# Skeletal system

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# **Skeletal system**

What is the skeletal system ?
Is all of the bones in the body and the tissues such as tendons, ligaments and .cartilage that connect them

The average adult human skeleton has around **206** bones.

### Skeletal system / 2 investigation

#### <u>:Plain film</u>

- Plain films still remain the mainstay of radiological investigation of the skeletal system.
- views should always be obtained in two projections.

#### : <u>Ultrasound</u>

- neonatal hip for congenital dislocation .
- soft tissue lesions and abscesses.
- joint effusions .

### **CT in skeletal system**

#### :CT is very helpful in

- assessment of bone tumours prior to surgery .
- evaluation of certain fractures , such as the acetabulum, spine and calcaneus .
   study of the spinal column .

# MRI / Skeletal system

 MRI assists the investigation of bone tumours, soft tissue masses and joint.

 MRI is extremely sensitive in injuries to cartilage , muscle , ligaments, menisci and tendons.

### Osteoporosis

#### Is a generalized decrease of bone mass.

#### **Radiological investigation:**

- Bone densitometry.
- Plain x-ray film:
- Detection of osteoporosis on plain film requires a reduction in bone mass of at least 30%.
- Osteoporosis result in a loss of bone density, decrease in the number of trabeculae and coarse striations.

### Osteoarthritis

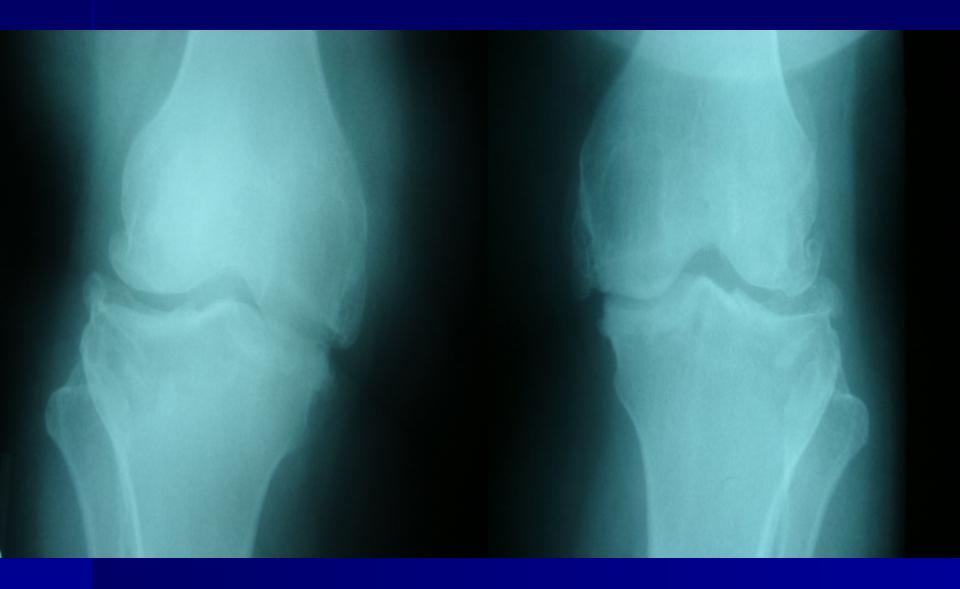
)degenerative joint disease(

- Is a degenerative condition affecting the articular cartilages and subjacent bone.
- Is part of the normal ageing process.
- Secondary osteoarthritis results from previous trauma and joint infection.
- Any joint may be affected, but the knees, hips, shoulders and hands are frequently involved.

### Osteoarthritis / 2

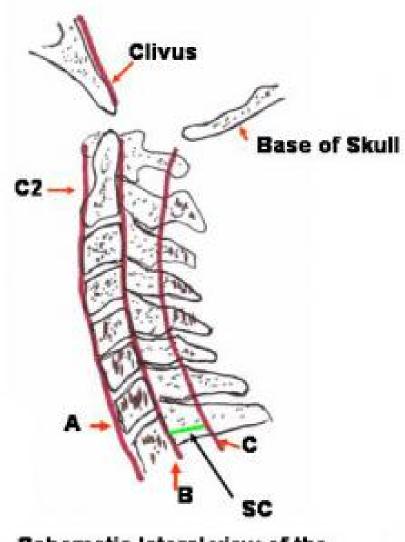
#### :Radiological features

- Osteophytes formation: are spurs of bone which forms at joint margin.
- Soint space narrowing.
- Sclerosis with Secondary degenerative cysts formation.
- Loose bodies: result from separation of cartilage and osteophytes.









Schematic lateral view of the cervical spine showing: A=anterior spinal line; B=posterior spinal line; C=spinolaminar line, SC=spinal canal





### Osteomyelitis

Is an infection of bone, staphylococcus Aureus is responsible for the majority of .cases

#### **:Radiological features**

- May be normal for up to 10 days.
- The earliest sign is soft tissue swelling due to edema.
- Periosteal reaction
- Bone destruction

### **Multiple Myeloma**

- Is a cancer of plasma cells (malignant proliferation).
- The most common bones involved are: <u>.the skull</u>, spine, pelvis and ribs
- The disease may occur in a disseminated form, or as a localized solitary mass (Plasmacytoma).

### Multiple Myeloma / 2

#### :Radiological features

- At time of presentation 80% have skeletal abnormalities.
- Plain films reveal:

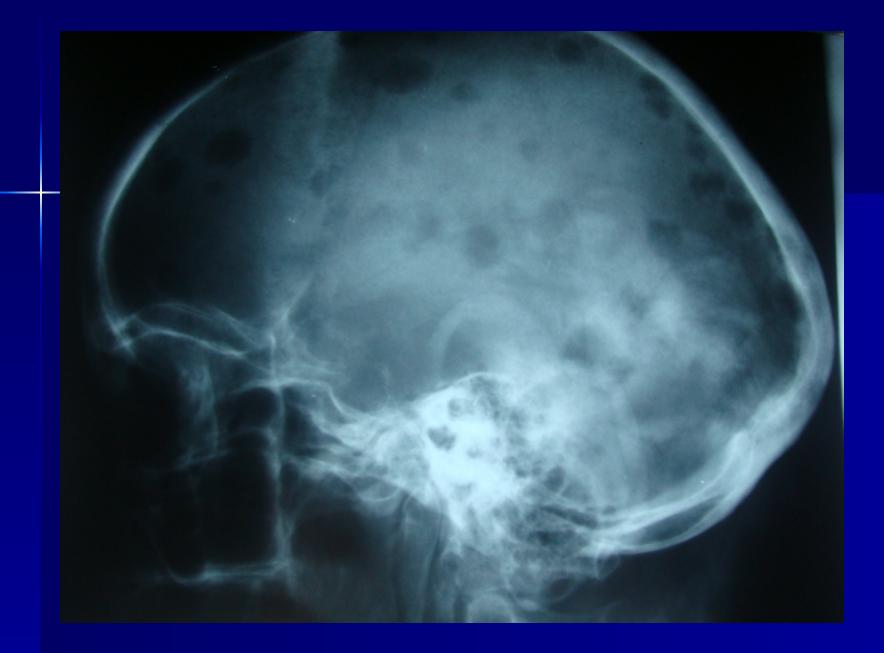
.Generalized oteoporosis -Scattered lytic lesions with well defined margins Compression fractures of the vertebral -.bodies



### **Bone metastasis**

- Are the most common malignant bone tumors.
- Any primary tumor may metastasize to bone, but the most frequents are:
- **Breast:** usually lytic in nature but may be .sclerotic or mixed

.Prostate: the vast majority are sclerotic
Lung, Kidney, thyroid,: lytic lesions
.Adrenal gland: predominantly lytic







### **Skeletal trauma**

- Plain films are the initial evaluation of a patient with suspected skeletal trauma.
- At least two views (A.p, and lateral) should always be obtained.
- In any significant head or spine injury, CT scan is the initial investigation.
- CT will detect fractures as well as underlying intracerebral hemorrhage or contusions.

# FRACTURES

Fracture: is a break in the continuity .of bone or cartilage

Closed fracture: Fracture with intact .skin

Open fracture: Fracture with skin and soft tissue wound connecting the fracture to the external environment.

# **Types of fracture**

- Linear fracture.
- Comminuted fracture: a fracture with multiple fragments
- Avulsion fracture: a fragment of bone is detached from the site of a ligament or tendon insertion.
- Pathological fracture: a fracture through diseased bone.

### **Types of fractures /2**

- Greenstick fracture: Incomplete fracture that usually occurs in children . The bone may also buckle without an actual break.
- <u>Compression fracture</u>: force is applied in the longitudinal axis of bone, usually occurs in the spine.
- Depressed fracture: usually occurs in the skull.
   Epiphyseal plate fracture: usually in long bones.

# Types of fractures /3

- Stress fracture: Is incomplete fracture caused by repeated stress, or over-use to bone, in the form of a fine crack.
  - most common in the proximal shaft of the tibia and fibula (long distance runners and ballet dancers).
- March fracture: is a type of stress fracture, also known as fatigue fracture of second and third metatarsal bones caused by recurrent overstress, is more common in soldiers.









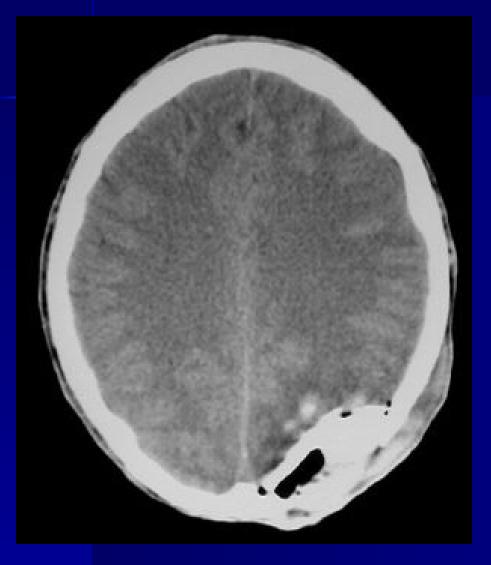


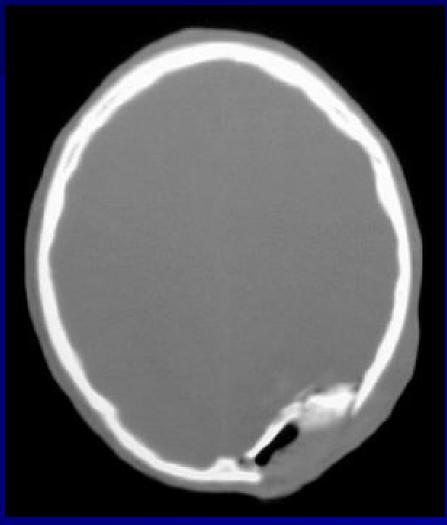




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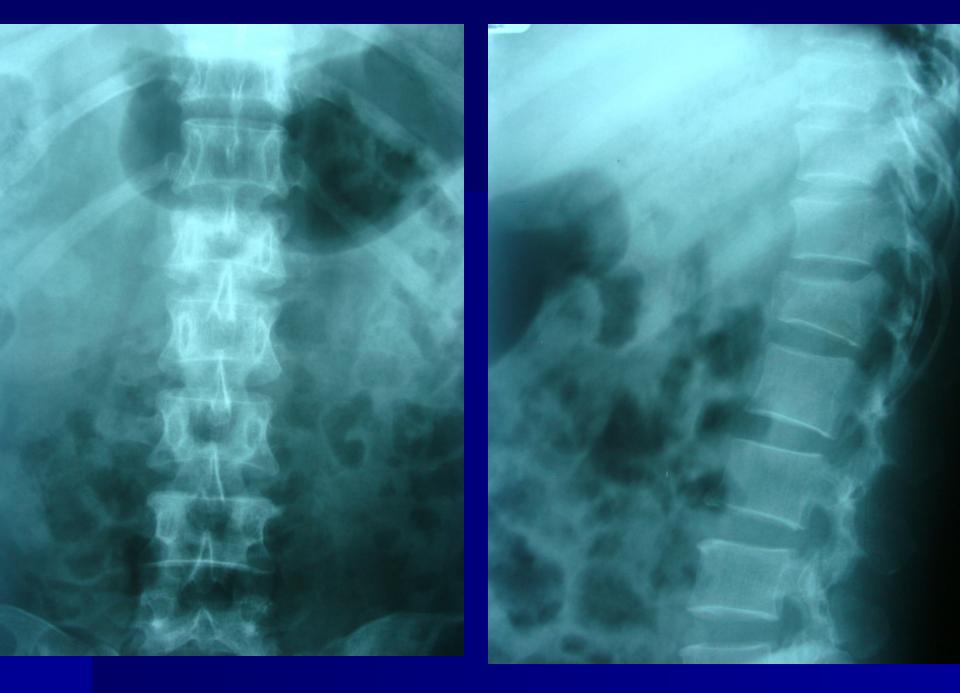




#### SPINAL INJURIES

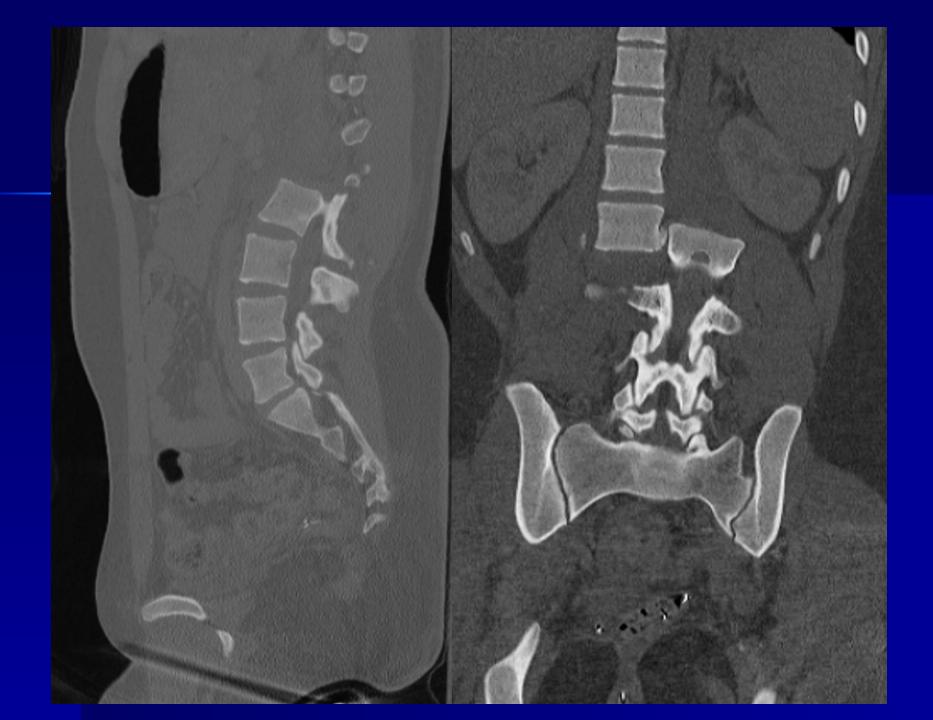
# The spinal injury can be classified in three types:

- 1 Compression fracture.
- 2- Burst fracture.
- 3- Fracture-Dislocation.











### **Benign bone tumour**

- Are generally well defined and have a sharp narrow zone of transition between normal and abnormal bone. (where in malignant tumour is ill-defined)
- Benign lesions sometimes cause thinning of the adjacent cortex, however cortical destruction is more typical of malignant lesions.
- A well defined sclerotic margin is in favour of benign lesions and rare in malignant lesions.

## Benign bone tumours / 2

- Non-ossifying fibroma
- Chondroma
- Osteochondroma
- Osteoma
- Ostoid osteoma
- Osteoblastoma
- Simple bone cyst
- Aneurysmal bone cyst
- Haemangioma



#### Malignant bone tumour

 Are destructive lesions, often associated with periosteal reaction, and have a wide zone of transition between normal and abnormal bone.

The most common malignant bone tumour is a metastasis and it's often solitary.

#### Malignant bone tumors / 2

#### :Radiological features

Plain film: shows an area of bone destruction

- CT and MRI are the best imaging modalities to evaluate tumours and determine bone and soft tissue involvement
- Features that may be verified by CT / MRI: tumour vascularity -

infiltration of surrounding tissue -

relationship to nerves and vessels -

#### Malignant bone tumours / 3

The most common primary malignant bone tumors are:

- Osteogenic sarcoma
- Ewings tumour
- Chondrosarcoma
- Fibro sarcoma
- Giant cell tumor



# Thank

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