# ANS (RECEPTORS & DRUGS)



- Receptor types & functions.

- Quick summarization (ONLY important information) of DRUG that affect ANS system.

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### RECPTORS

### (CHOLINOCEPERS & ADRENOCEPTERS)

### I) CHOLINOCEPERS :

Classified to : 1) Muscarinic receptors(M1, M2, M3, M4 & M5). 2) Nicotinic receptors(N<sub>N</sub> & M<sub>M</sub>). 1) Muscarinic receptors :

RECPTOR	TARGET ORGANS	FUNCTION(S)
M1	1) CNS.	1) Excitatory.
	2) Presynaptic.	2) Excitatory.
M2	1) HEART.	1) Decrease HR, Contractility, conductivity SV, thus C.O.
	2) CNS.	2) Slow inhibition .
	3) Presynaptic.	3) Inhibitory.
M3	1) Endothelium.	1) Nitric oxide release causing vasodilation .
	2) Circular m. of iris &	2) Contraction leading to Miosis & contraction leading to accommodation
	Ciliary muscle.	of eye for near vision, respectively.
	3)GIT smooth m.	3) Contraction of gut wall & relaxation of sphincters.
	4) Urinary Bladder.	4) Contraction of wall & relaxation of sphincters.
	5) Bronchi.	5) Bronchoconstriction.
	6) Exocrine glands.	6) <b>increased</b> secretions of <i>lachrymal</i> , <i>salivary</i> , <i>bronchial</i> , <i>intestinal</i> , and <i>pancreatic glands</i> well as gastric acid secretion by <i>parietal cells</i> .

NOTE : HR called chronotropic, Contractility called inotropic & conductivity called dromotropic.

### 2) Nicotinic receptors :

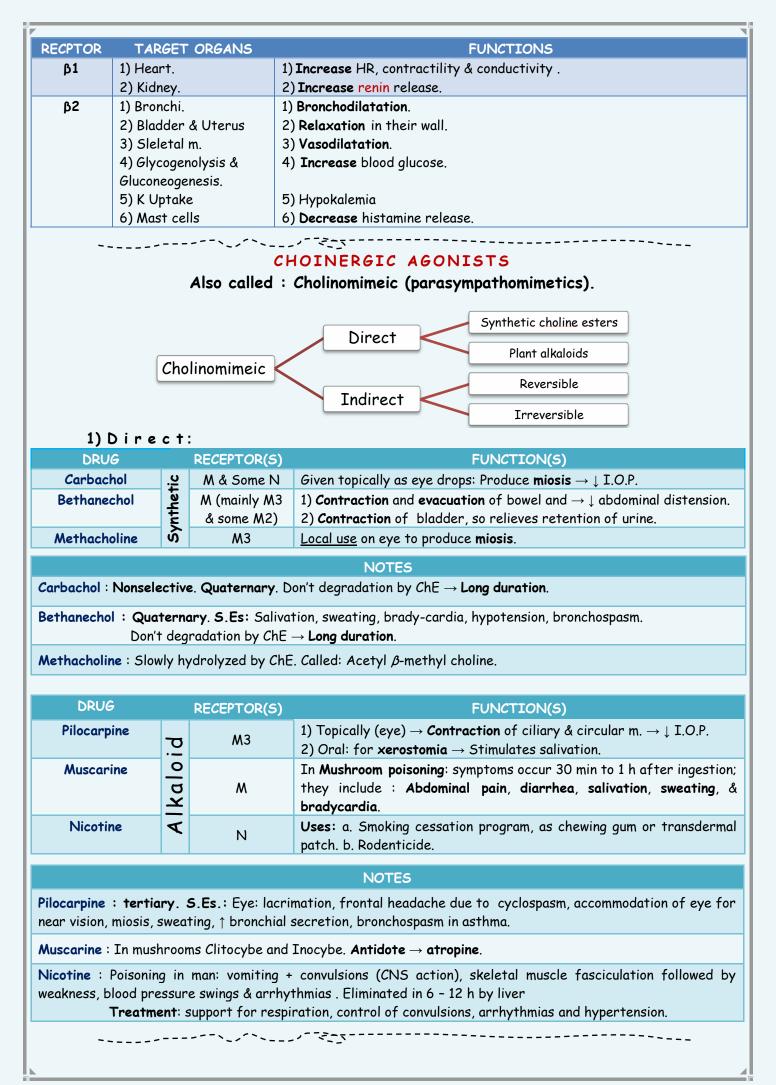
RECPTOR	TARGET ORGAN(S)	FUNCTION(S)
N <sub>N</sub>	1) Autonomic ganglia.	1) Stimulation.
	2) Adrenal medulla.	2) Noradrenaline & adrenaline <b>release</b> .
N <sub>M</sub>	NMJ endplate.	Stimulation: Membrane depolarization and skeletal muscle contraction.

### I) ADRENOCEPTERS:

### Classified to : A) Alpha receptors ( $\alpha_1(A,B,D) \& \alpha_2(A,B,C)$ ). B) Beta receptors( $\beta_1, \beta_2, \beta_3$ ).

### A) Alpha receptors :

RECPTOR	TARGET ORGANS	FUNCTIONS
α1	1) Blood vessels:	1) Vasoconstriction.
	a. Skin & mucous membrane	a. Pallor.
	b. Viscera (e.g. Kidney)	b. Decrease blood flow.
	c. Skeletal m.	c. Increase TPR & DBP.
	2) Radial muscle of iris.	2) Mydriasis.
	3) Arector pilorum.	3) Goose skin.
	4) Bladder neck.	4) Difficult urination.
	5) Uterus (Minimal).	5) Contraction.
	6) Vas deferens.	6) Ejaculation.
	7) salivary & sweet gland.	7)
α2	1) Presynaptic (Mainly).	1) Decrease NE release.
	2) Brain stem.	2) Inhibition of VMC $\rightarrow$ Lower BP.
	3) Pancreatic beta-cells.	3) Decrease insulin release.
	4) Ciliary epithelium.	4) <b>Decrease</b> formation of aqueous humor $\rightarrow$ Lower IOP.
	5) Some B.V. to skeletal m.	5) Vasoconstriction.
	6) On Platlets	6) Aggregation.
	NOTE : Urination + Defecat	ion + Erection $\rightarrow$ Parasymp. , While Ejaculation $\rightarrow$ symp.
NOTE: Gg	$\rightarrow$ M1, M2 & a1. Gi $\rightarrow$ M2 & a2	. $\mathbf{Gs} \rightarrow \beta 1 \& \beta 2$ .



2) I n d	i r e c t (cholinester	ase (ChE) inhibitors) : a) Reversible		
DRUG(S)		FUNCTION(s)		
Edrophonium	<u>Diagnosis</u> of <b>myasthenia gravis</b> . When given i.v., it improves drooping of eyelids + facial muscles weakness + handgrip weakness.			
Dhucestiewing		erentiate cholinergic crisis from myasthenic crisis.		
Physostigmine	<ol> <li>In Glaucoma: as eye drops.</li> <li>In Atropine poisoning: given i.v. to reverse peripheral &amp; central effects of atropine.</li> </ol>			
Neostigmine	<ol> <li>Treatment of myasthenia gravis: given oral.</li> <li>Antidote to reverse the skeletal muscle paralysis e.g. d-tubocurarine.</li> <li>Post-operative ileus or pot-partum atony of urinary bladder : neostigmine or distigmine.</li> <li>Glaucoma: demecarium eye drops (4-6 h).</li> </ol>			
Pyridostigmine	Commonly used in <b>mya</b> s	sthenia gravis.		
Carbaril +others	Acarbamate insecticid	le in agriculture.		
Donepezil and Tacrine Acridine derivatives	Used for presenile der	E in CNS than in periphery; so less peripheral cholinergic <b>S.Es</b> . nentia (Alzheimer's disease). system in brain resulting in ↑ cognition.		
		NOTES		
•	<b>laternary</b> alcohol. Shor <sup>.</sup> for reversing muscarin	t duration : 5 – 10 min. Treatment: Reduce dose. Oxygen + ventilatory		
Physostigmine : A	ct for 0.5 - 2 h. <b>natural</b>	, <b>tertiary alkaloid</b> from Calaber beans.		
intestinal spasm, d		y. Act for 0.5 – 2 h. <b>S.Es</b> : <u>Muscarinic</u> :salivation, sweating, bradycardia, Reversed or prevented by muscarinic receptor blocker <b>atropine</b> . on if slight overdose.		
Pyridostigmine : S	Synthetic and Quaterna	<b>ry</b> . It acts slower but is <u>longer</u> acting than <b>neostigmine</b> (3-4 h),		
Carbaril : If poiso	ning occurs, it is of sho	rt duration. The cholinergic crisis in poisoning is treated by atropine.		
		<u>eliminated mainly by liver metabolism.</u> Tacrine is hepatotoxic, and is has active metabolites.		
	-	ase (ChE) inhibitors) : b) Irreversible		
		chemicals bind to ChE by their phosphate group (Covalently).		
-	organophosphates LII			
NAME	EXAMPLES	NOTES		
Alkyl phosphates Active themselves	disofluorophate (DFP) and Soman, Sarin.	- Within first 12 h, ChE can be reactivated by dephosphorylation, using oximes e.g. Pralidoxime (PAM) given IM or IV.		
Thiophosphates	Parathion, Malathion.	<ul> <li>After 12 h, the inactivated ChE enzyme will be "aged" and can not be reactivated by pralidoxime; if this occurs, then recovery depends on the formation of <u>new enzyme</u> which takes several weeks (8 - 12 w).</li> <li>Uses:</li> <li>Insecticides in agriculture: e.g. parathion. Insects are killed due to accumulation of Ach. in CNS → CNS stimulation followed by inhibition and paralysis.</li> <li>Chemical warfare: soman, sarin, DFP: very lipid soluble, so easily absorbed by inhalation and from skin.</li> <li>Medical uses:</li> <li>Allathion : to kill ectoparasites in man by topical application to skin in scabies and pediculosis capitis.</li> <li>Little toxicity to man <u>since it is destroyed by esterases</u> in plasma (not present in insects) before reaching liver.</li> <li>Ecothiophate: very rarely used in glaucoma (water soluble), long acting about 100 h.</li> </ul>		
- Clinical	features of poisoning	in man $\rightarrow$ Slide.		

CHOINERG:	IC ANTAGONISTS: Anitmuscarinic drugs
ANTIMUSCARINIC DRUG(S)	MAIN INDICATION - FUNCTION(S)
Benztropine, Benzhexol	Parkinson's disease - Block M1.
Hyoscine oral, injection, transdermal patches	Motion sickness - Block M1.
Tropicamide (4-12 hrs duration)	Eye examination - produce mydriasis passivelly and cycloplegia.
Atropine (eye drop) (7days duration)	Iritis - prevent synechia (Adhesion of the iris to the lens).
Hyoscine and Atropine	Premedication : (use as adjunct in anaesthetic procedure).
Ipratropium (Inhalation)	Bronchial asthma - Produce bronchodilatation passively (Block M3).
Atropine	Bradycardia and heart block following AMI - Increase HR.
Lomotil = atropine + diphenoxylate	Anti-diarrhoeal – Decrease motility.
Atropine, hyoscine, clidinium & prifinium	Anti-spasmodics (In intestinal colic, IBS) - Decrease motility
	Urinary urgency with UTI & Renal colic - Relaxation of bladder wall.
Atropine (IV)	<b>Cholinergic poisoning as:</b> Irreversible CEI insecticide poisoning & Chemical warfare intoxication - Counteract muscarinic effects.

## ADRENERGIC AGONISTS

### I) D i r e c t : ALPHA stimulants :

DRUG(S)	CLASSIFICATION	RECEPTOR(S)	FUNCTION(S)
<b>Phenylephrine</b> (Pressure agent)	Direct (selective). Non-atecholamines .	α 1	Vasoconstriction (VC) lead to : ABCD A- pressure agent : ↑ PVR, ↑ ABP (Both SBP & DBP) & decrease ((RBF) & splanchnic blood flow). B- Nasel decongestant . C- Mydriatic agent. D- VC agent w/ local anesthetics (LA).
<ol> <li>Pseudoephedrine</li> <li>Oxymetazoline (Mucosal decongestants)</li> </ol>	Non-catecholamines. 1) Mixed-acting. 2) Direct (non-selective).	2) a1 & a2 (partially)	1 - Allergic rhinitis, 2- Common cold & 3- Sinusitis . Oxymetazoline (Eye drop) drops for relief of redness of eye associated with swimming, colds or contact lens.
1) Clonidine & 2) a-methyldopa	1) Direct (selective).	α2	Act centrally $\rightarrow$ inhibition of sympathetic vasomotor centers, decreasing sympathetic outflow to the periphery <b>(Antihypertensive)</b> .

NOTES

**Mucosal decongestants** : <u>Avoid</u>: 1) Prolonged use (rebound congestion). 2) In hypertensive patients. & 3) Children below 2 years of age.

### II) D i r e c t : BETA stimulants :

DRUG(S)	CLASSIFICATION	RECEPTOR(S)	FUNCTIONS
Salbutamol (Albuterol) (Ventolin)	Direct (selective). Catecholamines.	β2	Bronchodilation (for acute asthmatic attacks). Uterus relaxation (for Premature labor or threatened abortion).
Salmeterol & Formoterol	Direct (selective). Catecholamines.	β2	Bronchodilation. Useful in <b>prophylaxis of bronchial asthma</b> .
Dobutamine	Direct (selective). Catecholamine.	β1	In congestive heart failure(CHF) $\rightarrow \uparrow$ Blood flow. Inotropic support after cardiac surgery. Septic and cardiogenic shock.
Isoprenaline (Isoproterenol)	Direct (non-selective). Catecholamine.	β1& β2	<b>Increases SBP</b> & HR (β1) & decreases DBP (β2). It is <u>rarely</u> used to increase heart rate

Adrenaline (Epinephrine)	Direct (non-selective). Endogenous. Catecholamine	Mixed a & ß	<ul> <li>Vasoconstriction (a1). Skeletal m. vasodilatation (β2).</li> <li>+ve inotropic &amp; +ve chronotropic effects.</li> <li>Mydriasis (a1). Bronchodilation (β2).</li> <li>Gut&amp; bladder : Relaxation of walls &amp; contracton of sphincters (β2). Increase blood glucose (β2).</li> <li>LOW dose : increase SBP (β1 effect on heart) &amp; decrease</li> <li>DBP (β2 vasodilatation of skeletal BV). (predominat β).</li> <li>HIGE dose : increase both SBP &amp; DBP (predominat α1).</li> </ul>
Noradrenaline (Norepinephrine)	Direct (non-selective). Endogenous. Catecholamine	α, β1 & weak β2	It increases (SBP & DBP) (potent $\alpha$ 1) associated with a reflex decrease in heart rate. Vasoconstriction (treat shock).
Dopamine	Direct (non-selective). Catecholamine	a ,β& dopaminergic	LOW dose : Increase RBF (D1 vasodilatory) & increases cardiac output, HR & ABP (β1). Very HIGE dose : vasoconstriction (α).

#### NOTES

**Salbutamol** : Given (Inh., orally& injection). t1/2= 4hrs (**Rapid onset of action**). **A.Ds.**: Tremor, tachycardia ( $\beta$ 1 effect), hypokalemia, hyperglycemia.

Salmeterol & Formoterol : highly efficacious when combine with corticosteroid. t1/2= 12hrs (Delay onset of action).

Adrenaline : Therapeutic uses: 1) Cardiac arrest. 2) Severe allergic rxns (anaphylactic shock & angioedema). 3) Vasoconstrictor with LA. 4) Chronic open angle glaucoma (topically): reduce IOP.

A.Es :A) CNS disturbances: Headache, tremor, anxiety. B) High doses may increase ABP, precipitate cerebral haemorrhage, cardiac arrhythmias.

Commonly used therapy (drug of choice in emergency situations). Gvien IV, SC, IM, Inhalation & topically to eye.

Dopamine : use for shock (cardiogenic & septic) and is given by continuous infusion to improve renal blood flow.

### I) Indirect & mixing:

DRUG	CLASSIFICATION	FUNCTIONS		
Amphetamines	Non-catecholamines. <b>Indirect</b> :releasing agents.	Acts by <b>releasing</b> endogenous NE. Affect <b>CNS</b> : increase <b>alertness</b> , <b>improved</b> mood, <b>decreased</b> fatigability & <b>depress</b> appetite (Due to its action in hypothalamic feeding center). <b>Sedation in children</b> . <b>Peripheral</b> effects include <b>increase</b> in <b>ABP</b> & <b>arrhythmias</b> . <b>Emotional dependence</b> .		
Ephedrine	Non-catecholamines. <b>Mixed</b> action.	Vasoconstriction & cardiac stimulation (Increase SBP & DBP). Bronchodilation.		
NOTES				
Amphetamines : Th	erapeutic uses : In narcolep	sy & ADDH(Improve attension & reduce hyperkinesia).		

A.Es: 1) CNS: insomnia, irritability, dizziness, tremor, Palpitations, cardiac arrhythmias, HTN & angina pain. 2) Emotional dependence. 3) Psychosis (Schizophrenia-like with hallucinations & delusions). 4)Anorexia.

**Ephedrine : Release** of NA and they activate adrenergic receptor (a &  $\beta$ ,Non-selective). Similar effect to Adrenaline (BUT w/ long duration). GIVEN orally.

**Therapeutic uses:** Bronchial asthma, Mydriatic agent & nasal mucosal decongestant, Pressor agent in chronic orthostatic hypotension & Heart block to increase heart rate.

### ADRENERGIC ANTAGONISTS

I) ALPHA blockers :			
DRUG	RECEPTORS FUNCTION(S)		
Phenoxybenzamine	a1 & a2	<ol> <li>Blocks a1&amp; to less extent a2 receptors (Covalently).</li> <li>Inhibits reuptake of NE and blocks histamine (H1) ,ACh, and serotonin receptors.</li> <li>Little fall in BP in normal supine individuals.</li> <li>Treatment of pheochromocytoma.</li> </ol>	
Phentolamine	(Non-selective)	<ol> <li>Competitive a1 and a2 blocker.</li> <li>Reduces peripheral resistance (a1) and causes cardiac stimulation.</li> <li>Minor inhibitory effects at serotonin receptors and agonist at muscarinic &amp; histamine receptors.</li> <li>Treatment of pheochromocytoma.</li> </ol>	

#### NOTES Phenoxybenzamine: irreversible blockade of long duration (14-48 h). Absorbed poorly. S.Es: Orthostatic hypotension and tachycardia, Nasal stuffiness and inhibition of ejaculation.

Phentolamine : S.Es: Severe tachycardia, arrhythmias, and myocardial ischemia.

### I) ALPHA blockers : cont.

DRUG		RECEPTOR(S)	FUNCTION(S)
Prazosin			1) Vasodilatation passivelly in arterial and venous.
	0		2) Relaxation passivelly of smooth muscle in the prostate (Treat BPH).
Terazosin	Š		1) Effective in hypertension & in benign prostatic hyperplasia (BPH).
Doxazosin	Selecti	a1	1) Effective in hypertension & in benign prostatic hyperplasia (BPH).
Tamsulosin		<u> </u>	
Yohimbine (Indole alkaloid)		α2	1) Treatment of <b>orthostatic hypotension</b> (it promotes NE release through blockade of presynaptic a2 receptors).

NOTES

Prazosin : Bioavailability 50% . t1/2= 3 hrs.

Terazosin : High bioavailability. t1/2= 9-12 hrs.

#### Doxazosin : t1/2= 22 hrs (Long).

**S.Es** : **Orthostatic hypotension**, which may be severe after <u>the first few doses</u> but is otherwise uncommon (First-Dose Phenomenon).

Tamsulosin : High bioavailability. t1/2= 9-15 hrs. Has relatively greater potency than other a 1-selective bloker.

**Yohimbine** : It was once widely used to improve male erectile dysfunction but has been superseded by phosphodiesterase-5 inhibitors like **sildenafil**.

#### Other Alpha- Adrenoceptor Antagonists :

1) Labetalol : Has both a1 and  $\beta$ -antagonistic effects. Use in Hypertensive Emergencies.

2) Chlorpromazine and haloperidol : Neuroleptic drugs & also block a receptors.

3) Ergot derivatives, eg, ergotamine and dihydroergotamine are reversible a blockers.

II)	BETA	blockers	:
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DRUG	SEL.	P.Ag	L.A.	T1/2	FUCTIONS / NOTES
Acebutolol	β1	Yes	Yes	3-4h	
Atenolol	β1	No	No	6-9h	Safer in asthma
Bisoprolol	β1	No	No	9-12	
celiprolol	β1	Yes	-	-	may have <u>less adverse bronchoconstrictor</u> effect in asthma and may even promote <b>Bronchodilation</b> .
Esmolol	β1	No	No	10min	<ul> <li>An ester so esterases in red blood cells rapidly metabolize it .</li> <li>Safer in critically ill patients who require a β-blocker.</li> <li>During continuous infusions of esmolol, steady-state concentrations are achieved <u>quickly</u>, and actions of the drug are terminated rapidly when its infusion is discontinued.</li> </ul>
Labetalol	None	Yes	Yes	5h	Causes Hypotension with less tachycardia.
Metoprolol	β1	No	Yes	3-4h	Safer in asthma
Nadolol	None	No	No	14-24h	
Penbutolol	None	Yes	No	5h	
Pindolol	None	Yes	Yes	3-4h	Accelerates the antidepressant effect of selective serotonin reuptake inhibitors (SSRI).
Propranolol	None	No	Yes	3.5-6h	
Sotalol	None	No	No	12h	
Timolol	None	No	No	4-5	Treat glaucoma (Because it lack local anesthetic properties).

NOTES						
<u>Nebivolol</u> : the most highly selective β 1 blocker, causes vasodilation due to nitric oxide pathway. <u>Carvedilol</u> : A nonselective beta blocker/alpha-1 blocker <b>indicated</b> in <b>congestive heart failure</b> (CHF) and <b>hypertension</b> . <u>Pindolol</u> , acebutolol, and celiprolol: Have partial β -agonist activity. Effective in hypertension & angina and less likely to cause bronchoconstriction, bradycardia and abnormalities in plasma lipids.						
CLINICAL USES						
Hypertension	Often used with either a diuretic or a vasodilator.					
Ischemic Heart Disease (IHD)	<ul> <li>Reduce the frequency of anginal episodes and improve exercise tolerance in patients with angina.</li> <li>They decrease cardiac work, reduce O2 demand &amp; Slow HR which contribute to clinical benefits.</li> <li>The long-term use of timolol, propranolol, or metoprolol in patients who have had a myocardia infarction prolongs survival.</li> <li>β-Blockers are strongly indicated in the acute phase of a myocardial infarction.</li> <li>Contraindications include bradycardia, hypotension, moderate or severe left ventricular failure shock, heart block, and active airways disease.</li> </ul>					
Cardiac Arrhythmias	<ul> <li>Effective in supraventricular &amp; ventricular arrhythmias.</li> <li>B-Blockers → slow ventricular response rates in atrial flutter and fibrillation &amp; reduce ventricular ectopic beats, particularly if the ectopic activity has been precipitated by catecholamines.</li> <li>Sotalol has a marked class III antiarrhythmic effects, due to potassium channel blockade (treat both ventricular &amp; supraventricular arrhythmias).</li> </ul>					
Heart Failure	<b>Metoprolol</b> , <b>bisoprolol</b> , & <b>carvedilol</b> are effective in reducing mortality in selected patients with <b>CHF</b> . - Cautious long-term use with gradual dose increments in patients who tolerate them may prolong life. - <u>Although mechanisms are uncertain</u> , there appear to be beneficial effects on <b>myocardial remodeling</b> and in <b>decreasing</b> the risk of sudden death.					
Glaucoma	Timolol and related β antagonists are suitable. Have efficacy comparable to that of epinephrine or pilocarpine in open-angle glaucoma and are far better tolerated. Timolol → Serious adverse effects on the heart and airways in susceptible individuals.					
Hyperthyroidism	The effects are due to blockade of adrenoceptors and perhaps in part to the inhibition of periphero conversion of thyroxine to triiodothyronine. Propranolol has been used extensively in thyroid storm (severe hyperthyroidism) to contro supraventricular tachycardias that often precipitate heart failure.					
	CLINICAL USES cont.					
Neurologic Diseases	<ul> <li>Propranolol reduces the frequency and intensity of migraine headache.</li> <li>Other β Blocker with preventive efficacy include metoprolol, atenolol, timolol, and nadolol.</li> <li>β antagonists reduce certain tremors.</li> <li>The somatic manifestations of anxiety may respond dramatically to low doses of propranolol, particularly when taken prophylactically. Benefit has been found in musicians with performance anxiety ("stage fright").</li> <li>Propranolol may be used in symptomatic treatment of alcohol withdrawal in some patients.</li> </ul>					
	Clinical Toxicity of the Beta Blockers					
<ol> <li>Bradycardia, cold hands &amp; feet in winter. mild sedation, vivid dreams, and rarely, depression.</li> <li>worsening of preexisting asthma.</li> <li>Caution in patients with severe peripheral vascular disease and in patients with compensated heart failure. A very small dose of a β-blockes may provoke severe cardiac failure. interact with the calcium antagonist verapamil causing heart block.</li> <li>Stopping β blockers suddenly is dangerous due to up-regulation of β receptors.</li> </ol>						

5) Insulin-dependent diabetic patients with frequent hypoglycemic reactions better use β1 antagonists.

Ganglion-Blocking Drugs :					
DRUG	FUNCTIONS / NOTES				
<b>Tetraethylammonium</b> First ganglion blocker	First ganglion blocker, <u>Very short duration of action</u> .				
Hexamethonium	(The first drug effective for hypertension). Decamethonium, the analog of hexamethonium, is depolarizing neuromuscular blocking agent.				
Mecamylamine 2ry amine	<b>Improve</b> absorption from the GIT after oral administration. <b>Enters</b> the CNS causing <b>Sedation</b> , <b>tremor</b> , <b>choreiform movements</b> , <b>and mental abnormalities</b> .				
Trimethaphan short-acting	Is <u>inactive orally</u> and is given by <b>intravenous infusion</b> .				
Organ System Effects & . Clinical Applications & Toxicity $ ightarrow$ Slide.					