



# Carbohydrates

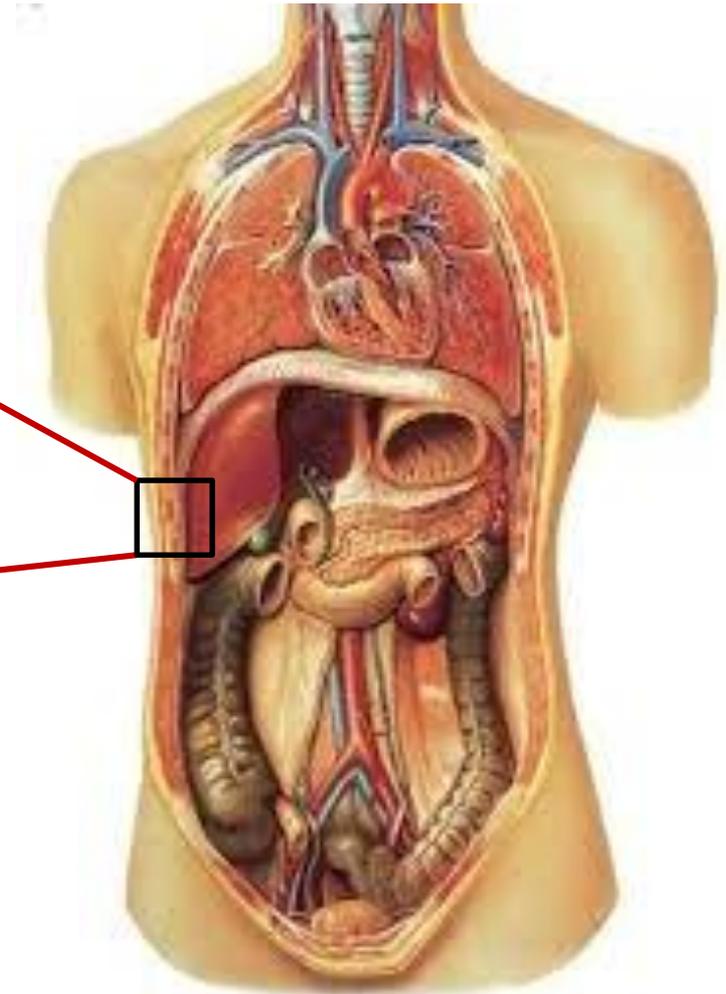
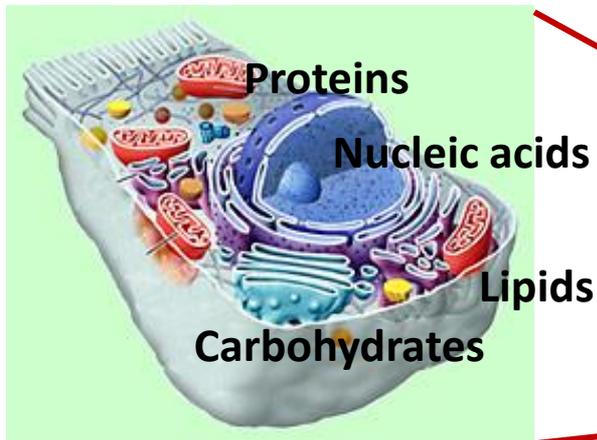


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# Major Types of Macromolecules



# Classification of Carbohydrates



- ❑ Carbohydrates are “Sugars” or “Saccharides” consist of the empirical formula  $(CH_2O)_n$  where  $n \geq 3$ .  $\rightarrow$  simplest sugar is  $C_6H_{12}O_6$
- ❑ Empirical formula, Molecular formula, Structural formula

The simplest ratio  
between each type of  
atoms found in the  
molecule

Exact number of each type of  
atoms found in the molecule

Atomic conductivity  
arrangement of the atoms  
type of functional groups  
Type of bonds

## Carbohydrates

C

H<sub>2</sub>O

# Classification of Carbohydrates



- ❑ Carbohydrates are “Sugars” or “Saccharides” consist of the empirical formula  $(CH_2O)_n$  where  $n \geq 3$ .
- ❑ **Monosaccharides**: The basic units of CHO which cannot be hydrolyzed into smaller sugars like glucose, galactose and fructose
- ❑ **Disaccharides**: contain two monosaccharides covalently linked by glycosidic bond like sucrose which consists of glucose and fructose
- ❑ **Polysaccharides**: are polymeric molecules composed of long chains of monosaccharides linked together via glycosidic bonds like starch, cellulose and glycogen

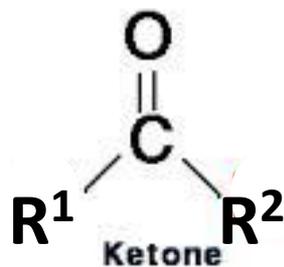
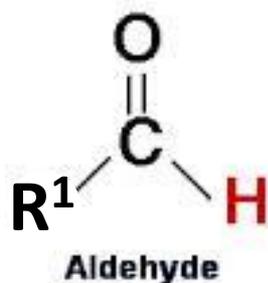
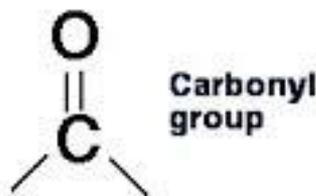
\*linked by  
covalent bond



# Monosaccharides



- They are classified according to the number of carbon atoms: trioses, tetroses, pentoses, **hexoses** .....etc
- Also classified according to the chemical nature of the carbonyl group C=O either to **Aldoses** (the carbonyl group is an aldehyde) or **Ketoses** (the carbonyl group is a ketone)



**Aldehyde:**  $R^1 = H$ , alkyl or aryl

**Ketone:**  $R^1$  and  $R^2 =$  alkyl or aryl



# Monosaccharides

– the difference between the **glucose** and **fructose** is the **functional group**

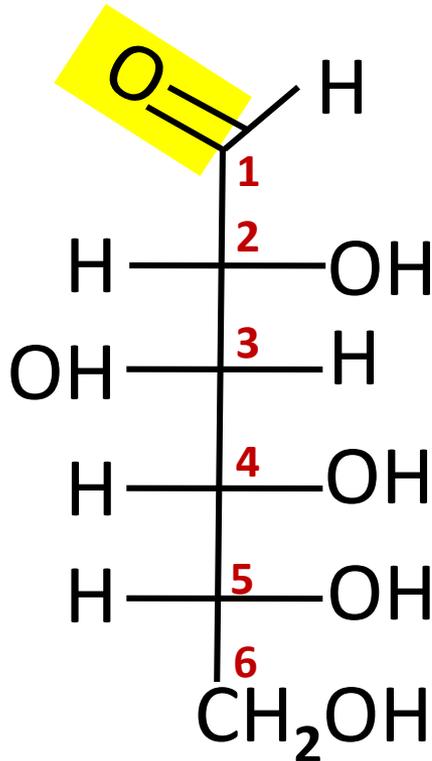
↓  
Aldehyde

↓  
Ketone



\*\*If it's aldehyde we put the hydrogen Atom on carbon atom number 1  
\*\* If it is ketone we put the oxygen atom on carbon number 2

Hexoaldose \ Aldohexose



**D-glucose**

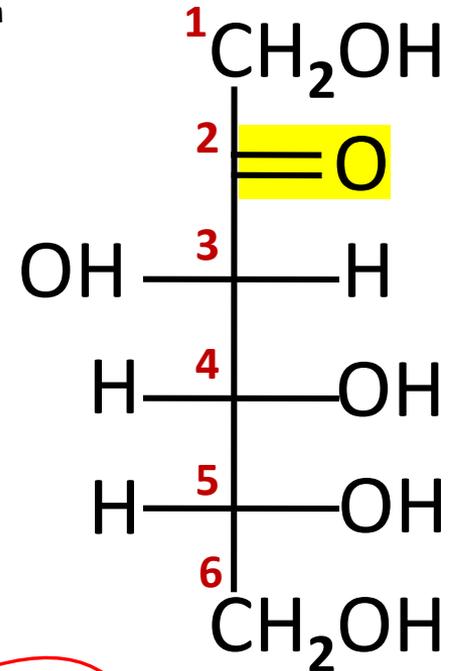
“grape or blood sugar”

\*\* Accumulation of the glucose leads to **diabetes**

Fischer projections



Hexoketose \ Ketohexose



**D-fructose**

“fruit sugar”

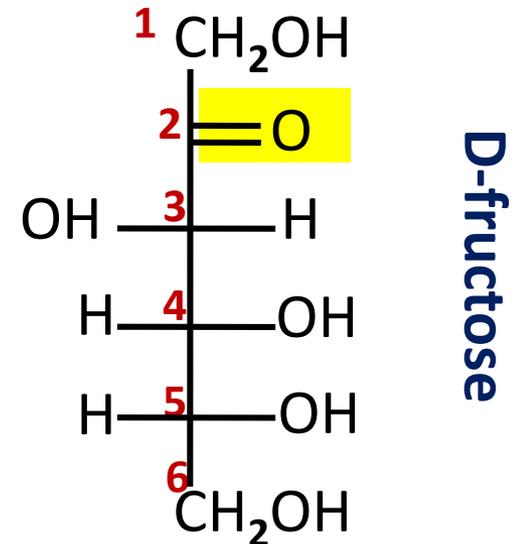
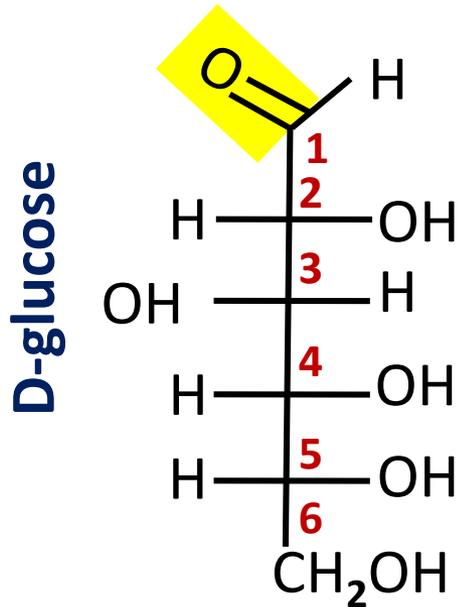
-Also it's found on original honey  
- And it's the sweetest of all naturally occurring Sugar

# Isomerization



□ **Isomers:** are molecules with same molecular formula but different **chemical structures**

1. **Constitutional (structural) isomers:** atoms and functional groups bind together in different ways (e.g. glucose and fructose)



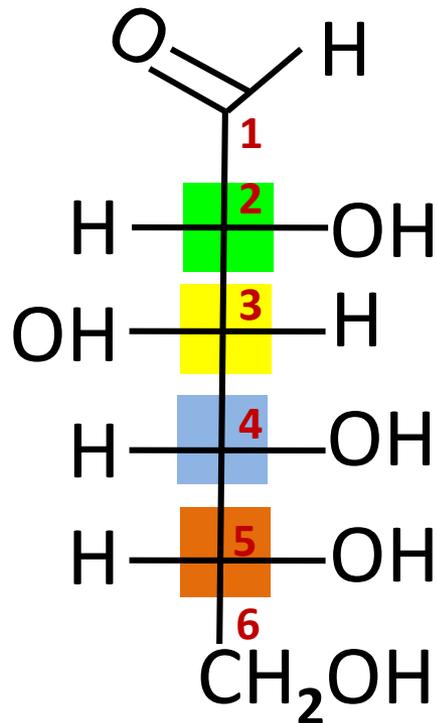
# Isomerization



□ **Isomers:** are molecules with same molecular formula but different chemical structures

1. **Constitutional** (structural) isomers: atoms and functional groups bind together in different ways (e.g. glucose and fructose)
2. **Stereoisomers** (spatial isomers): differ in the configuration of atoms in space rather than the order of atomic connectivity
  - **Chiral carbon:** asymmetric carbon atom attached to 4 different groups of atoms
  - The number of stereoisomers for any given molecules =  $2^n$  where n represents the number of chiral centers

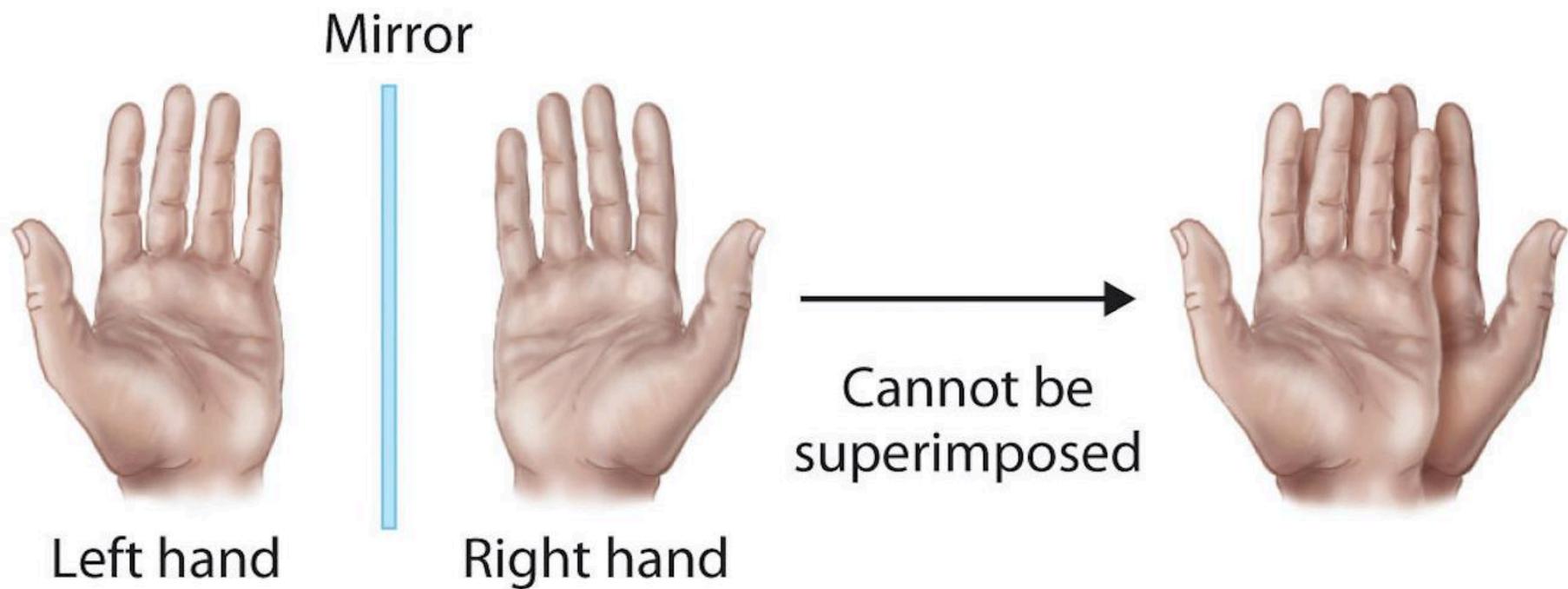
# Isomerization



D-glucose

Number of stereoisomers =  $2^4$   
= 16

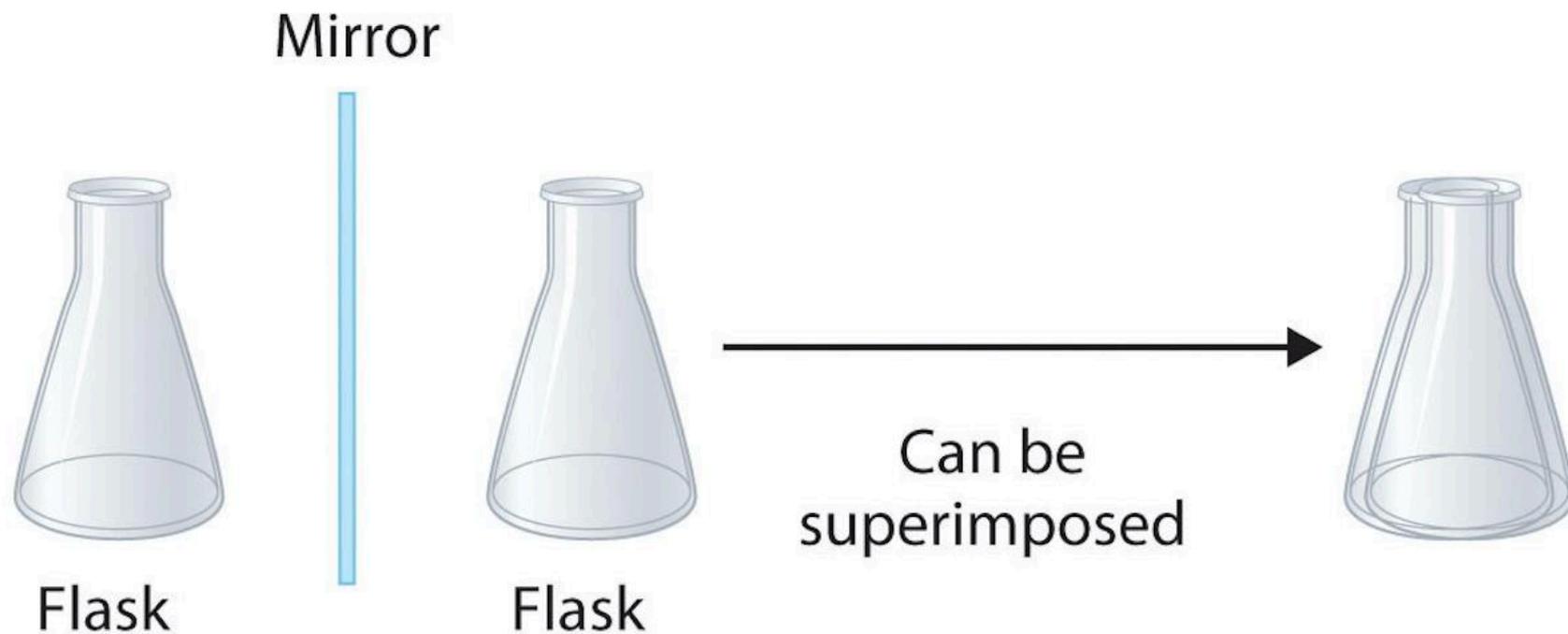
# Chirality & Chiral Object



**(a) Chiral objects**



# Chirality & Chiral Object



## (b) Achiral objects

- Chiral molecules should contain at least one chiral center (**usually a carbon atom**)

# Stereoisomers



- **Enantiomers:** are two stereoisomers that are mirror images to each other but not superimposable

# D/L Monosaccharides



**glyceraldehyde:-** is the simplest sugar

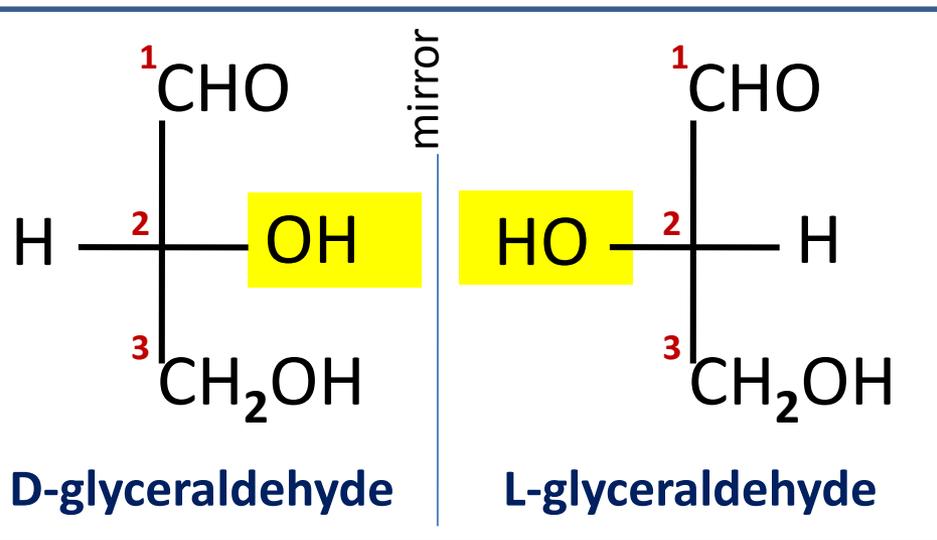
**\*General rule:-**

We chose **D** or **L**

According to the position of the hydroxyl group (OH) located on the chiral center, which is the

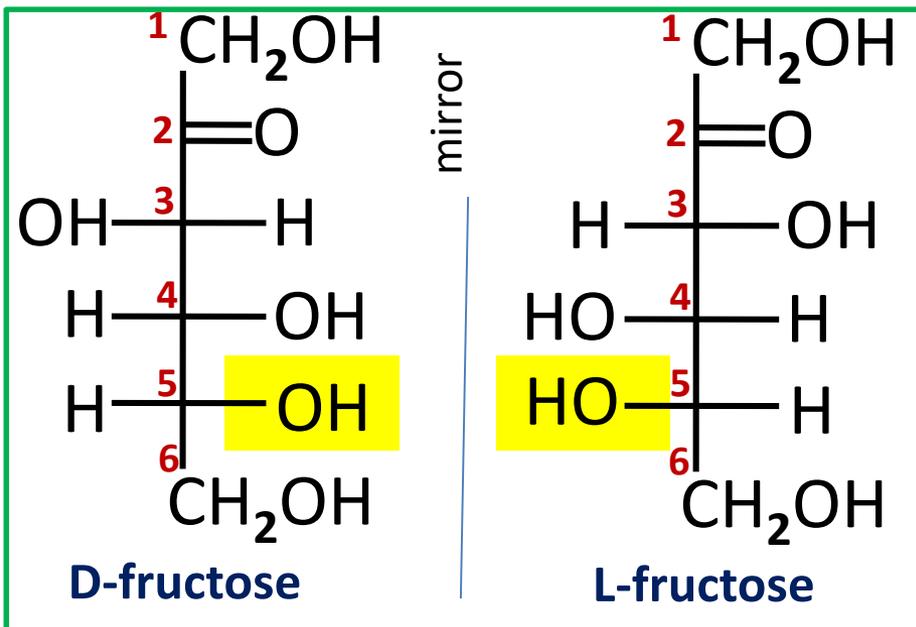
farthest away from carbonyl carbon (Functional group)

It has the highest oxidation number



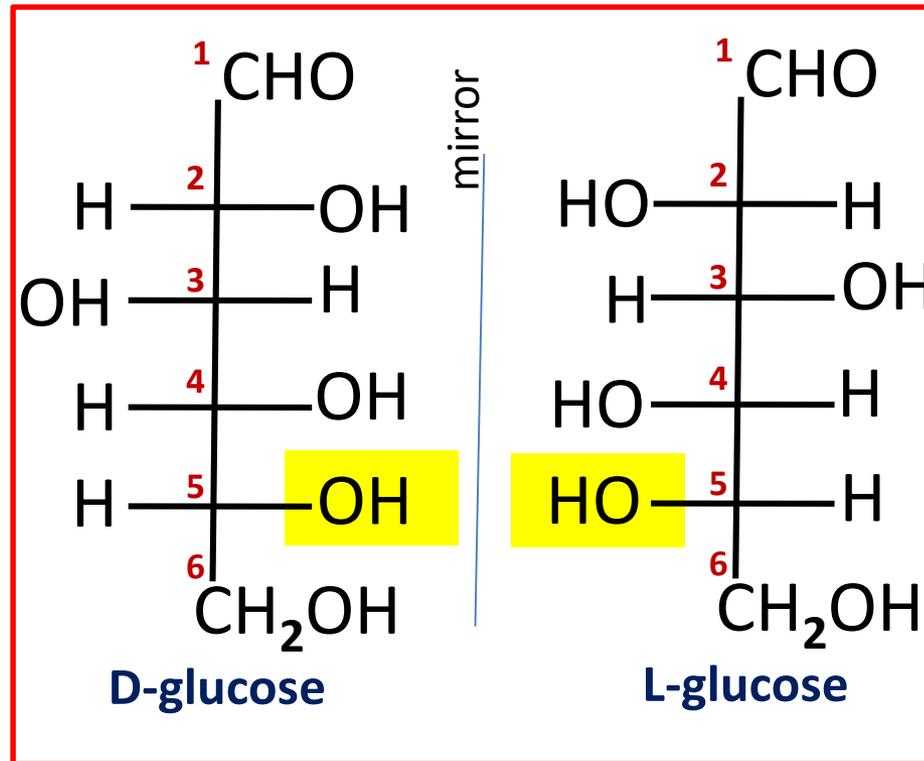
If the (OH) on the right it's **D**  
If the (OH) on the left it's **L**

-If we want to make a mirror images from **enantiomers** we have to change The **position** of **ALL** Chiral centers.



**-Enantiomers** is :- pairs of stereoisomers which are mirror to each other but not superimposable and they differ at the **configuration** Of the function of groups at **ALL** chiral centers

# D/L Monosaccharides



**Carbohydrates** because it has **multiple hydroxyl group** and its functional group is **aldehyde** or **ketone** we call it :-  
1-**Polyhydroxy Aldehyde**  
2-**polyhydroxy ketone**

# Isomerization

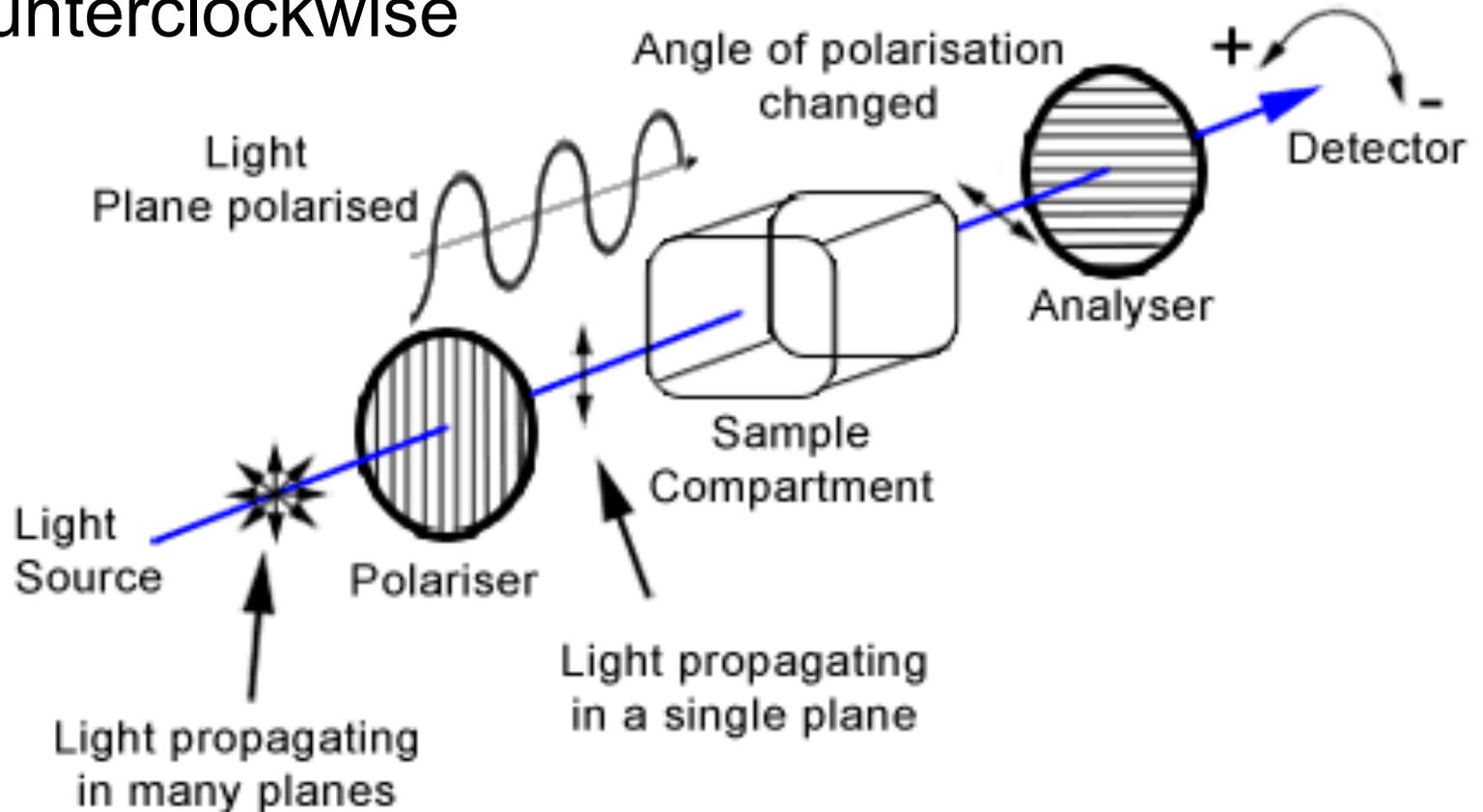


- ❑ **Enantiomers:** are two stereoisomers that are mirror images to each other but not superimposable
- ❑ **D- (dexter)/L- (laevus) Nomenclature system:** commonly used to assign the configurations in sugars and amino acids
  - **As a rule of thumb:** if the farthest chiral atom from the highest oxidized carbon (i.e. carbonyl group) has –OH group on the right-hand side, the configuration is assigned as **D** but If it is on the left-hand side, the sugar is designated as **L**
- ❑ Most naturally occurring sugars are **D-isomers** (biologically active form)

# Monosaccharides



- Enantiomers are **optically active** and can rotate the **polarized light plane** either clockwise or counterclockwise



# Monosaccharides

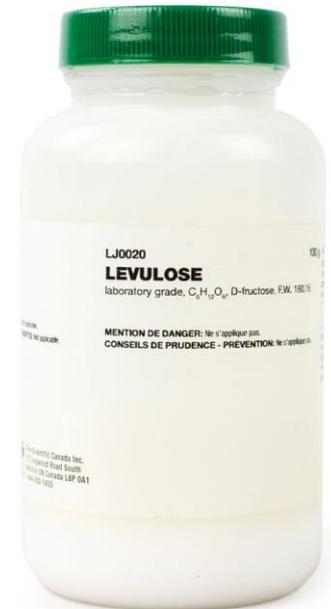
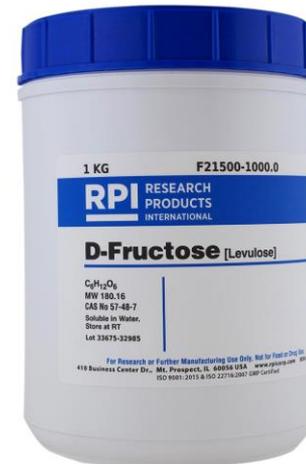


- Enantiomers are optically active and can rotate the polarized light plane either clockwise or counterclockwise
  - (+)/(-) nomenclature system: if one enantiomer rotates the light clockwise, it is labeled (+) or (*d*) (dextrorotatory). The second mirror image enantiomer is labeled (-) or (*l*) laevorotatory [(+)D-glucose, (*d*)D-glucose]
  - by chance, it was found that D-glyceraldehyde is in fact the dextrorotatory isomer.
  - D/L system should not be confused with +/- or *d/l* system. For example, D-fructose (laevulose) is levorotatory whereas D-glucose (dextrose) is dextrorotatory.

# Monosaccharides



**\*\*The reason why **GLUCOSE** it's **commercial** name is **DEXTROSE** is when we put it in the polarimeter it rotates to the **right** while the **FRUCTOSE** it's **commercial** name is **LAEVULOSE** because it Rotates to the left when we put it in the polarimeter.**

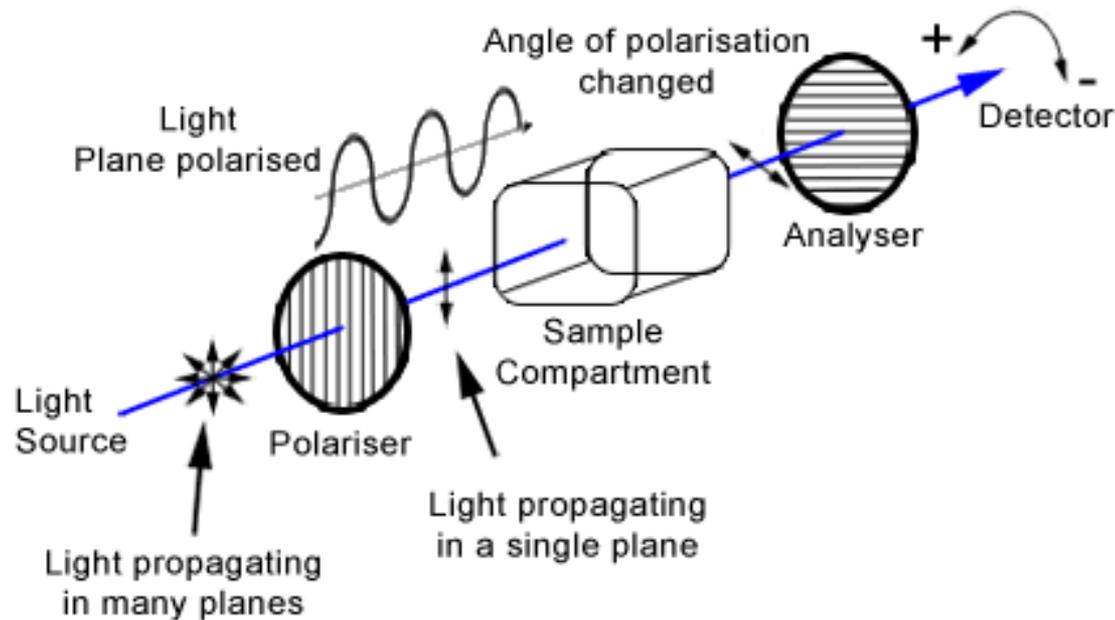


- **Dextrose** is the **commercial/trade** name of **D-glucose**
- **Laevulose** is the the **commercial** name of **D-fructose**

# Monosaccharides



- Enantiomers are optically active and can rotate the polarized light plane either clockwise or counterclockwise

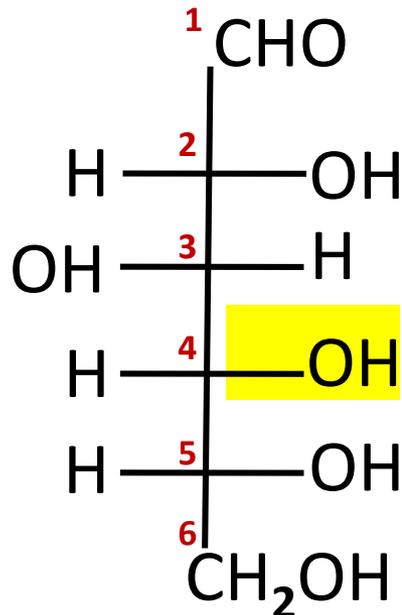


- **Racemic mixture** contains equal amounts of each enantiomer (net rotation is zero)

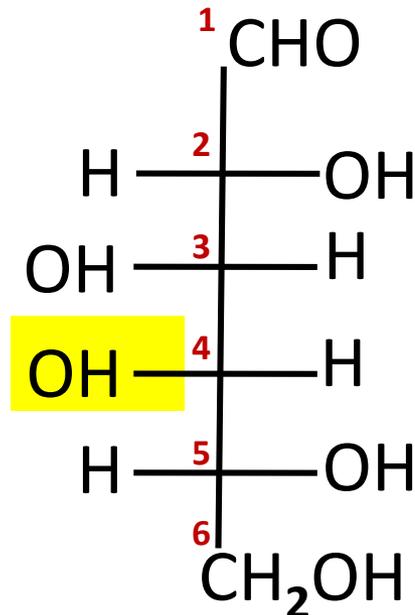
# Monosaccharides



- Epimers: are stereoisomers that differ in the configurations of atoms at **only** one chiral center (i.e. chiral carbon in CHO). They are not mirror image isomers.

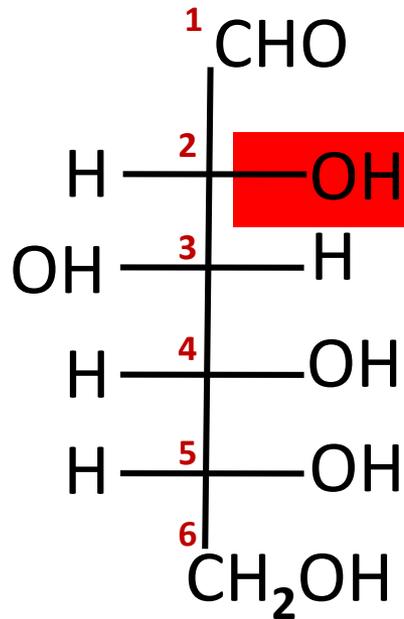


D-glucose

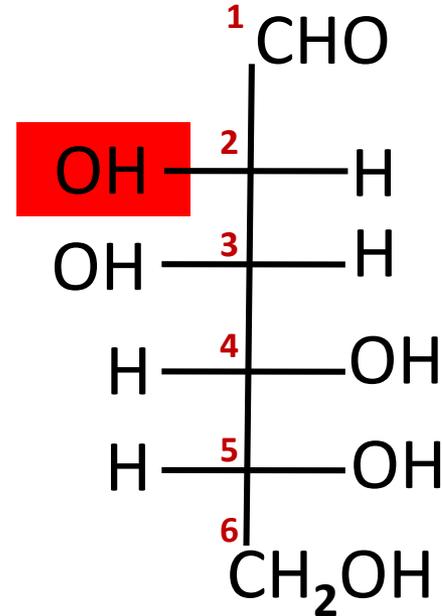


D-galactose

# Monosaccharides



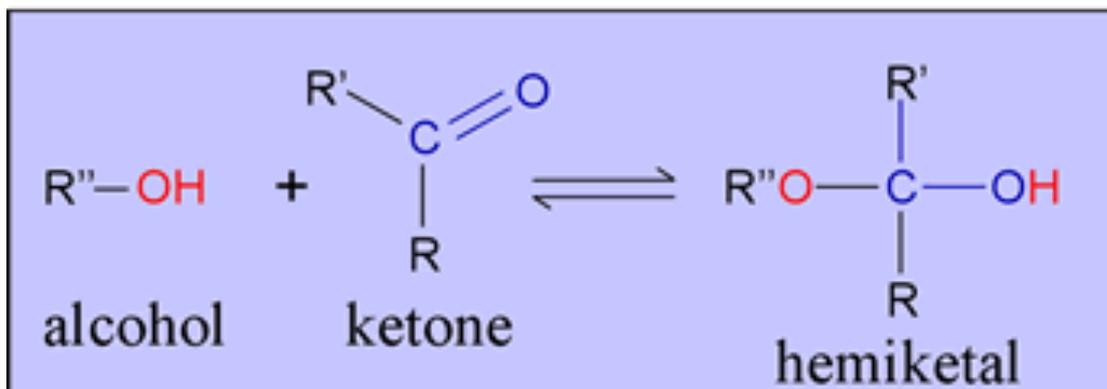
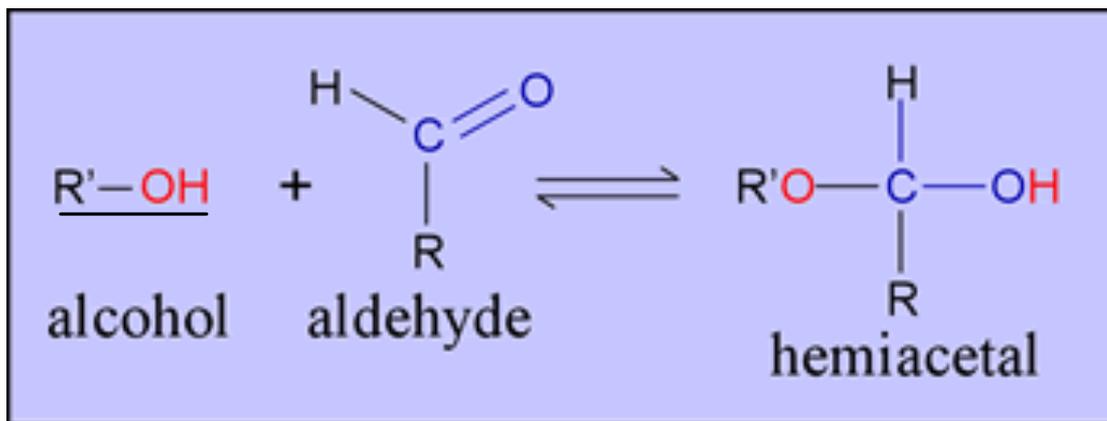
D-glucose



D-mannose

- Glucose and galactose are C4 epimers while glucose and mannose are C2 epimers

# Hemiacetal & Hemiketal



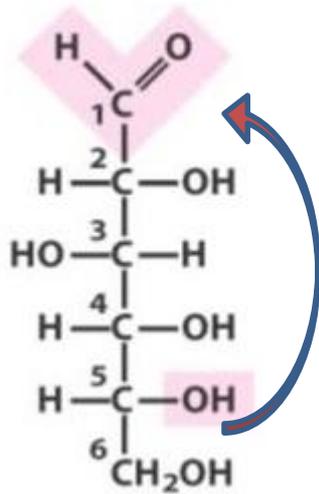
**\*\*The mechanism of this reaction :-** in the alcohol the bond between the Oxygen and hydrogen in the hydroxyl bond Will be broken in the another hand The double bond on the aldehyde will also be broken to provide space for the coming visitors which are the hydrogen and oxygen with R So it will form something we call :- **HEMIACETAL & HEMIKETAL**

# Monosaccharide cyclization



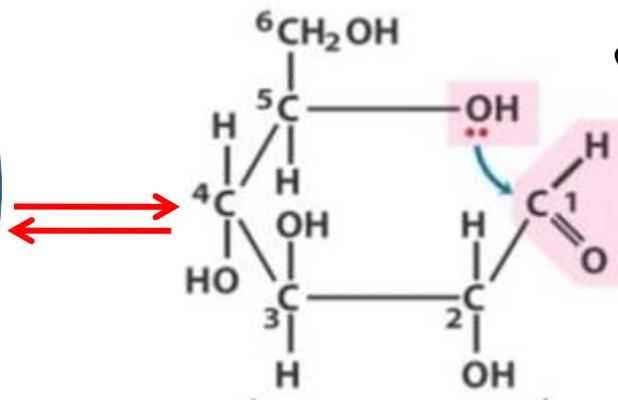
—We look at the configuration of the OH group that is linked with the Anomeric carbon:  
 if it points down with The opposite direction with the C6 it's :- ALPHA (  $\alpha$  )  
 If it points up with the same direction with the C6 it's :- BETA (  $\beta$  )

## Linear form



D-glucose

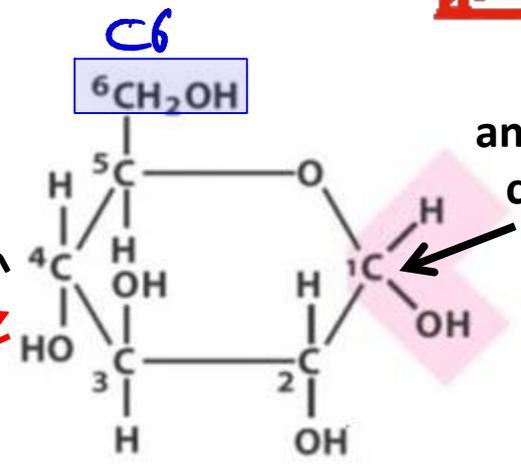
## Fisher projection



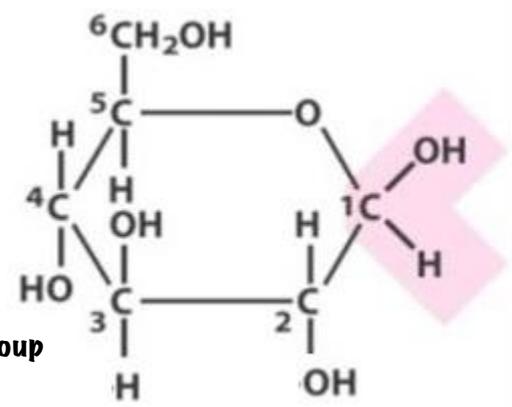
\* sugars in our bodies are found in **cyclic** form not in the linear form

cyclization

cyclization



$\alpha$ -D-glucose



$\beta$ -D-glucose

anomeric carbon

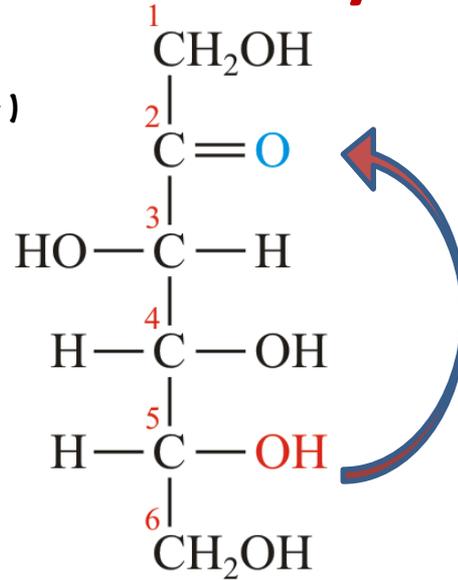
Haworth projection

**The mechanism of cyclization:** The bond between hydrogen and oxygen in the hydroxyl group with carbon number five is broken then the hydroxyl oxygen will attack of the carbonyl carbon and provide space for the new coming hydroxyl oxygen, the double bond will be broken (providing space) then the bond will form between C1 with the oxygen and the hydrogen formed Hydroxyl group with the oxygen that was already connected to the C1

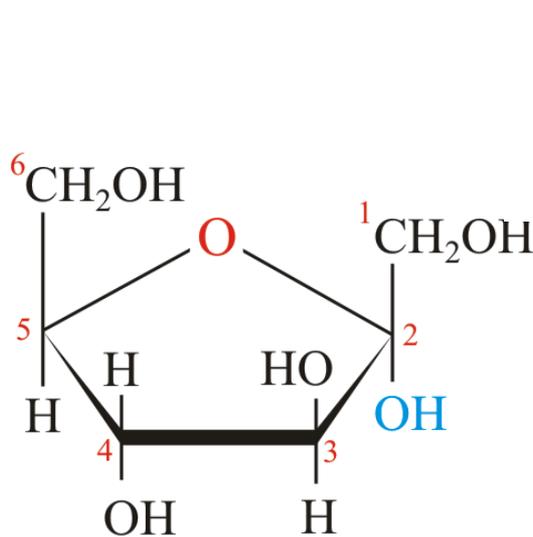
# Monosaccharide cyclization



- **What is fate of the carbonyl carbon?**  
It will become **anomeric carbon** ( chiral center )  
\*\*\*\*\*
- **what is the fate of hydroxyl oxygen?**  
It will become **ether**  
\*\*\*\*\*
- **what is the fate of the carbonyl oxygen?**  
It will become **hydroxyl group ( OH ) alcohol**



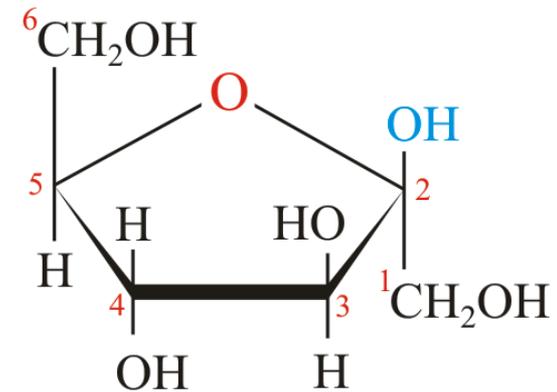
**D-fructose**  
**Linear form**



**α-D-fructose**



**#cyclization of the**  
**Fructose will Form 5**  
**member rings while**  
**glucose will Form 6**  
**member rings**

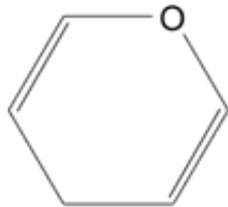


**β-D-fructose**

# Pyranoses & Furanoses



- Sugars with **six-membered** rings are known as **pyranoses** (e.g. **glucopyranose**) as they resemble the heterocyclic compound **pyran**.

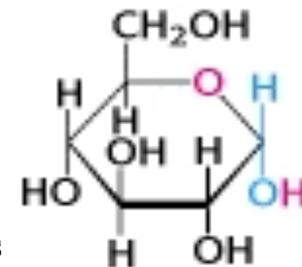


Pyran

**\*\*We named it HETERO**  
Because it's mixture between  
carbon and oxygen

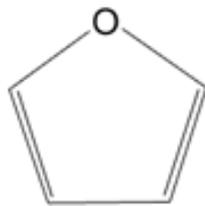


**\*\*The most common type of carbohydrates in the human body is Six-membered rings and five-membered rings**



**alpha-D-glucopyranose**

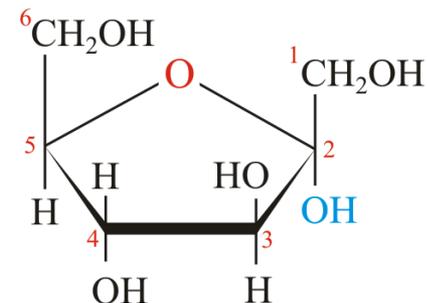
- Sugars with **five -membered** rings are known as **furanoses** (e.g. fructofuranose) as they resemble the heterocyclic compound **furan**.



Furan



anomeric carbon



**alpha-D-fructofuranose**

# Pyranoses & Furanoses

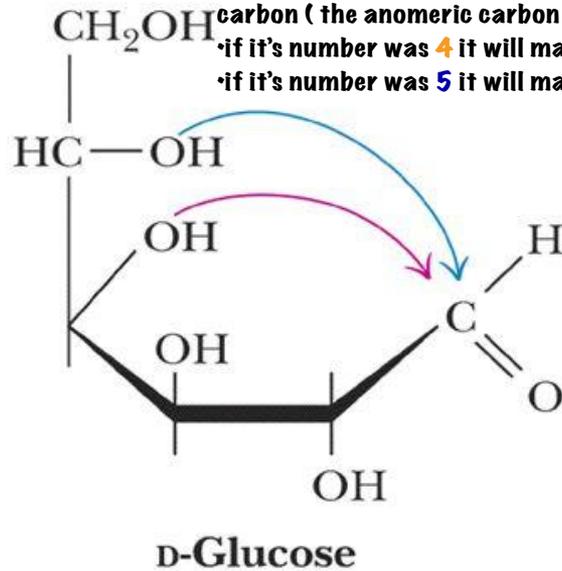


\*\*you can recognize the carbohydrate if it's **glucose** or **fructose** and that's done by:

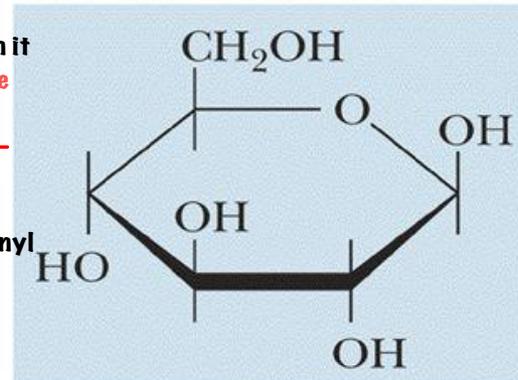
- in **glucose** the anomeric carbon number is **1** and it has hydrogen and **hydroxyl group** on it
- while in **fructose** the anomeric carbon number is **2** and it has side chain looks like **R-side chain** but with hydroxyl group on it

•Sugars can form both **pyranose** and **furanose** that depends on the number of the **carbon atom**, that is linked with **hydroxyl group**, which attacks the carbonyl carbon ( the anomeric carbon )

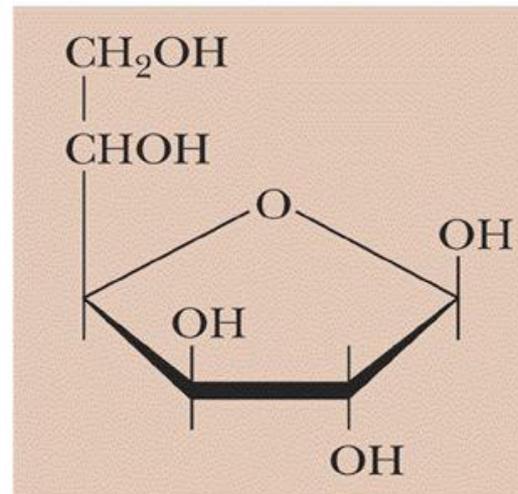
- if it's number was **4** it will make **furanose**
- if it's number was **5** it will make **pyranose**



D-glucose can cyclize in two ways forming either furanose or pyranose structures



Pyranose form  
 $\beta$ -D-glucopyranose

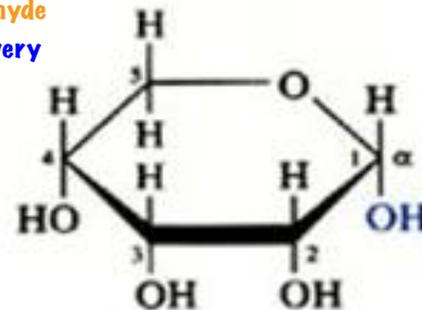
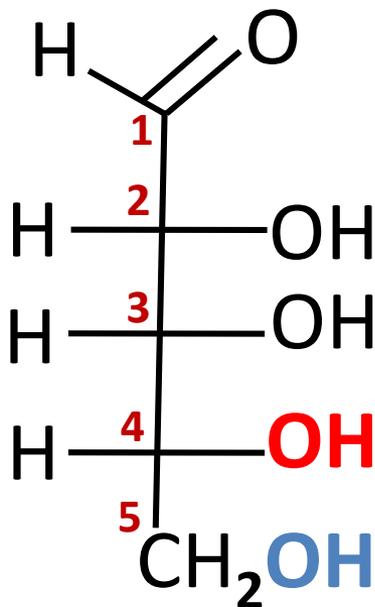


Furanose form  
 $\beta$ -D-glucofuranose

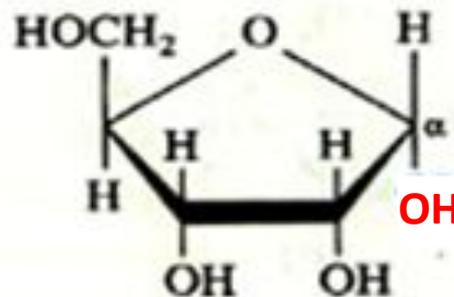
# Pyranoses & Furanoses

•• **Ribose**:-

is an example of **aldose** sugar because it has **aldehyde** group and it's also **pentoses** (5 carbon atoms) **every hydroxyl group is on the right side**



**$\alpha$ -D-Ribopyranose  
(Haworth projection)**



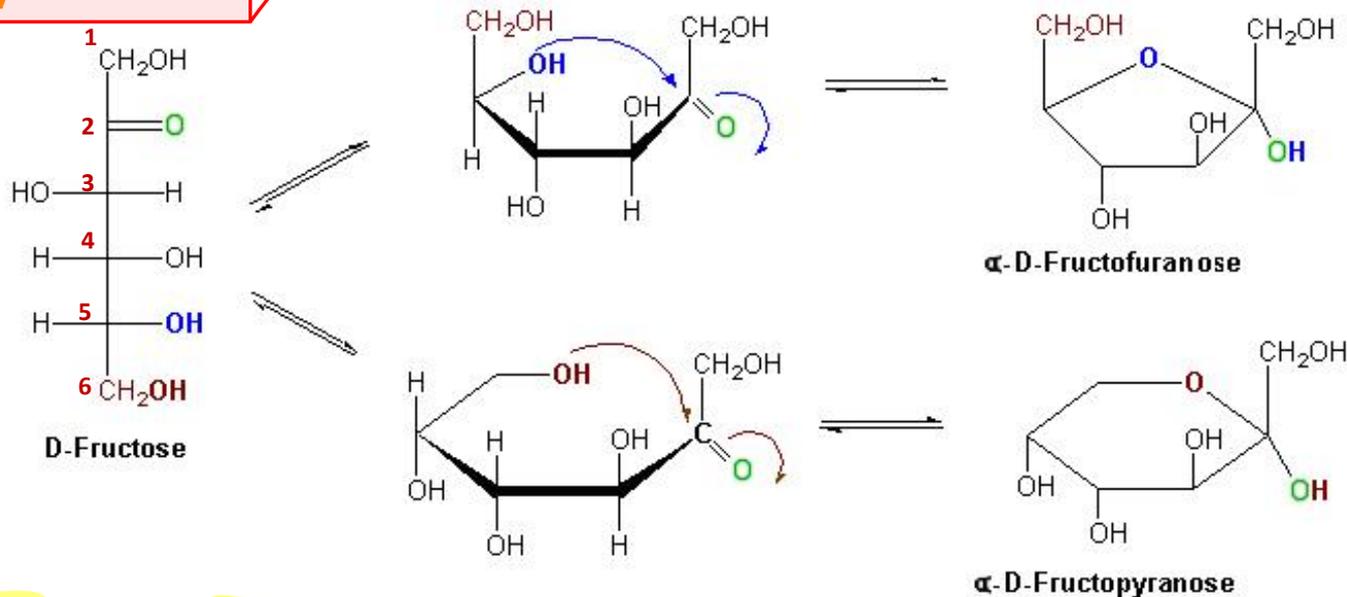
**$\alpha$ -D-Ribofuranose  
(Haworth projection)**

# Pyranoses & Furanoses



• **5&6 membered rings**: is more **stable** and have the **least energy**

## Isomeric Forms of Fructose



6 carbon  
Atoms

5 carbon  
Atoms

□ Hexose or pentose can exist in pyranose and furanose forms (the most stable rings).

\* e.g. in solution, glucose and fructose are mostly pyranoses whereas ribose is mostly furanose

# Anomers



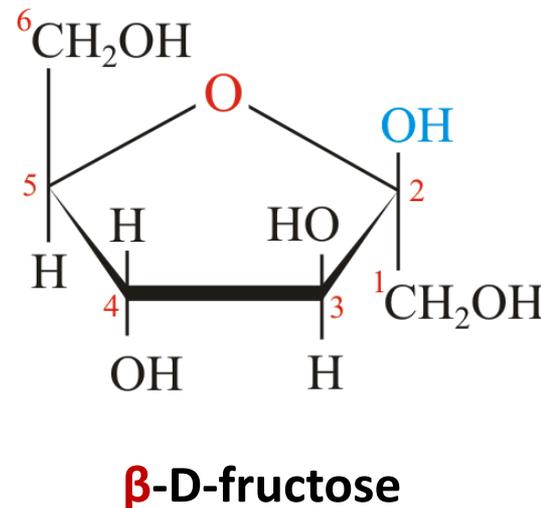
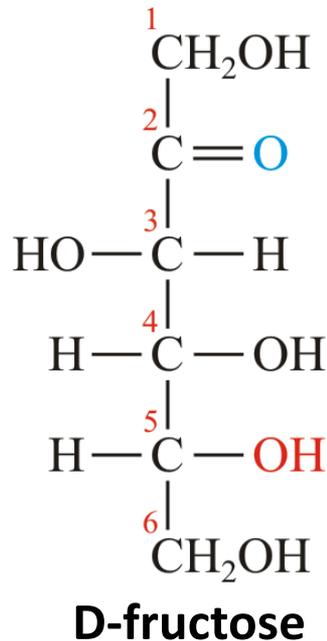
- ❑ In cyclic sugars, the carbonyl carbon becomes a chiral center (asymmetric carbon) with two possible configurations:  $\alpha$  and  $\beta$ . This new carbon is called anomeric carbon.
- ❑ Anomers are pair of stereoisomers that differ in spatial arrangement of atoms at the anomeric carbon. In  $\alpha$ -anomer, the OH group of the anomeric carbon is projecting down the plane of the ring and on the opposite side of the terminal  $\text{CH}_2\text{OH}$  group (in Fisher projection) and vice versa in  $\beta$ -anomer.
- ❑ The anomers freely interconvert in aqueous solution, e.g. at equilibrium D-glucose is a mixture of  $\beta$ -anomer (63.6%),  $\alpha$ -anomer (36.4%) and extremely tiny amounts of the straight chain.



# Haworth Projection

- Haworth projection is a simple 3D way to represent the cyclic monosaccharides. The OH groups on the right-hand side of Fisher projection are down in Haworth projection and vice versa. The dark line indicates atoms that are closer to the observer.

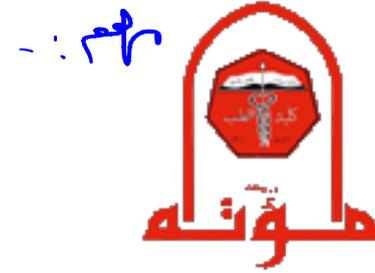
Fisher projection



Haworth projection

Cyclic form of sugar

# Conformers

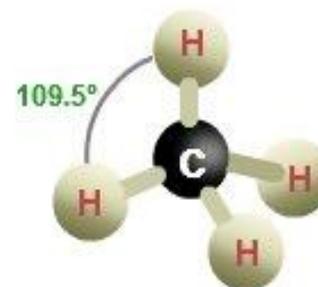
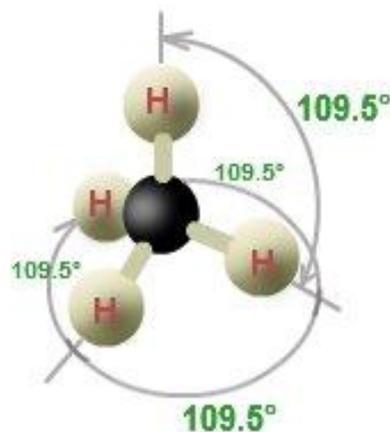
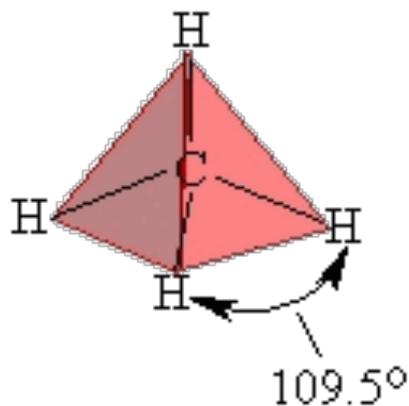


- The geometry of the carbon atoms of monosaccharide ring is tetrahedral (bond angles are close to  $109.5^\circ$ ), so sugar rings are not actually planar. For example, pyranoses take on either **Chair** or **Boat** conformations (conformational isomers or conformers).

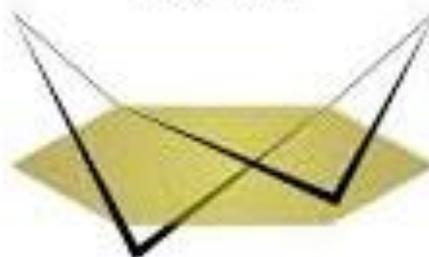
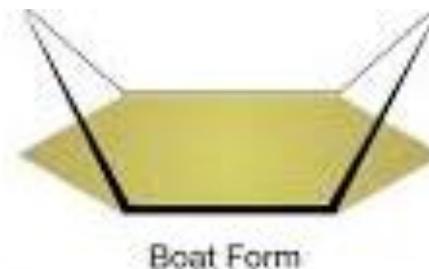
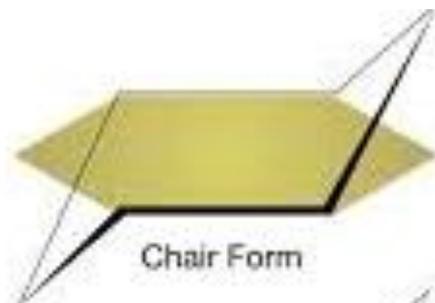
**\*\*what causes the stereoisomers on conformes?**

**It's caused by the rotation around single bonds either boat or chair**

# Conformers



**Carbon atoms are tetrahedral**



**Conformers are stereoisomers with different rotations about single bonds**

Chair is more stable than the boat  
The reason why is the rotation

# Conformers

**Steric repulsion:** is repulsion between electrons that are found on atom which are very closer to each other



**Bulk group** is the atoms or functional groups or both that links with the carbon atom

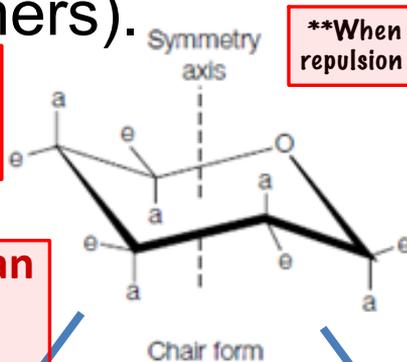
**-Axial:** means it points up or down the plan of the ring outer  
**-equatorial :** means this bond goes with the same plan of the ring

The geometry of the carbon atoms of monosaccharide ring is tetrahedral (bond angles are close to  $109.5^\circ$ ), so sugar rings are not actually planar. For example, pyranoses take on either **Chair** or **Boat** conformations (conformational isomers or conformers).

more stable means less energy

\*\*When it's **equatorial** the steric repulsion is less than when it's **axial**

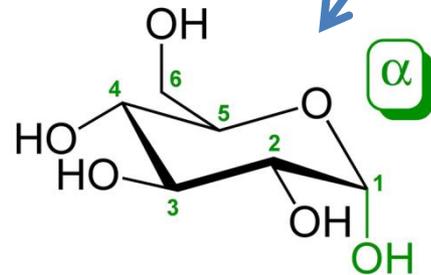
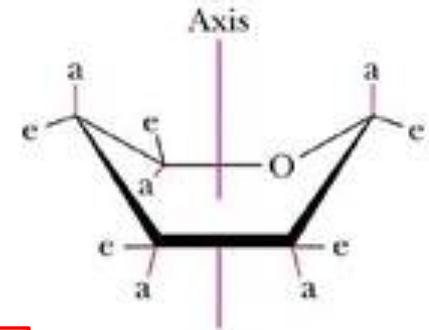
$\alpha$  is less stable than  $\beta$  due to steric repulsion



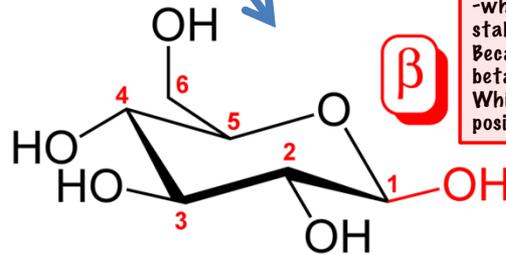
**a:** axial  
**e:** equatorial

\*when the steric repulsion is **high** the energy between the molecules also will be **high** and that causes **instability**

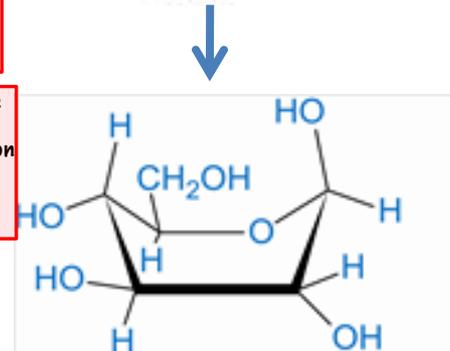
-why the  $\beta$ -D-glucose is more stable than  $\alpha$ -D-glucose?  
Because the hydroxyl group on beta on **equatorial** position  
While in alpha it's on **axial** position



Chair form of  $\alpha$ -D-glucose



Chair form of  $\beta$ -D-glucose



Boat form of  $\beta$ -D-glucose

# Sugar Modification



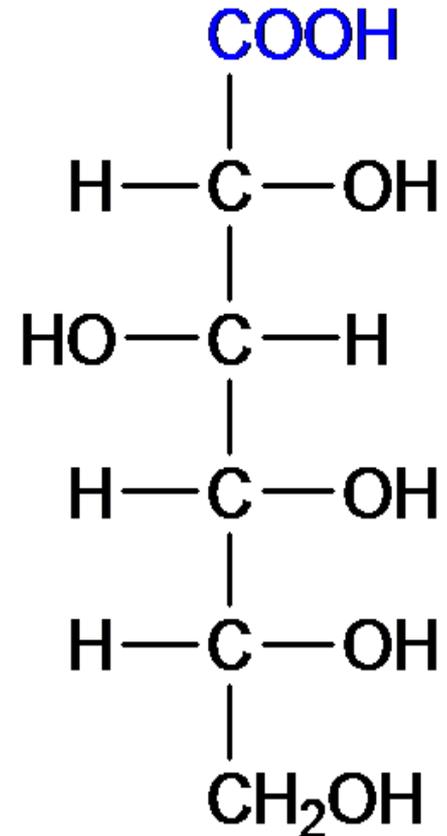
*From aldehyde to carboxylic acid*

1. **Aldonic acids**: oxidation of aldehyde (C1) to carboxylic acid; e.g. D-gluconic acid

• **Uses:**

• Some drugs are injected in the form of **gluconate** (the salt of gluconic acid)

• **Calcium gluconate solution (I.V)** as cardioprotective agent in patients with high blood level of  $K^+$

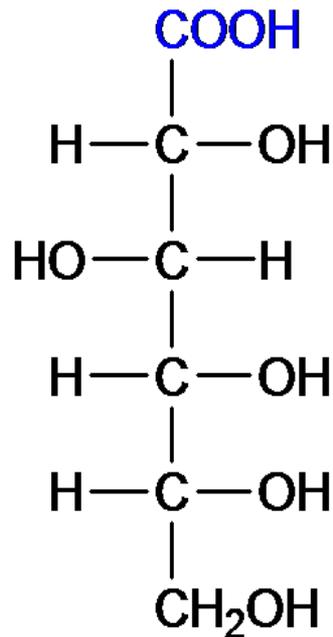


\*\* For people who had kidney failure we use calcium gluconate solution to reduce the high blood level of  $K^+$

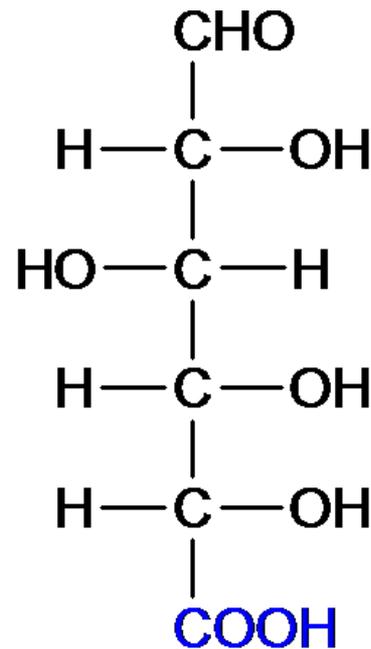
# Sugar Modification



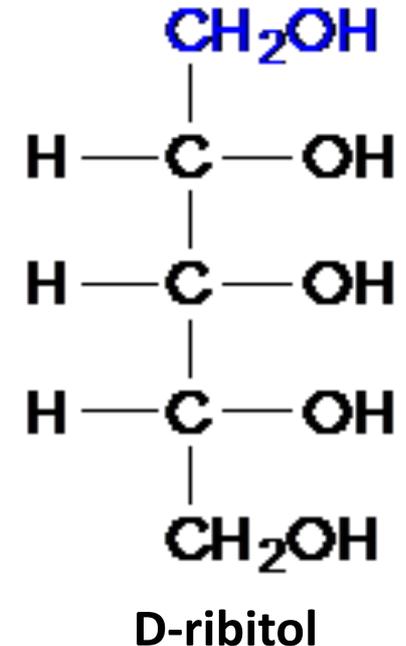
1. **Aldonic acids** : oxidation of aldehyde (C1) to carboxylic acid; e.g. D-gluconic acid



2. **Uronic acids** : oxidation of OH at (C6) to carboxylic acid; e.g. D-glucuronic acid



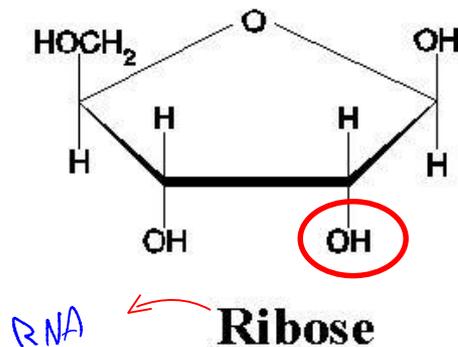
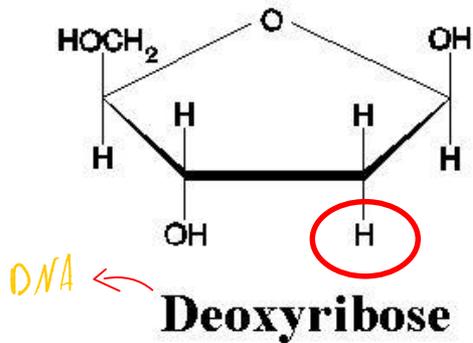
3. **Alditols** : reduction of carbonyl group to alcohol; e.g. D-ribitol, D-glycerol and D-sorbitol (sweetener)



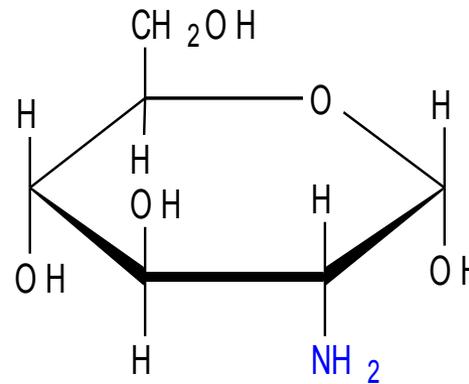
# Sugar Modification



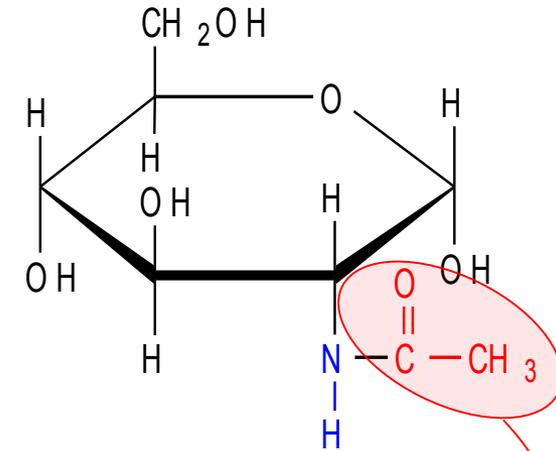
4. **Deoxy sugars** : OH group is replaced by H; e.g.  $\beta$ -D-2-deoxyribose



4. **Amino sugars** : one or more OH groups are replaced by **amino group** which is often **acetylated**; e.g.  $\alpha$ -D-glucosamine (rebuild cartilage in osteoarthritis & osteoporosis) and  $\alpha$ -D-N-acetylglucosamine (both are derivatives of  $\alpha$ -D-glucose)



$\alpha$ -D-glucosamine



$\alpha$ -D-N-acetylglucosamine

acetylated  $\leftarrow$

