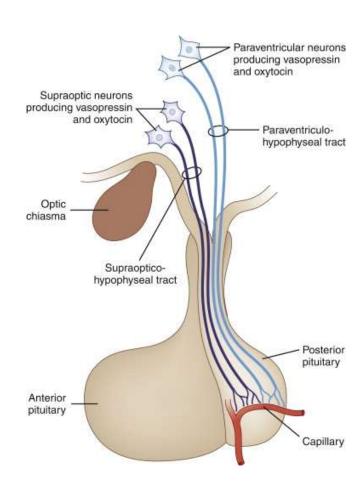
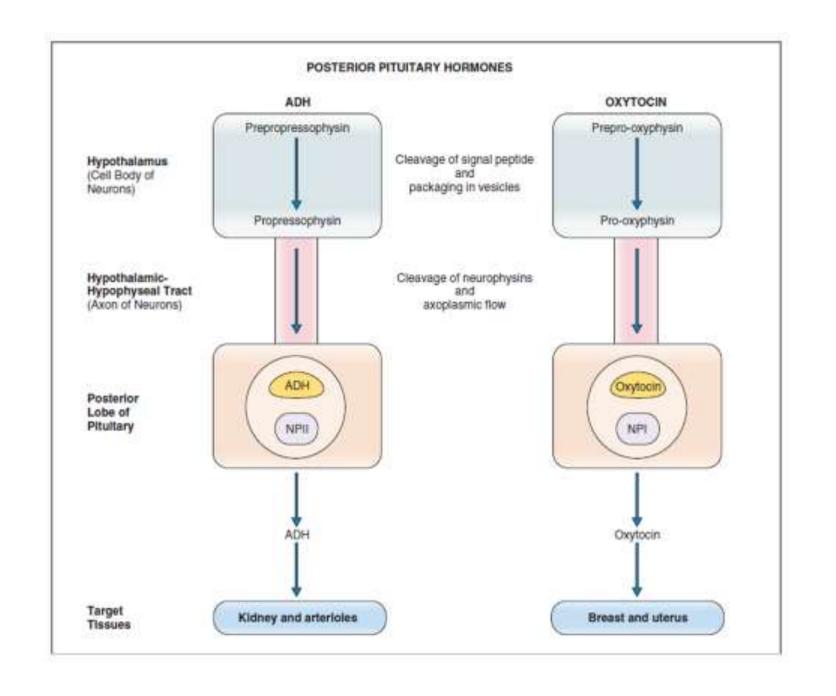
POSTERIOR PITUITARY

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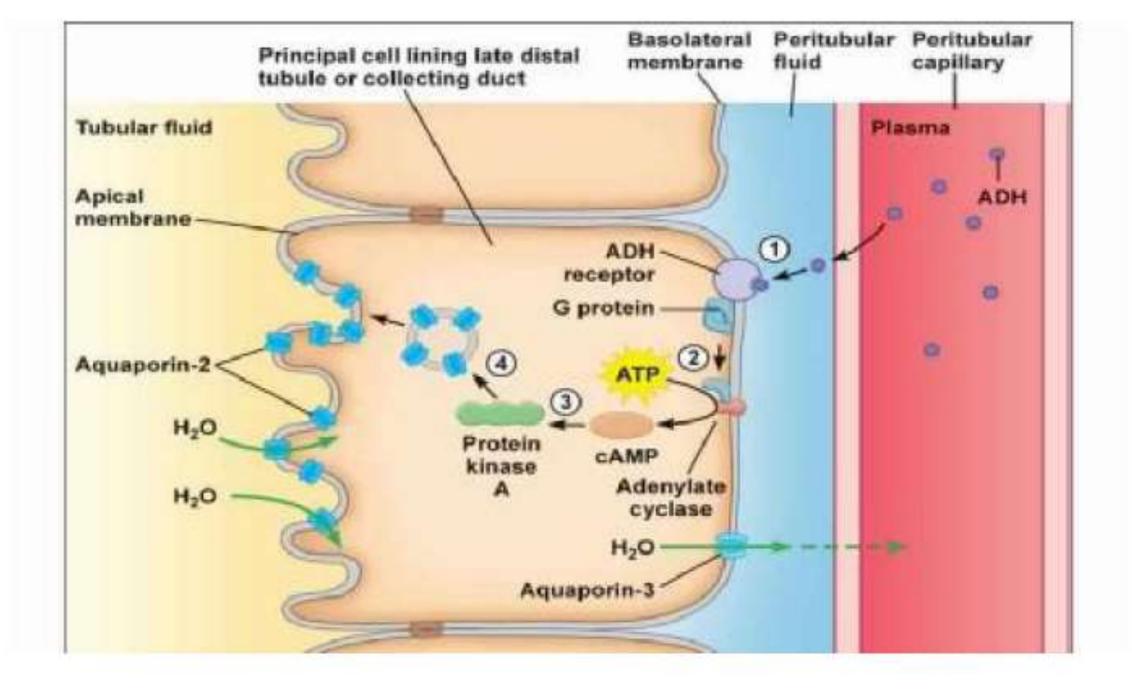
- > Posterior pituitary hormones are synthesized in hypothalamus
- > Posterior pituitary just store and release the hormones.
- > 2 polypeptide hormones; ADH (Vasopressin) & Oxytocin (formed of 9 aa).
- > They are formed in the cells of the *supraoptic ¶ventricular* nuclei of hypothalamus respectively
- > Their precursor molecules called *Neurophysin* that include:
- a) Preprooxyphysin \rightarrow Oxyphysin or Neurophysin I \rightarrow oxytocin.
- b) Prepropressophysin \rightarrow Pressophysin or Neurophysin II \rightarrow Vasopressin.
- Then they are **transported** as granules by **axoplasmic flow** to the nerve endings in the posterior pituitary, where they are **stored** as **Herring bodies**.
- > They are released by nerve impulses from hypothalamus (by help of Ca++ ions)

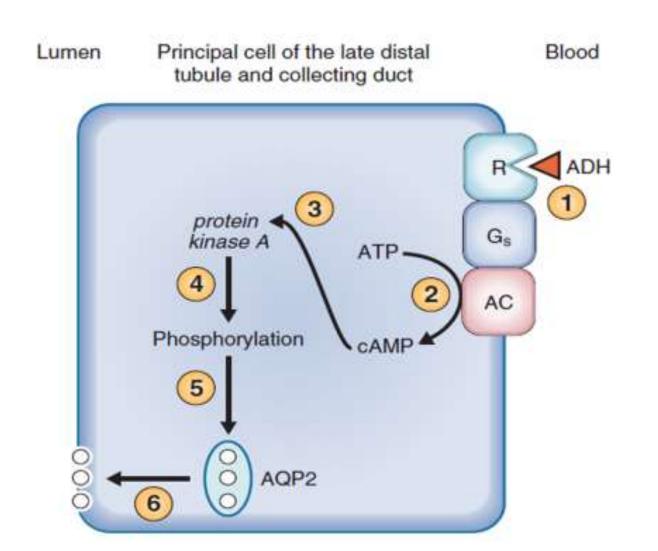


Functions of ADH (Vasopressin)

1. Anti-diuresis:

- $\tilde{\mathbf{n}}$ H2O reabsorption $\Rightarrow \quad \mathbb{J} \quad \text{H2O excretion by kidney} \Rightarrow \quad \mathbb{J} \quad \text{urine volume} \quad \bullet$
- 1 H2O reabsorption ⇒ n Plasma volume ð ò Plasma osmolarity •
- ADH increases H2O reabsorption only (no effect on salts) •
- **Site of action:** ADH ⇒ ① permeability of the distal convoluted tubules & principal cells of collecting ducts (P-cells) to H2O ⇒ ① H2O reabsorption
- Mechanism of action:
- Acting on V2 receptors on the blood side membrane of the tubular cells
 cAMP in the cells → increase protein kinase and increase formation of
 microtubules in the cell membrane called (Aquaporin)
- channels type 2 → Increase in the permeability of the luminal side of the cell membrane to water





2. Vasoconstrictor effect:

- Normally ADH has no effect on blood vessels.
- But, in large dose it causes vasoconstriction all over the body Except cerebral & renal blood vessels.
- This is because V1 receptor is less sensitive than V2.
- 10% decrease in blood volume is sufficient to cause the release ADH to participate in blood volume & blood pressure control.

3. ADH stimulates corticotrophin (ACTH) release:

ADH increase ACTH from the anterior pituitary.

4. ADH inhibits renin release:

- ADH decrease renin from the juxta-glomerular apparatus.
- It is a -ve feed back mechanism.

(renin increase Angiotensin II which in turn increase ADH So, ADH decrease renin).

Regulation of ADH secretion

1. Osmotic regulation:

- Increase Solutes concentration increases osmotic pressure of blood (by 1-5%) causes stimulation of osmoreceptors in hypothalamus which send impulses to stimulate **supraoptic nuclei** increasing ADH so, increasing water reabsorption **while** electrolytes continue to be lost so, dilutes ECF and restores normal osmotic pressure.
- Dilution of ECF inhibits ADH secretion.

2.Alcohol:

- Inhibits ADH secretion causes marked diuresis (alcohol diuresis) •

3. Hypothalamic factors:

- Temperature: Hot ⇒ û ADH while Cold ⇒ ↓ ADH (cold diuresis). •
- Pain & trauma & anxiety & morphine & nicotine ⇒ 1 ADH secretion. •

4. Effective plasma volume (effect of hemorrhage): •

- > Receptors: •
- The volume receptors (low pressure receptors)
- Site: Present in the right and left atria & great veins & pulmonary vessels •
- Normally send tonic inhibitory impulses to supraoptic nuclei to inhibit ADH
- Effect of stimulation: •
- \Downarrow Blood volume (by 10%) \Rightarrow \Downarrow the frequency of inhibitory impulses from the volume receptors \Rightarrow stimulates the release of ADH
- ADH \Rightarrow \updownarrow **H2O** reabsorption \Rightarrow \updownarrow the extracellular fluids \Rightarrow restore the normal blood volume.
- > Inhibition: •
- Volume expansion e.g. (transfusion) ⇒ inhibition of release of ADH. •
- Primary stimulus: •
- The primary stimulus is ↓ blood flow to hypothalamus after hemorrhage. •

5. Angiotensin II:

- > Stimulus: •
- Renal ischemia ⇒ release of renin ⇒ formation of angiotensin II ⇒ û •
 ADH secretion. •
- Mechanism: •
- Angiotensin II \Rightarrow \Rightarrow \Rightarrow size & number of Na+ channels in the osmoreceptor cells in the hypothalamus \Rightarrow \Rightarrow \Rightarrow Na+ influx to the receptors. •
- Na+ entering the cell of osmoreceptor ⇒ depolarization ⇒ û ADH secretion.
- So, Ang II ⇒ causes stimulation of osmoreceptor even with normal osmolarity.

Functions of oxytocin hormone

1. Effect on the uterus: •

- Stimulates the pregnant uterus at end of pregnancy (during Labor) •
- ⇒ powerful **tonic** contraction and helps delivery of fetus •

2. Effect in primary fertilization of the ovum: •

- Sexual stimulation during intercourse \Rightarrow reflex stimulation of the paraventricular nuclei \Rightarrow • oxytocin \Rightarrow **rhythmic** uterine contractions (during orgasm) \Rightarrow uterine suction of semen toward the fallopian tubes.

3. Effect on Milk Ejection: •

- Oxytocin \Rightarrow contraction of the myoepithelial cells around the alveoli of mammary glands (during Lactation) \Rightarrow milk Ejection.
- No role in milk formation (no role in synthesis of milk).

4. In the Male (Ejaculation):

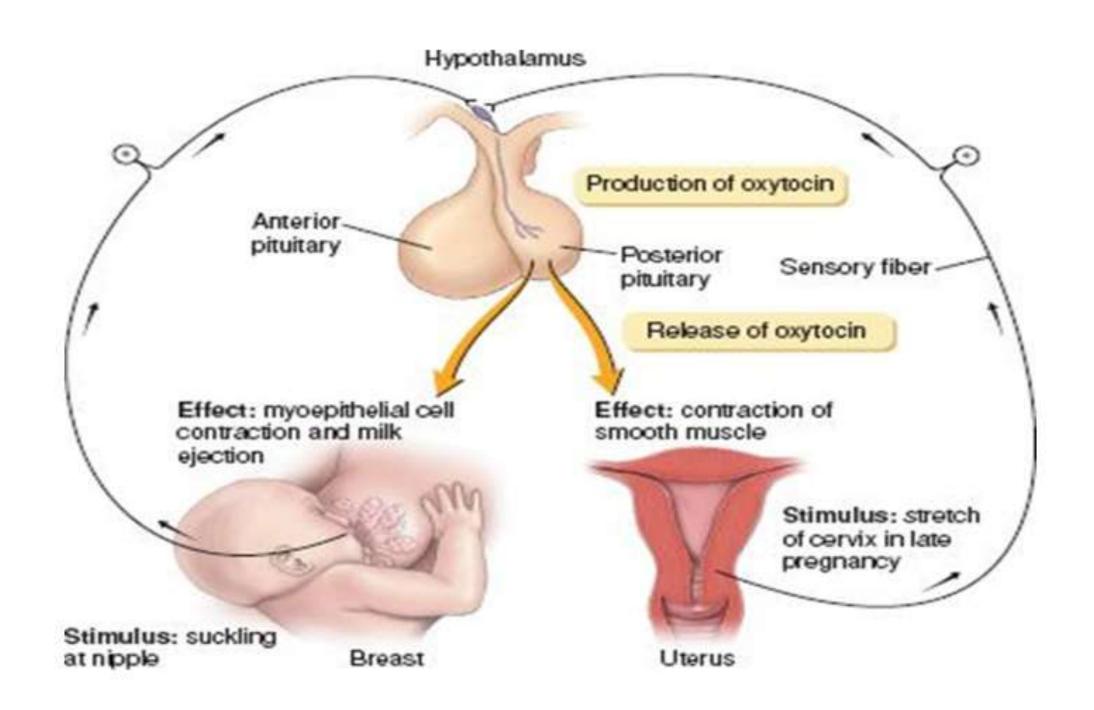
- Oxytocin ⇒ increases the contractility of vas deferens and seminal vesicle •
- ⇒ semen transport during **E**jaculation. •
- No role in semen formation (no role in spermatogenesis). •

Regulation of oxytocin secretion

Oxytocin is regulated by +ve feedback reflexes.

1. Dilatation (stretch) of uterus & cervix & vagina: •

- It occur during **L**abor.
- It is called **positive feed back of labor**. •
- a) Stretch of uterus ⇒ stimulate stretch receptors in the wall of the uterus.
- b) Dilatation of cervix & vagina after the onset of labor by the head of •
- fetus ⇒ stimulate stretch receptors in the wall of the cervix. •
- Both (a+b) \Rightarrow send impulses to hypothalamus \Rightarrow stimulation of paraventricular nuclei \Rightarrow \Rightarrow oxytocin \Rightarrow powerful **tonic** contraction \Rightarrow labor.



2. Stimulation of vagina & cervix:

- -It occurs during intercourse.
- Vaginal & cervical stimulation ⇒ send impulses to hypothalamus ⇒
- stimulation of paraventricular nuclei ⇒ 1 oxytocin ⇒ **rhythmic** uterine
- contractions ⇒ orgasm & suction of semen toward the fallopian tubes.

3. Suckling of the nipple:

- It occur during Lactation.
- It is called **suckling reflex**.
- Suckling ⇒ send impulses to hypothalamus ⇒ stimulation of paraventricular nuclei ⇒ û oxytocin ⇒ ejection of milk.

