)    Hepatotoxicity

C)    Aplastic anemia

D) CYP 450 inhibition

20) one of the following best discribtion for lithium?

A) works immediately

B) narrow therapeutic index

C) dose not need CBC and hepatic Monitoring

D) safe for breastfeeding

21)which of the following is typical antipsycotic?

A)haloperedol

B)olanzapine

C)atmoxitine

D) TCA

22)SSRIs is safer than TCA and MOAI due to:مش\*متأكدين من الاجابة

A) cause less sexual dysfunction

B) work by inhibition of noradrenaline reuptake

C) less potential for seretonin syndrome

D) best choice for bipolar

E) less sleep disturbance

23)wrong choice for social phopia treatment:

A) methylphenidate

B) ssri

C) propranolol

D) CBT

24)we do thyroid exam for which patients?

A) depression

B) mania

C) panic attack

D) OCD

25)most common disorder in women?

A) OCD

B) schizophrenia

C) depression

D) phopia

26)which postpartum disorder has 70% prevalence ? A) maternal blue

B) depression

C) postpartum psychosis

27)child came to the ER with his parents complaining of loss of vision, the parents said that this happened after they had an argument, the child doesn't seem to be scared, what is the most likely diagnosis?

A) conduct disorder

B) selective mutism

C) malingring

D) convertion disorder

28) in which cycle Premature ejaculation occur?

A) desire

B) araousal

C) orgasm

D) refractory

29)which of the following is considered adjustment disorder?

A) psychosis

B) mixed depression and anxity

C) intermittent explosive

D) bipolar

30)avoidance occur in which disorder

A) PTSD

B) depression

C) Schizoaffictive

D) OCD

31)9 year old Patient with loss of bladder and bowel control,  decrease Cognitive function?

A) heller

B) asperger syndrome

C) rett syndrome

32)which of the following is not ASD criteria?

A) marked impairment in nonverbal behaviors.

B) stereotyped and repetitive motor mannerisms.C) persistent preoccupation with parts of objectsD) answer without permission

33)which of the following is not Atmoxitine side effect:

A) hepatic Toxicity

B) insomnia

C) weight loss

D) suicidal ideation

34)what is the first sign in alcohol Toxicity?

A) delirium

B) convulsions

C) nausea and vomiting

D) itching

35)what is the most illisit substance world wide?

A) cnnapis

B) nicotine

C) benzodiazipne

D) opioid

36)what is an example of hallucinogen?

A) opoid

B) LSD

C) barbiturate

D) heroine

37)Not included in the 4D's of Negligence in clinical malpractice?

A) Duty

B) Damage

C) Deviation

D) Direct causation

E) Discovery

38)patient who has fear of leaving home and being left alone?

a- social anxiety disorder

b- agoraphobia

c- generalized anxiety disorder

d- specific phobia

39)age for enuresis diagnosis?

A) 5 years

B) 3 years

C) 4 years

D) 7 years

40)asking the patient to tell proverbs is a test for?

A) insight

B) abstract thinking

C) Cognitive

D) thought content

 Group 3

Done by ; omyma Anwar , kozama saadeh

1) withdrawal of one of these substances can lead to a potential death?

A. Alcohol ✅ B. Cocaine C. Heroin D. Cannabis

2) all of the following are side effects of (Strattera) Atomoxetine except?

A. weight loss B. poor appetite C. Insomnia ✅ D. Hepatic toxicity E. Suicidal ideation

3) all of the following are present in DSM5 criteria of encopresis except?

A. Chronological age >4 years

B. Event occur at least once a month for 3 months

C. Repeated passage of feces in inappropriate places

D. The condition is not attributable to medical condition or substance E. it occur only during sleep ✅

4) alcohol withdrawal is related to one of these neurotransmitters?

A. Dopamine B. Norepinephrine C. GABA ✅ D. Acetylcholine

5) a 22 years old patient have got abroad job opportunities know he Can't sleep well, feeling worried a but travelling to a new country without knowing its language and circumstances, feeling on edge.. Since 2 months.. His probably suffering from?

1. Generalized anxiety disorder
2. Adjustment disorder with depression
3. Adjustment disorder with anxiety ✅
4. Phobia

6) all of the following are side effects of lithium except?

A. Constipation ✅ B. Benign leukocytosis

C. Sedation D. Weight gain E. Thyroid enlargement

7) all of the following are side effects of Carbamazepine except?

1. Leukopenia B. Microsomal enzyme inhibition ✅ C. aplastic anemia

D. thrombocytopenia, E. Agranulocytosis

8) what neurotransmitters antidepressant agents work mainly on?

A. Serotonin and dopamine ✅ B. Norepinephrine

C. dopamine and ach D. adrenaline and dopamine

9)all of the following are present in ASD except?

A. lack of social or emotional reciprocity

B. stereotyped and idiosyncratic language

C. stereotyped and repetitive motor mannerisms

D. marked impairment in nonverbal behaviors

E. Blurts out answers before questions have been completed

* 10) a child presented at age of 9- 10 after normal development with lose of motor skills and bowel and bladder control, marked loss of cognitive functions, abnormalities of social behavior and communication ?

A. Heller's syndrome ✅ B. Rett syndrome C. ASD D. ADHD

11) a pregnant women suffering from depression with suicidal ideation what's the treatment of choice ? A. ECT ✅ B. lithium C.valporic acid

12) the most common Psychiatric disorder in female population?

A. Phobia ✅ B. GAD C. anxiety disorder D. somatization

13) all of the following are true about illness anxiety disorder except?

A. More common in female than male ✅

B. preoccupied of acquired a serious illness

C. high level of anxiety about health

D. somatic symptom are not present

E. persist at least 6 month

14) False about Factitious Disorder :

A. more common in men ✅

B. it can be intentional

C. the gain is primary gain

D. Fagin symptoms such as hyperthermia

E. falsification of injury or disease

15) defention concrete thinking : abstract thought and its type of thought prossing

16) loose of association is present most commonly in :

A. Schizophrenia ✅

B. Bipolar

C depression with psychotic feature

1. Mania

17) not paraphilia :

A. homosexual✅

B. Pedophilia

C. Exhibitionism

D. Voyeurism

E. Fetishism

18) pyromania categorized in DSM5 criteria of :

A. impulse control, conduct ✅

B.GAD

C. phobia

D. panic attack

E. anxiety disorder

19) bulimia nervosa treatment :

A. fluoxetine✅

B. antidepressant

C. just CBT

20) case of female Patient with binge eating and inappropriate compensatory mechanism to prevent weight gain, weight 45, height 170, diagnosis?

1. Anorexia Bulimia
2. Anorexia nervosa
3. Somatic disease
4. Bing - eating disorder

21) all of the following are used in treatment of social phobia except :?

A. Methylphenidate ✅B. SSRI C. CBT D. Beta blockers E. lorazepam

22) delirium :

A. Sudden onset

B. Brief an fluctuant course

C. Resolve immediately after defining the underlying cause and treating it

D. Domiprazole is the first line treatment ✅

23) duration to diagnose schizophrenia :

A. 6 months ✅

B. 1 month

C. less than 6 month

D. 3 month with symptom

24) duration to diagnose delirium : 1 month ✅

25) true about sleep hygiene :

A. sleep daily at the same specific time ✅

B. Take daily naps as needed

C. Eat large meals at bedtime

D. Exercise right before bedtime

26) definitive treatment of obstructive sleep apnea :

A. nasal continuous positive airway pressure ✅

B. Weight loss

C. theophylline

27) hypocretin insufficiency contributes in the pathophysiology of? Narcolepsy ✅

28) A 10 years old male child presented to the hospital with his parents complaining of blindness after a conflict, diagnosis? A. Conversion ✅

29) tactile hallucinations are most common with?

A. alcohol withdrawal ✅ B. Bipolar disorder C. Schizophrenia D. drug toxication

E. drug with drawal

30) Gender identity ?

A. the sense of self as being male or female ✅

B. the expression of one’s gender in society.

31) emotions are examined under this category? A. Thought B. Behavior C. Perception D. Affect ✅ E. Memory

32) one of the following is not a side effect of Benzodiazepines?

A. Impairment of intellectual function

B. Reduced motor coordination

C. Drug tolerance

D. Drowsiness, sleepiness, or dizziness

E. Acute dystonia ✅

33)which of the following is not VA side effect? A. Nystagmus

B. Diplopia

C. hirsutism✅

D. Pancreatitis

E. Fulminant hepatic toxicity

34) antidote for Benzodiazepines A. Flumazenil ✅

35)one of the following is adjustment disorder? A. Job loss ✅

B. Relative death

C. rape

D . none of above

1. All of above

36) one of these is not found in schizoid personality disorder?

A. detachment from social relationships

B. restricted range of expression of emotions

C. emotional coldness, detachment

D. Recurrent and intense mood swings ✅

37) a child with dyscalculia find difficulty in?

A. Reading

B. Writing

C. Mathematics \*\*\*\*\*

D. intellectual function

E . memory

38) a negative sign of schizophrenia?

A. Delusion

B. Hallucinations C. Alogia ✅ D. Disorganized speech E. Disorganized behavior

39) pervasive pattern of symptoms \*\*\*\* case مكرر ارشيف

40) ECT not consider treatment in social phobia مش متذكرين السؤال ولا الخيارات\*\*

**Psychiatry**

**Mini-OSCE Archive**

**sara saraireh , rahma saraireh , ebthal al qudah , juman riyad**

**Sexual:**

**1 - All sexual disorders except drug-induced, criteria for duration should at least be? A- 1 month**

**B- 3 months**

**C- 6 months \*\***

**D- 8 months**

**E- 1 year**

**2- A case about a male that obtains sexual pleasure by rubbing his genital area on the body of the opposite sex female**

**a ) sadism.**

**b) frotteurism. \*\*\***

**c) fetishism**

**d) exhibitionism**

**3** **- Non-modifiable suicidal risk factor?**

**A- PTSD**

**B- Impulsivity**

**C- Cancer**

**D- Homosexuality\*\***

**Reaction to stress and Adjustment disorder :**

**4- The key difference between panic attack and panic disorder?**

**A- Panic attack is characterized by spontaneous, recurrent panic attacks.**

**B- Panic attacks can be experienced with other psychiatric disorders and medical conditions\***

**C- Panic disorder cannot occur multiple times per day**

**5- one of the following is adjustment disorder?**

**A. Job loss\***

**B. Relative death**

**C. rape**

**D . None of above**

**E- All of above**

**6- a 22 years old patient have got abroad job opportunities know he Can't sleep well, feeling worried a but travelling to a new country without knowing its language and circumstances, feeling on edge.. Since 2 months.. His probably suffering from?**

**A. Generalized anxiety disorder**

**B. Adjustment disorder with depression**

**C. Adjustment disorder with anxiety\*\***

**D. Phobia**

**Personality disorder :**

**7- schizoid personality disorder:**

**a- Limited emotion and indifference to social relationships\*\***

**b- failure to confirm social norms**

**c- failure social rejection**

**d- delusion of grandiosity**

**forensic psychiatry:**

**8 - Not included in the 4D's of Negligence in clinical malpractice?**

**a- Duty**

**b- Damage**

**c- Deviation**

**d- Direct causation**

**e- Discovery\*\***

**impulse control disorder :**

**9- patient have impulsive and aggressive outbursts that cause damage?**

**1. Intermittent explosive disorder\*\***

**2. pyromania**

**3. kleptomaniac**

**4. general anxiety disorder**

**Delusion disorder**

**10- duration of delusion?**

**a- 1month\*\***

**b- 2 m**

**c- 6m**

**d- 2weeks**

**Somatic disorder**

**11-** **23. 65 years old female came to the clinic that reported she has skin cancer and the doctor make all test &labs to confirm but the result have no abnormal findings which type of disease that the patient suffer from?**

**A- Adjustment disorder with anxiety**

**B- Conversion disorder**

**C- Delusional disorder (somatic subtype)**

**D- Factitious disorder**

**E- Generalized anxiety disorder**

**F- Illness anxiety disorder\*\***

**Schizophrenia**

**12- all of the following consider negative symptoms of schizophrenia except?**

**1. Anhedonia**

**2. affective mood**

**3.** improvement **of Thought process\*\***

**4. lack of motivation**

**13- combination of symptoms of criteria A if occur for 1 month can diagnosed with schizophrenia:**

**a- Prominent visual and auditory hallucination**

**b- perceptual and grandiose delusion**

**c- disorganized speech and emotional difference \*\***

**Schizoaffective**

**14-** **to differentiate Schizoaffective from mood disorder with psychotic features patient must have 2 week of symptoms without manic or depressed episodes which is :**

**a- hallucination and delusion\*\***

**b- anhedonia and poverty of speech**

**c- disorganized speech and behavior**

**Mood disorders :**

**15- good prognostic factor for MDD**

**a-Double depression**

**b-Co-morbid physical disease, personality disorders or alcohol dependence**

**c-Chronic ongoing stress**

**d-Poor drug compliance**

**e-acute and severe depression \*\***

**16-** **the percentage of patients with MDD eventually commit suicide:**

**a- 50**

**b- 10**

**c- 15 \*\***

**d- 5**

**37 – not in DSM5 criteria for depression:**

**a- Amenorrhea\*\***

**b- anhedonia**

**c- change in appetite**

**alcohol and substance use :**

**18- all of that are CNS depressant except :**

**a- alcohol**

**b-cocaine\*\***

**c- Hallucinogen**

**d- Marijuana**

**19-** **reemergence of symptoms when the medication is discontinued :**

**a- dependence**

**b- withdrawal \*\***

**c- intoxication**

**d- tolerance**

**20 – Teens try to substance**

**a- Past emotional or physical trauma**

**b-To feel older**

**c-Relief anxiety**

**d-All above\*\***

**e-Not above**

**postpartum disorder**

**21- Most common postpartum disorder?**

**1.postpartum depression**

**2.postpartum psychosis**

**3.postpartum blue\*\***

**22- the management of postpartum depression and postpartum psychosis?**

**1.isolation &avoiding**

**2.request consult from professionals**

**3.know the cause and she go away**

**4.SSRI\*?**

**5- seek therapy \*?**

**Sleep disorder :**

**23- true about sleep hygiene :**

**A. sleep daily at the same specific time\*\***

**B. Take daily naps as needed**

**C. Eat large meals at bedtime**

**D. Exercise right before bedtime**

**24- definitive treatment of obstructive sleep apnea :**

**A. nasal continuous positive airway pressure\*\***

**B. Weight loss**

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**25- hypocretin insufficiency contributes in the pathophysiology of? Narcolepsy**

**Delirium**

**26- wrong about delirium :**

**A. Sudden onset**

**B. Brief an fluctuant course**

**C. Resolve immediately after defining the underlying cause and treating it**

**D. Domiprazole is the first line treatment\*\***

**Psychotherapy:**

**27- Projection of unconscious feelings regarding important figures in the patient’s life onto the therapist**

**- A) Transference \*\***

**- b. Countertransference**

**Learning disorder :**

**28- deficits in counting and calculations and solving math problems >>Dyscalculia**

**Phobia :**

**29-the main cause of fear in social phobia:**

**a- Embarrassment\*\***

**b- social and occupational impairment**

**30- case of girl feel fear when she in a public area , she fall 2 month before and say she fear that no one can help her in public area as she didn’t have children ……….**

**a- agoraphobia \*\*\*?**

**b- specific phobia ( كان مكتوب نوع )\*\*?**

**c- social phobia**

**Elimination disorder :**

**Case about encopresisبالتفصيل مش متذكرينها**

**31 –** case of child feel anxiety …**retentive:**

**a- intestine immobility**

**b-toilet training resistance مش اكيد \*\***

**Mood stabilizer + psychotherapy + antidepressant**

**32- one of the following are Atypical: quetiapine**

**33- which of the following is not lithium side effect?**

**A) Constibation\*\***

**B) Sedation**

**C) Polyuria/polydipsia**

**D) Hypothyroidism**

**34- which of the following is not VA side effect?**

**A) Nystagmus**

**B) Diplopia**

**C) hirsutism\*\***

**D) Pancreatitis**

**35- all of the following are side effects of Carbamazepine except?**

**A. Leukopenia**

**B. Microsomal enzyme inhibition\*\***

**C. aplastic anemia**

**D. thrombocytopenia,**

**E. Agranulocytosis**

**36- Case with the following symptoms( dietary reaction severe headache palpitation hypertensive crisis ) what is the SE: tyramine reaction**

**Epilepsy**

**37-all true about Geschwind syndrome except :**

**a- hypersexuality**

**b- hyper-** **religiosity**

**c- circumstantiality**

**d- Hypergraphia**

**e- bizarre delusion \*\***

**sign and symptoms**

**38-** Which of the following represents Relation + environment aware of the examiner and surroundings :

**a- Insight\*\***

b- Judgment

**eating disorder :**

**39 – anorexia nervosa :**

**a- Restriction of energy relative to requirement , intense fear of becoming fat , distortion in a perception of body weight and shape\*\***

**b-** low self steam \_being fat -distortion

**others :**

**40 - 50 year old man who has schizophrenia and he is alcoholism, came with hallucinations and delusion, what should not be included in the differential diagnosis?**

**A- Schizophrenia**

**B- Alcohol dependence**

**C- Substance induced psychotic features**

**D- Border line personality disorder with psychotic features\*\***